Avalon Menu

March 2025

Farm to School	MON	TUE	WED	THU	FRI
4311001	NATIONAL	SCHOOL BREAKFAS	T & READ ACROS	S AMERICA WEEK	MARCH 3-7
TIEMS OF THE MONTH: SUGAR SNAP PEAS, SUMO TANGERINES, & STRAWBERRIES	BREAKFAST 3 French Toast Sticks w/Fruit Dip Breakfast Bar LUNCH Boneless Wings w/Cornbread Southwest Bean Burger Chicken Tamale w/ Spicy Beans Chicken Tamale w/ Spicy Beans BREAKFAST 10 Cinnamon Waffle Pizza Bagel LUNCH Beef & Bean Burrito Orange Chicken w/Rice BBQ Turkey Sliders	BREAKFAST 4 Muffin Egg & Cheese Bites CLUNCH Kung Pao Chicken w/Rice Breaded Ravioli w/Marinara Pancakes & Sausage Coissant Sandwich Coissant Sandwich Coissant Sandwich Coissant Sandwich Coissant Sandwich Chicken Sandwich Coissant Sandwich Coi	BREAKFAST 5 House-Baked Cinnamon Roll Pizza Stick LUNCH Chicken & Mashed Potato Bowl Quesadilla Quesadilla Pizza BREAKFAST 12 House-Baked Cinnamon Roll Mini Maple Pancakes LUNCH Thai Sweet Chili Chicken W/Rice Butter & Jelly (CB&J) Sandwich Meatball Sub Sandwich	BREAKFAST 6 Ginnamon Crumb Cake Bagel w/Cream Cheese LUNCH Chicken & Veggie Chow Mein Strawberry Yogurt Parfait Corn Dog Farm to School Mixed Salad BREAKFAST 13 Pan Dulce Concha PB&J Sandwich LUNCH Cheeseburger/Hamburger Cheesy Garlic Bread w/Marinara	BREAKFAST 7 House-Baked Cinnamon Roll Bacon, Egg, & Cheese Biscuit Sandwich LUNCH Snack Box Chili Cheese Nachos Teriyaki Meatballs w/Rice BREAKFAST 14 House-Baked Cinnamon Roll Egg & Cheese Biscuit Sandwich CuNCH Chicken Drumstick and Waffle Spicy Bean Nachos
 House-Made Vegetarian Entrees Vegan Entrees All fruits, fresh vegetables, & cereals are vegan. Contains Pork All grains are 	BREAKFAST 17 French Toast Sticks w/Fruit Dip Breakfast Bar LUNCH Chicken Tamale w/Spicy Beans Boneless Wings w/Cornbread Grilled Cheese Sandwich	Chocolate Pudding BREAKFAST 18 Muffin ? Egg & Cheese Bites ? LUNCH Chicken w/Biscuit Peach Yogurt Parfait ?? Pancakes & Sausage Grades 6-12 only: Chicken Pozole	BREAKFAST 19 House-Baked Cinnamon Roll ? Pizza Stick * LUNCH Kung Pao Chicken w/Rice Quesadilla ? Beef Tacos Farm to School Sugar Snap Peas	BREAKFAST 20 Cinnamon Crumb Cake (***) Egg, Cheese, & Turkey Sausage Breakfast Burrito LUNCH Buffalo Chicken Mac & Cheese (***) Chicken & Veggie Chow Mein (***) Corn Dog Farm to School Strawberries	BREAKFAST 21 House-Baked Cinnamon Roll Chicken Biscuit Sandwich LUNCH Bean & Cheese Burrito Spaghetti w/Meatballs Chili Cheese Nachos
whole-grain rich Except cinnamon roll NEW New Item MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE. Scan QR code for more menu information.	BREAKFAST 24 Pizza Bagel `` Blueberry Waffle `` LUNCH Buffalo BBO Chicken Sliders `` Orange Chicken w/Rice `` Bean Burrito `	BREAKFAST 25 Egg, Cheese, & Sausage Croissant Sandwich → ↔ Breakfast Bites LUNCH PB & J Sandwich V Chicken & Cheese Taquitos w/Guacamole Hot Dog Chocolate Chip Cookie	BREAKFAST 26 House-Baked Cinnamon Roll Mini Maple Pancakes LUNCH Meatball Sub Sandwich Macaroni & Cheese	BREAKFAST 27 Pan Dulce Concha PB&J Sandwich LUNCH Teriyaki Chicken w/Rice Cheesy Breadsticks w/Marinara Cheeseburger/Hamburger Farm to School Strawberries	BREAKFAST 28 House-Baked Cinnamon Roll * Egg & Cheese Biscuit * Sandwich (A) * LUNCH * Bacon Chicken Ranch Wrap * Spicy Bean Nachos (A) * Chicken Drumstick and Waffle
CALIFORNIA RETWORK	BREAKFAST French Toast Sticks w/Fruit Dip Breakfast Bar LUNCH Boneless Wings w/Cornbread Southwest Bean Burger V Chicken Tamale w/ Spicy Beans		OFFERED DAILY BREAKFAST: • Fruit √ • Whole Grain Cereals √ • Yogurt with Granola √ • String Cheese • 100% Fruit Juice √ • Low-Fat White Milk ↓ • Nonfat Chocolate Milk ↓	OFFERED DAILY LUNCH: • Yogurt with Granola • Low-Fat White Milk • Nonfat Chocolate Milk • Fruits & Vegetables Grades 6-12 only: • 100% Fruit Juice	