



PARENT WORKSHOP

WITH MARY ESCHEN, ACC

Parenting Coach
and Podcaster

*Say It Once: Strategies
for Getting Kids to Listen
Without Yelling*

- ✓ Are your kids ignoring you?
- ✓ Do they need nagging to get them to do anything?
- ✓ Do you get sassy backtalk?
- ✓ Come learn some practical skills you can use NOW!

**PARENTING
DECODED**

17

MARCH 2025

9:00 AM or 7:00 PM

**Menlo Church
Fireside Room**

20455 Herriman
Avenue, Saratoga

SIGN UP

<https://forms.gle/PqA91vankk8ijBcn8>

Saratoga Education Foundation

is a non-profit supporting SUSD students. In 2024-2025, we aim to raise \$500,000 to fund grade-level field trips and transportation, elementary makerspace and science labs, middle school workshops, and parent education.

Learn more at [SEF-ca.org](https://sef-ca.org)