



Orange County Schools Pre-K Menus for March 2025

Monday	Tuesday	Wednesday	Thursday	Friday
March 3 Secret Agent Sausage Biscuit Pizza Sticks w/Marinara Sauce Seasoned Greens Fruit Choice	March 4 Clue-Berry Bread Slice Loaded Nachos Black Beans Fruit Choice	March 5 Whodunnit Whole Grain Cereal Toasted Cheese Sandwich Green Beans Fruit Choice	March 6 Mini Private Eye Pancakes Chicken Alfredo Garden Salad Fruit Choice	March 7 Detective's Choice Entrée Assorted Pizza Buttered Corn Fruit Choice
March 10 Muffin Garlic French Bread Broccoli Fruit Choice	March 11 Whole Grain Cereal Chicken Quesadilla Pinto Beans Fruit Choice	March 12 Breakfast Pizza Cheeseburger on Bun Baked Beans Fruit Choice	March 13 Mini Waffles Beef Steak w/Gravy & Roll Mashed Potatoes Fruit Choice	March 14 Manager's Choice Entrée Assorted Pizza Vegetable Choice Fruit Choice
March 17 Fruited Yogurt Cup Chicken Nuggets Oven Fries Fruit Choice	March 18 Chicken Waffle Sandwich Soft Taco Pinto Beans Fruit Choice	March 19 Whole Grain Cereal Chicken Sandwich Green Beans Fruit Choice	March 20 Scrambled Eggs w/Toast Pasta w/Meat Sauce Broccoli Fruit Choice	March 21 Manager's Choice Entrée Assorted Pizza Buttered Corn Fruit Choice
March 24 Sausage Biscuit Pizza Sticks w/Marinara Sauce Seasoned Greens Fruit Choice	March 25 Banana Bread Slice Loaded Nachos Black Beans Fruit Choice	March 26 Whole Grain Cereal Toasted Cheese Sandwich Green Beans Fruit Choice	March 27 Mini Pancakes Chicken Alfredo Garden Salad Fruit Choice	March 28 Manager's Choice Entrée Assorted Pizza Buttered Corn Fruit Choice
March 31 No School Spring Break	Menus are subject to change.	Breakfast includes: Fruit Choice 1% Milk		

Families Making the Connection

Clue In To School Breakfast

March 3-7 is National School Breakfast Week (NSBW), "Clue In To School Breakfast". #NSBW2025 highlights how eating a nutritious breakfast helps students be successful in the classroom and beyond. Students who participate in school breakfast show improved attendance, behavior, standardized achievement test scores as well as decreased tardiness.

School breakfast is a School Nutrition Program available to all public schools. All children can participate. Most North Carolina schools offer breakfast each school day including a choice of entrée, fruit or 100% juice, and lowfat or fat free milk. Every school breakfast served meets federal nutrition standards limiting calories, fat, and sodium.

School breakfast offers several connections to classroom learning—students have the opportunity to eat a healthy breakfast each school morning closer to academic instruction time, students who eat a healthy breakfast are better able to focus on classroom lessons, and students can practice the nutrition lessons they learn in the classroom by making healthy choices with school breakfast.

Learn more about NSBW at www.schoolnutrition.org/nsbw. For more info on school breakfast in our state, visit <https://go.ncdipi.gov/ncschoolmeals>.