

Menus For March 2025

Happy
St. Patrick's
Day!



Henry County Elementary Schools

This institution is an equal opportunity provider.
Menus are subject to change.

Available Daily

Breakfast (in blue):

Assorted Cereal

100% Fruit Juice

Choice of Low Fat Milk

Lunch:

Choice of Low Fat Milk

*Pork products listed in pink.

2024-2025: School Meal Prices	School Breakfast	School Lunch
Students Grades K-5	\$1.40	\$2.65
Students Grades 6-12	\$1.40	\$2.75
Student Reduced-Priced Meals	\$0.30	\$0.40
Student Second Meals	\$2.50	\$4.00
MILK ONLY	\$0.50	\$0.50
Adult Meals	\$2.50	\$4.00



Featured Specials of the Day

Monday, March 3

Sausage Biscuit, Chicken Biscuit, 1.Crispitos
2.PBJ/Wow Sandwich w/ Chips, 3. MaxSnax Tacos,
Salsa, Black Beans, Carrot Sticks w/ Ranch, Banana

Tuesday, March 4

Strawberry Smoothies, WG Muffin w/ Yogurt,
1.Cheeseburger, 2.Deli Turkey Sandwich,
3.Garden Salad w/ Chicken, Seasoned Fries,
Lettuce & Tomatoes, Applesauce

Wednesday, March 5

Sausage Biscuit, Mini Bagels w/ Cream Cheese,
1.Taco Soup w/ Tortilla Chips 2.PBJ/Wow Sandwich
w/ Chips 3.Popcorn Chicken w/ Roll, Steamed
Broccoli, Mashed Potatoes, Fresh Apple

Thursday, March 6

WG Muffin w/ Yogurt, Mini Strawberry Pancakes
1.Orange Chicken & Rice, 2.PBJ/Wow Sandwich w/ Chips,
Sweet Peas, Carrot Sticks w/ Ranch, Frozen Juice Cup

Friday, March 7

Chicken Biscuit, Frosted Breakfast Pastry 1.Stuffed Crust
Pizza, 2.PBJ/Wow Sandwich w/ Chips, 3. Hot Dog,
Whole Kernel Corn, Garden Salad w/ Ranch,
100% Fruit Juice

Featured Specials of the Day

Monday, March 10

Sausage Biscuit, Chicken Biscuit, 1.BBQ Sandwich
2.Mini Corn Dogs 3.PBJ/Wow Sandwich
w/ Chips, Carrot Sticks, Baked Beans, Pineapple Tidbits,
Chocolate Chip Cookie

Tuesday, March 11

Cheese Grits w/ Toast, WG Muffin w/ Yogurt,
1.Spicy Chicken Sandwich 2.Chicken Sandwich
3. PBJ/Wow Sandwich w/ Chips, 4.Garden Salad
w/ Chicken, Potato Tots, Garden Salad w/ Ranch,
Fresh Strawberries

Wednesday, March 12

Sausage Biscuit, Breakfast Frudel
1.Chicken Nuggets w/ Roll, 2. PBJ/Wow Sandwich
w/ Chips 3. Grilled Cheese Sandwich, Steamed
Broccoli, Mashed Potatoes, Fresh Apple

Thursday, March 13

Mini Pancake Wraps, WG Muffin w/ Yogurt
1.Cheesy Beefaroni w/ Garlic Toast 2.PBJ/Wow
Sandwich w/ Chips, Carrot Sticks w/ Ranch,
Green Beans, Frozen Juice Cup

Friday, March 14-Half Day

Chicken Biscuit, Frosted Breakfast Pastry
1.Corn Dog Sack Lunch 2.PBJ/Wow Sandwich
Sack Lunch, 100% Fruit Juice

DON'T 4 GET!

Take at least **ONE**

FRUIT or VEGGIE

and at least **THREE** items total
so your meal counts as a complete lunch!

