

## March 2025 Allergen Free Breakfast and Lunch Menu

Allergen Free Standard Breakfast: 2 Rice Chex Cereals, served with choice of fruit/juice and type of milk if appropriate.

March 3

Lunch: Frito Pie, Whole Kernel Corn, Baby Carrots, Applesauce Pouch, Milk/Soy milk

March 4

Lunch: BBQ Chicken Bowl, Green Beans, Tossed Salad with Vinaigrette, Orange Smiles, Milk/Soy milk

March 5

Lunch: Black Beans and Rice with Baked Tostito Scoops Bowl, Baby Carrots, Whole Kernel Corn, Fresh Pineapple Chunks, Milk/Soy milk

March 6

Lunch: Beef Hot Dog on Gluten Free Bun, Mixed Vegetables, Baby Carrots, Applesauce Pouch, Milk/Soy milk

March 7

Lunch: Chicken Tender, Green Beans, Apple Slices, Milk/Soy milk

March 17

Lunch: Frito Pie, Whole Kernel Corn, Baby Carrots, Applesauce Pouch, Milk/Soy milk

March 18

Lunch: BBQ Chicken Bowl, Green Beans, Tossed Salad with Vinaigrette, Orange Smiles, Milk/Soy milk

March 19

Lunch: Black Beans and Rice with Baked Tostito Scoops Bowl, Baby Carrots, Whole Kernel Corn, Fresh Pineapple Chunks, Milk/Soy milk

March 20

Lunch: Beef Hot Dog on Gluten Free Bun, Mixed Vegetables, Baby Carrots, Applesauce Pouch, Milk/Soy milk

March 21

Lunch: Chicken Tender, Green Beans, Apple Slices, Milk/Soy milk

March 24

Lunch: Beef Nachos with Baked Tostito Scoops, Pinto Beans, Baby Carrots, Sliced Peaches, Milk/Soy milk

March 25

Lunch: Orange Chicken Bowl, Mixed Vegetables, Tossed Salad with Vinaigrette, Applesauce Pouch, Milk/Soy milk

March 26

Lunch: Chickpea Pasta, Green Beans, Baby Carrots, Applesauce Pouch, Milk/Soy milk

March 27

Lunch: Hamburger on Gluten Free Bun, Green Beans, Baby Carrots, Grapes, Milk/Soy milk

March 28

Lunch: Chicken Bowl, Mixed Vegetables, Tossed Salad with Vinaigrette, Apple Slices, Milk/Soy milk

March 31

Lunch: Frito Pie, Whole Kernel Corn, Baby Carrots, Applesauce Pouch, Milk/Soy milk