



Tangipahoa Parish School System

This institution is an equal opportunity provider. Menus are subject to change.



Monday, March 10

Breakfast

Sausage & Egg Biscuit
or Muffin
Mandarin Oranges
Fruit Juice

Lunch

Teriyaki Beef Dippers
Tator Tots
Steamed Broccoli
Baked Beans
Dinner Roll
Candy Corn Fruit

Tuesday, March 11

Breakfast

Breakfast Bar or
Poffitz Pancake Bites
Craisins
Fruit Juice

Lunch

Walking Tacos
Queso Cheese
Salsa/Sour Cream
Buttered Corn
Frozen Fruit Cup

Wednesday, March 12

Breakfast

Cereal or
Dutch Waffle
Tropical Fruit
Fruit Juice

Lunch

Baked Chicken
Mashed Potatoes/
Gravy
Marinated Tomatoes
Dinner Roll
Tropical Fruit

Thursday, March 13

Breakfast

French Toast Sticks or
Cinnamon Toast
Crunch Bar
Fresh Orange Wedges
Fruit Juice

Lunch

Hamburger
French Fries
Lett/Tomato/Pickle
Baked Apples

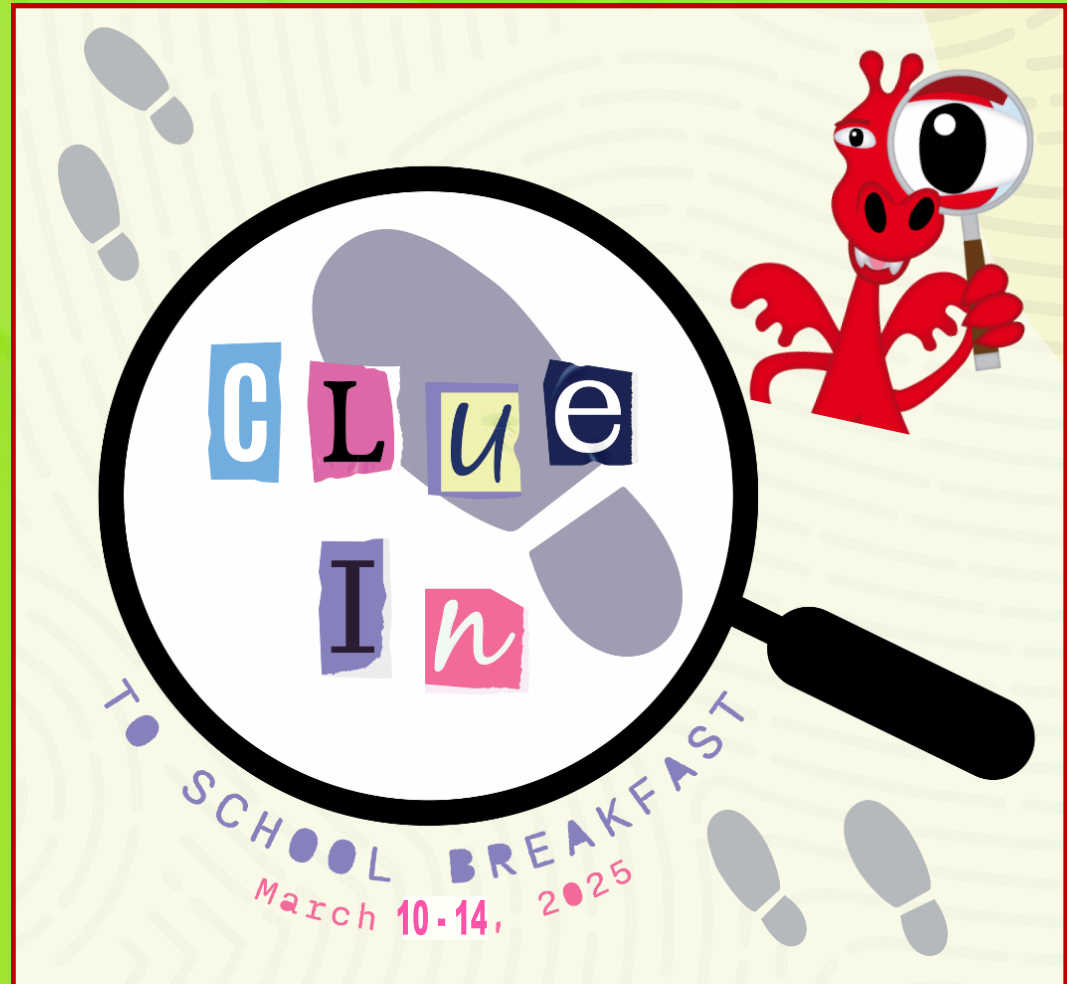
Friday, March 14

Breakfast

Egg Fiestada or
Breakfast Pizza
Applesauce
Fruit Juice

Lunch

Gumbo
Steamed Rice
Potato Salad
Marinated Cucumbers
Crackers
Applesauce



Monday, March 17

Breakfast

Chicken Biscuit or
Cereal Bar
Pineapple Tidbits
Fruit Juice

Lunch

Hot Dog on Bun w/
Chili & Cheese
Tater Tots
Baked Beans
Pineapple Tidbits

**Monday,
March 17th**



Tuesday, March 18

Breakfast

Homemade Cinnamon
Roll or
Breakfast Bar
Fresh Apple Slices
Fruit Juice

Lunch

Mandarin Orange Chicken
Steamed White Rice
Dumplings w/ Teriyaki
Vegetable Blend
Salad w/ Dressing
Fruit Gel Cup

