

S&S Consolidated Jr. High Ram Relays
Tuesday, March 4th, 2024

4 Divisions: (7G, 8G, 7B, 8B)

Entry Fee: \$125 per Division

Make Check Payable to:

(Please mail check early or
bring to the meet)

S&S Athletic Booster Club
404 S. Main St.
Sadler, TX 76264

**** Concession Stand will be available **** **kcarter.abc23@gmail.com** *Before Feb 28th*

Meal Deals: Pre-Paid-\$6.00. At the meet-\$8.00 *Separate check for Meal Deal*

Choice 1: 2 hotdogs/chips/cookie/water OR soda.

Scratch Meeting: 3:00 p.m. in High School weight room (North side of HS)

Field Events: 3:30 p.m. Opening Heights

Shot 8G, 7G, 8B, 7B Pole Vault: High Jump:

Discus 8B, 7B, 8G, 7G Girls-6' Girls-4'

High Jump 8B, 7B, 8G, 7G Boys-6'6" Boys-4'6"

Pole Vault G, 8G, 7B, 8B

North pit: Girls Long Jump - 7G, 8G then Girls Triple Jump – 7G, 8G

West pit: Boys Triple Jump - 7B, 8B then Boys Long Jump – 7B, 8B

2400m Run: 4:30 p.m. (7 & 8 Girls, 7 & 8 Boys)

Running Finals: 5:30 p.m.

4x100m Relay (Gold Exchange Zones)

800m Run

100m Hurdles: (Girls) 30"

110m Hurdles: (Boys) 33" 7th and 36" 8th

100m Dash

4x200m Relay (Green, Green, Gold Exchange Zones)

400m Dash

300m Hurdles: Girls – 30" and Boys – 33"

200m Dash

1600m Run

4x400m Relay (Blue Exchange Zones)

Running Order: 7G, 8G, 7B, 8B