



# Stay active, be prepared, prevent injuries.

## Low-Cost Sports Physicals for All SBISD Athletes

**Who:**

All qualified SBISD Athletes

**When:**

Saturday, April 12, 2025  
from 8 a.m. to 1 p.m.

**Where:**

Students may walk-in or SBISD buses will transport students from their school to:  
Northbrook High School  
1 Raider Circle S.  
Houston, TX 77080

For more information,  
call SBISD Athletics at  
**713.251.1200.**

Take an active role in preventing serious injuries that could mess up your game, by getting your annual sports physical. In collaboration with SBISD Athletics, Memorial Hermann Memorial City Medical Center is offering comprehensive, low-cost physicals to all SBISD athletes.

**Physicals include:**

- Height and weight
- Blood pressure
- Vision screening
- Medical history assessment

Physicals will be administered by physicians, nurse practitioners and physician assistants affiliated with Memorial Hermann Memorial City Medical Center.

**Physicals are \$10 for middle school and high school athletes.**

Payment may be made by cash or check (made payable to Spring Branch ISD). No insurance will be accepted. Free physicals are available for athletes who qualify for reduced lunch programs.