*Louisiana School Lunch Week
March 17-21*

*"Lucky to be in
Child Nutrition"*



**Word
of the
Month**
trust

n. 1. the trait of believing in the honesty and reliability of others
2. confidence or faith in someone or something

Wednesday, March 19

Breakfast

Pizza Bagel or
Crescent Filled Bar
Chilled Peaches
Fruit Juice

Lunch

Jambalaya
Steamed Cabbage
Candied Yams
Garlic Dinner Roll
Chilled Peaches

Thursday, March 20

Breakfast

Cheese Omelet, Toast &
Sausage or
Breakfast Clusters
Banana
Fruit Juice

Lunch

Chicken Tenders
Cheesy Potatoes
Steamed Broccoli w/
Cheese
Texas Toast
Banana

Friday, March 21

Breakfast

Pop Tarts or
Yogurt & Grahams
Applesauce
Fruit Juice

Lunch

Southern Style Catfish
Macaroni & Cheese
Green Beans
Glazed Carrots
Texas Toast
Applesauce

**START FRESH
WITH FRUIT!**

Everyone, young and old, should begin their morning with fresh fruit. It's the head start you can hold in your hand!



**EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!**

Monday, March 24

Breakfast

Cereal Bar or
Pop Tarts
Fresh Orange Wedges
Fruit Juice

Lunch

Pizza Crunchers
Tater Tots
Garden Salad
Baked Beans
Fresh Orange Wedges

Tuesday, March 25

Breakfast

Chicken Biscuit or
Breakfast Bar
Applesauce
Fruit Juice

Lunch

Nachos-Taco Meat
Golden Queso
Tortilla Chips
Salsa
Buttered Corn
Applesauce

Wednesday, March 26

Breakfast

Sausage, Egg & Cheese
Croissant or
Cereal
Raisins
Fruit Juice

Lunch

Popcorn Chicken Bites
Mashed Potatoes &
Gravy
Green Peas
Dinner Roll
Frozen Fruit Cup

Thursday, March 27

Breakfast

Muffin or Pancake or
Stick w/Syrup
Chilled Pears
Fruit Juice

Lunch

Taco Soup
Cheesy Rippinz
Salad w/Dressing
Chilled Pears

Friday, March 28

Breakfast

Breakfast Pizza or
Cinni Minis
Mandarin Oranges
Fruit Juice

Lunch

Crunchy Fish Sticks
Homemade Macaroni
& Cheese
Marinated Tomatoes
Steamed Broccoli
Mandarin Oranges

Monday, March 31

Breakfast

Sausage Biscuit &
Hash brown or Froot
Loop Waffles
Pineapple Tidbits
Fruit Juice

Lunch

Louisiana Red Beans
Steamed Rice
Marinated Cucumbers
Mustard Greens
Cornbread
Pineapple Tidbits



5-12 Grade Sandwich Line Menu

Monday, March 10

Breaded Chicken Sandwich



Tuesday, March 11

Hot Roast Beef Sandwich

Wednesday, March 12

Hot Dog with Chili & Cheese

Thursday, March 13

Buffalo Chicken Pizza



Friday, March 14

Spicy Chicken Sandwich

Monday, March 17

Popcorn Chicken Bites

Tuesday, March 18

BBQ Chicken Pizza

Wednesday, March 19

Ham & Cheese Melt



Thursday, March 20

Cheeseburger

Friday, March 21

Homemade Chili in a Cornbread Bowl



Monday, March 24

Breaded Chicken Sandwich

Tuesday, March 25

Stuffed Crust Pizza

Wednesday, March 26

BBQ Chicken Sandwich

Thursday, March 27

Chili Cheese Baked Potato



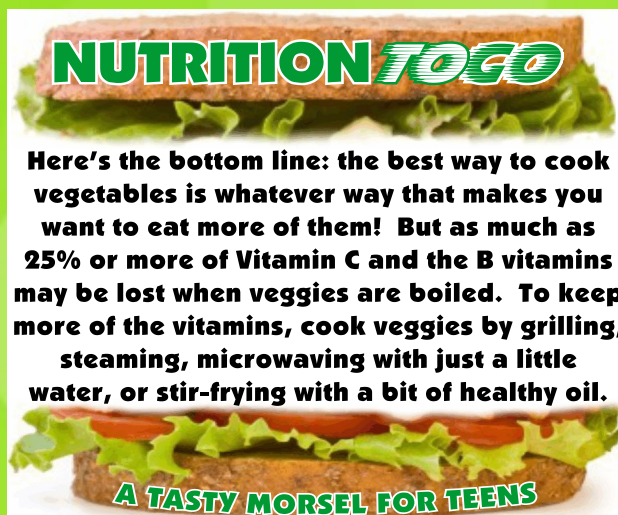
Friday, March 28

Spicy Chicken Chunks

Monday, March 31

Hamburger

9-12 Grade Salad Line Menu Available on Tuesday's & Thursday's



Tuesday, March 11

Popcorn Chicken Salad



Thursday, March 13

Taco Salad

Tuesday, March 18

Spicy Chicken Salad

Thursday, March 20

Chef Salad

Tuesday, March 25

Popcorn Chicken Salad



Thursday, March 27

Taco Salad