



MARCH 2025 DYSPHAGIA MENU

2024-2025 Meal Prices:

Paid Elementary Breakfast: \$1.00 // Paid Elementary Lunch: \$2.25

Paid Secondary Breakfast: \$1.25 // Paid Secondary Lunch: \$2.50

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Oatmeal w/ Fruit Compote Applesauce Juice Milk Beef & Cheese Nachos Seasoned Black Beans Cauliflower Sliced Peaches	4 Chicken & Waffles Applesauce Juice Milk Mashed Potato Bowl w/ Cheese & Chicken Glazed Carrots Green Beans Spiced Applesauce	5 Cinnamon Roll w/ Sausage Pureed Fruit & Yogurt Applesauce Juice Milk Turkey Alfredo Green Beans Glazed Carrots Fruit Cobbler	6 Cream of Wheat w/ Fruit Compote Applesauce Juice Milk Chili Mashed Potatoes w/ Gravy Glazed Carrots Fruit Cocktail	7 Pancakes & Sausage Pureed Yogurt Meal Applesauce Juice Milk Green Chili Cheese Burrito w/ Nacho Cheese Mixed Vegetables Green Beans Mandarin Oranges
10 NO SCHOOL	11 NO SCHOOL	12 NO SCHOOL	13 NO SCHOOL	14 NO SCHOOL
17 Holiday Meal Yogurt Applesauce Milk Beef & Cheese Nachos Seasoned Black Beans Cauliflower Sliced Peaches	18 Chicken & Waffles Applesauce Juice Milk Mashed Potato Bowl w/ Cheese & Chicken Glazed Carrots Green Beans Spiced Applesauce	19 Cinnamon Roll w/ Sausage Pureed Fruit & Yogurt Applesauce Juice Milk Turkey Alfredo Green Beans Glazed Carrots Fruit Cobbler	20 Cream of Wheat w/ Fruit Compote Applesauce Juice Milk Chili Mashed Potatoes w/ Gravy Glazed Carrots Fruit Cocktail	21 Pancakes & Sausage Pureed Yogurt Meal Applesauce Juice Milk Green Chili Cheese Burrito w/ Nacho Cheese Mixed Vegetables Green Beans Mandarin Oranges
24 Fruit & Yogurt Parfait Applesauce Juice Milk Cheese Enchiladas Seasoned Black Beans Green Beans Canned Peaches	25 Sausage Biscuit Pureed Yogurt Applesauce Juice Milk Spaghetti Glazed Carrots Green Beans Canned Pears	26 French Toast w/ Fruit Compote Cream of Wheat Applesauce Juice Milk Salisbury Steak Green Beans Mashed Potatoes Fruit Cobbler	27 Chicken Biscuit w/ Gravy Applesauce Juice Milk Chicken Nugget Green Beans Mashed Potatoes w/ Gravy Fruit Cobbler Milk	28 Blueberry Muffin w/ Fruit Compote Pureed Yogurt Meal Applesauce Juice Milk Macaroni & Cheese Tomato Soup Creamed Spinach Fruit Cobbler

31 Oatmeal w/ Fruit Compote Applesauce Juice Milk Beef & Cheese Nachos Seasoned Black Beans Cauliflower Sliced Peaches	1 Chicken & Waffles Applesauce Juice Milk Mashed Potato Bowl w/ Cheese & Chicken Glazed Carrots Green Beans Spiced Applesauce	2 Cinnamon Roll w/ Sausage Pureed Fruit & Yogurt Applesauce Juice Milk Turkey Alfredo Green Beans Glazed Carrots Fruit Cobbler	3 Cream of Wheat w/ Fruit Compote Applesauce Juice Milk Chili Mashed Potatoes w/ Gravy Glazed Carrots Fruit Cocktail	4 Pancakes & Sausage Pureed Yogurt Meal Applesauce Juice Milk Green Chili Cheese Burrito w/ Nacho Cheese Mixed Vegetables Green Beans Mandarin Oranges
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All menu items can be provided as Pureed, Minced & Moist, or Soft & Bite Sized based on Doctor's orders.

****All meals come with a choice of 1% white milk or fat free chocolate milk****

*****Standard Dysphagia Breakfast served after a holiday will be 2 Yogurts, Applesauce, juice and choice of milk*****

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339. To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or fax: (833) 256-1665 or (202) 690-7442; or email: program.intake@usda.gov This institution is an equal opportunity provider.

***Menus are subject to change without notice due to price and availability of food*provider.**