

WELL-BEING SUMMIT

FOR SOUTH COAST
EDUCATORS

The Mill Casino
North Bend, OR
April 19, 2025
8:30 a.m. - 3:00 p.m.

A regional event to
build local connections
and prioritize workplace
well-being for public
education employees

Hosted in partnership by



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Well-Being Summit



If you are a south coast public education employee (Coos, Curry and western Douglas counties) in any role who is passionate about well-being for yourself and your workplace, come join us for the April 19 summit!

This event will bring education employees and community partners together for a day of inspiration, relaxation, and connection.

By gathering education employees in your region, we hope to create relationships, explore resources, and work together to change the culture of well-being for education employees.



Learn

Get inspired by our keynote speaker, breakout sessions, and well-being resources



Connect

Build relationships with other like-minded educators and network with community partners



Nourish

Tend to your well-being through yoga, massage and time to reflect and restore

Summit Details

Registration includes:

- Catered breakfast, lunch, and snack
- Keynote speaker and breakout sessions
- Chair massage and well-being activities
- Giveaways and raffle prizes
- Well-being resource guides
- Lodging (if driving over 100 miles one-way to attend)
- Mileage reimbursement



Register By April 4

Keynote Jay Schroder



Jay Schroder is a local southern Oregon teacher and author of [Teach from Your Best Self](#).

Jay asks the important question, “What if student outcomes could improve by educators doing not more, but less?” Jay’s message centers the important truth that educators are more than enough when they bring their authentic selves to their work.