

New Caney ISD 2023/24

LOCAL WELLNESS POLICY TRIENNIAL ASSESSMENT

Policy and Plan Evaluation: As required by law, the District will measure and make available to the public the results of an assessment of the implementation of the District's Wellness Policy. This 'Triennial Assessment' will evaluate the extent of compliances with the wellness policy, the progress made in attaining the goals of the Wellness Policy and the extent to which the Wellness policy and plan compare with any state or federally designated model policies

Scale Rating:

Exceeds Expectation: Implemented in a manner that is clearly identifiable; demonstration as a "noteworthy" implementation.

Acceptable: Implemented in a steady and reliable manner that met requirements and expectation.

Needs Improvement: not implementing; action is necessary.

Component 1: Nutrition Promotion The District shall encourage healthy habits by use of healthy messages in the cafeteria and classroom, dissemination of nutrition information to families and to the public, and the inclusion of food advertisements meeting federal guidelines

Goal	Exceeds Expectation	Acceptable	Needs Improvement	Comments (Optional)
Healthful messages are posted in dining areas		X		Messages describing healthy food displayed in general area of cafeteria.
Physical educators and classroom teachers will post healthful messages in their classrooms		X		Completed in each classroom.
Staff will incorporate healthy, nutritional messaging at applicable campus-based events		x		Colorful messages displayed in commons area.
Cafeteria will implement line placement strategies that encourage healthy food selection		X		My Plate posters posted throughout the kitchen area in view of students. Cafeteria serving lines set up so food is attractive.
Campuses will utilize marketing materials that promote healthy nutrition messaging		x		In place throughout the campus.
Cafeteria Staff will ensure a monthly menu is available to students and families		X		My Plate posters posted throughout the kitchen area in view of students. Cafeteria serving lines set up so food is attractive.

Goal	Exceeds Expectation	Acceptable	Needs Improvement	Comments (Optional)
Campus administration will provide appropriate information to families about birthday celebration guidelines		x		
Cafeteria staff will share nutrition messaging consistent with federal guidelines		x		Informational resources on Child Nutrition website.
Campus will promote and encourage families and community members to attend school-based health fairs or wellness events		x		
Vending machines accessible by students will only display marketing messages for foods and beverages identified by the USDA's Smart Snack guidelines		x		Vending machines in high schools need to be monitored continuously to ensure products are Smart Snack compliant.
Campus administration will request that any advertisements that do not meet the federal guidelines be transitioned out as appropriate		x		
Campus staff will only display marketing messages for foods and beverages identified by the USDA's Smart Snack guidelines unless related to a lesson		x		

Component 2: Nutrition Education Federal law requires that the District establish goals for nutrition education in its wellness policy. State law also requires that the District implement a coordinated health program with a component addressing nutrition services and health education at the elementary and middle school levels. The District will ensure education of healthy eating behaviors to all students and make curriculum including nutrition education a district-wide priority.

Goal	Exceeds Expectation	Acceptable	Needs Improvement	Comments (Optional)
Campus faculty and staff will utilize available resources and events to deliver nutrition education as appropriate		x		
Cafeteria will ensure media and static displays on the serving lines that provide appropriate nutrition education messages		x		
District will coordinate celebration and focus on importance of healthy eating during National School Breakfast week, School Lunch Week and our Farm -to-School Program	x			Child Nutrition uses Department of Defense fresh produce.
The District will provide current evidence-based strategies for healthful eating practices		x		
District encourages staff development to support the coordination and delivery of nutrition education curriculum, as appropriate		x		

Component 3: Goals for Physical Activity The District shall implement, in accordance with law, a coordinated health program with physical education and physical activity components and shall offer at least the required amount of physical activity for all grades.

Goal	Exceeds Expectation	Acceptable	Needs Improvement	Comments (Optional)
Campuses will be encouraged to reinforce and advocate the importance of physical activity through ongoing messages to teachers and posted signage in the classrooms		x		
The District will provide content to teachers and staff on the evidence-based benefits of incorporating physical activity into the classroom environment		x		
Campuses will post and communicate information about upcoming physical activity and sports programs through announcements, flyers, posters, and announcements, flyers, posters, and school and District websites		x		Summer activities made available on District Webpage.
Campuses will inform parents of opportunities for their children to participate in physical activity both within and outside of the school		x		
Campuses will make available recreational facilities outside of the school day		x		
Campuses will inform parents of opportunities to use recreational facilities / grounds for physical activity		x		
Utilize non-school use of school facilities		x		

Component 4: Goals for School Based Activities The District establishes the following goals to create an environment conducive to healthy eating and physical activity and to promote and express a consistent wellness message through other school based activities.

Goal	Exceeds Expectation	Acceptable	Needs Improvement	Comments (Optional)
Mealtime schedules will be based unenrollment, cafeteria serving, and seating capacity to minimize wait time and allow sufficient time to eat			x	Due to staffing shortages and larger numbers of students, students may not have sufficient time to eat.
The minimum eating times after being served are 10 minutes for breakfast and 20 minutes for lunch			x	When students arrive late to school, they may not have the full 10 minutes.
Lunch will be scheduled as close to midday as possible with special consideration of time between meals for elementary students		x		
Dining room facilities are maintained for safety, cleanliness, and comfort, and provide adequate seating		x		
Students are always provided an opportunity to eat, even if meetings or activities are scheduled during mealtime		x		
Handwashing is facilitated		x		
Water is available during meals and encouraged throughout the day	x			Water available at all sites.

Goal	Exceeds Expectation	Acceptable	Needs Improvement	Comments (Optional)
Custodial and Food services staff will ensure cleaning supplies are not visible during meal service		x		
All food safety regulations will be followed by food service staff	x			Child Nutrition monitoring and Health Department visits support this effort.
Campus administration will make information available about the use of recreational facilities to campus community and encourage students and parents to use those facilities		x		
The District will advocate the importance of healthy eating and physical activity to overall wellness through a variety of avenues to students, parents, and the overall community		x		
Staff will provide educational resources on nutrition and physical activity during District events when appropriate		x		
Families and community members will be invited to all School Health Advisory Council (SHAC) meetings		x		Information on Website and people are encouraged to join.
Employees will be provided access to an Employee Assistance Program (EAP) that can link them to resources		x		
Employees will be invited to participate and serve on the board at all School Health Advisory Council (SHAC) meetings		x		Information on Website and people are encouraged to join.

Component 5 Nutrition Guidelines: All District campuses participate in the U.S. Department of Agriculture's (USDA's) child nutrition programs, including the National School Lunch Program (NSLP) and the School Breakfast Program (SBP). As required by federal law, the District has established nutrition guidelines to ensure that all foods and beverages sold or marketed to students during the school day on each campus adhere to all federal regulations and guidance and are designed to promote student health and reduce childhood obesity. Food brought from home for the student's own consumption is exempt from these regulations.

Goal	Exceeds Expectation	Acceptable	Needs Improvement	Comments (Optional)
Campus is in compliance with age-appropriate guidelines and recommendations for healthy food and beverage choices		x		
Campus is not dependent on revenue from high-fat, low-nutrient density foods to support school programs	x			All snacks meet Smart Snack compliance.
Students may not share their food or beverages with other students as some students have physician-ordered dietary restrictions		x		
School staff shall not use food as a reward, incentive or punishment for students	x			District is very strict in enforcing this policy.