Featured Specials of the Day

Monday, March 17

Sausage Biscuit, Chicken Biscuit,

1. Crisпитos
2. PBJ/Wow Sandwich w/ Chips,
3. MaxSnax Tacos, Salsa, Black Beans, Carrot Sticks w/ Ranch, Banana

Tuesday, March 18

WG Muffin w/ Yogurt, Cheese Grits w/ Toast

1. Cheeseburger,
2. Deli Turkey Sandwich,
3. Garden Salad w/ Chicken, Seasoned Fries, Lettuce & Tomatoes, Sliced Pears

Wednesday, March 19

Sausage Biscuit, Breakfast Frudel

1. Chicken Drumstick w/ Roll
2. PBJ/Wow Sandwich w/ Chips
3. Popcorn Chicken w/ Roll, Steamed Broccoli, Mashed Potatoes, Fresh Apple

Thursday, March 20

Blueberry Pancake Stick, WG Muffin w/ Yogurt,

1. Chicken & Waffles
2. PBJ/Wow Sandwich w/ Chips,
- Sweet Potato Fries, Celery Sticks, Frozen Juice Cup

Friday, March 21

Chicken Biscuit, Frosted Breakfast Pastry

1. Stuffed Crust Pizza,
2. PBJ/Wow Sandwich w/ Chips,
3. Hot Dog, Whole Kernel Corn, Garden Salad w/ Ranch, 100% Fruit Juice

Please see the other page for items available daily

LOCAL HARVEST OF THE MONTH

FRUIT Strawberries



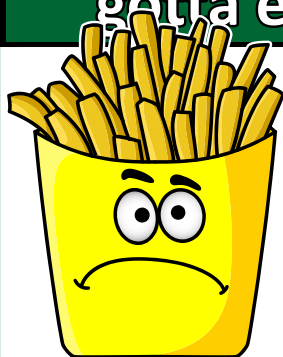
Strawberries are the most popular berries, and they're nutritious, too. A half-cup of strawberries supplies nearly three quarters of your daily vitamin C and more fiber than a slice of whole wheat bread.

OF THE MONTH

eatfit

wanna stay fit?

gotta eat right!



item:
french fries
verdict:
rarely, please

tip:

Sorry to break this to you, but deep-fried french fries have very little actual nutritional value. You should really only eat them once in awhile, and if you never ate another one, you'd be OK. Now, potatoes -- baked, mashed, oven-"fried" -- can be a nutritious part of your regular vegetable rotation. But deep-fried french fries, not so much.



Featured Specials of the Day

Monday, March 24

Sausage Biscuit, Chicken Biscuit,

1. BBQ Sandwich,
2. Chicken w/ Mac & Cheese, Carrot Sticks w/ Ranch, Baked Beans, Sliced Peaches

Tuesday, March 25

WG Muffin w/ Yogurt, Cheese Grits w/ Toast

1. Chicken Parmesan w/ Buttered Noodles
2. Chicken Sandwich
3. Deli Turkey Sandwich
4. Garden Salad w/ Chicken, Potato Tots, Garden Salad, Fresh Strawberries

Wednesday, March 26

Sausage Biscuit, Mini Cinnis Cinnamon Bagel,

1. Ravioli w/ Roll
2. PBJ/Wow Sandwich w/ Chips
3. Chicken Nuggets w/ Roll, Steamed Broccoli, Mashed Potatoes, Fresh Apple

Thursday, March 27

WG Muffin w/ Yogurt, Breakfast Bun

1. Beefy Nachos w/ Salsa
2. PBJ/Wow Sandwich w/ Chips, Black Beans, Carrot Sticks w/ Ranch, Frozen Juice Cup

Friday, March 28

Chicken Biscuit, Frosted Breakfast Pastry

1. Stuffed Crust Pizza,
2. PBJ/Wow Sandwich w/ Chips,
3. Corn Dog, Whole Kernel Corn, Garden Salad w/ Ranch, 100% Fruit Juice, Rice Krispy Treat

Monday, March 31

Sausage Biscuit, Chicken Biscuit,

1. Crisпитos
2. PBJ/Wow Sandwich w/ Chips,
3. MaxSnax Tacos, Salsa, Black Beans, Carrot Sticks w/ Ranch, Applesauce