



Dignity Health
Northridge Hospital
Medical Center



In collaboration with Verdugo Hills High School
Dignity Health Northridge Presents

Talking about Healthy Relationships with your Teenager Parent Workshop

Did you know? In the United States, 1 in 3 adolescents is a victim of physical, emotional or verbal abuse from a dating partner and only 33% of teens who are in an abusive relationship ever tell anyone about the abuse.

A FREE workshop to discuss how you can talk to your teenager about healthy relationships and dating safely!

In this workshop, you will learn:

- What is Teen Dating Violence (TDV)
- Characteristics of Healthy Relationships
- Risk factors
- Protective factors
- Local resources available for teens experiencing teen dating violence



PARENTS COME AND JOIN US!

Wednesday
March 12th
Bilingual Workshop
@ 8:30AM
Parent Center

Contact for more information:
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