



BLOOMFIELD HILLS HIGH SCHOOL DANCE TEAM

**2025-2026 The official Bloomfield Hills High School Varsity and Junior Varsity Dance
Team Auditions!**

May 15th

INFORMATIONAL MEETING (PARENTS & CANDIDATES ENCOURAGED TO ATTEND)

Thursday, May 15th

TIME: 7:00p to 8:30p

LOCATION: BHHS Main Commons

May 16th, May 17th, & May 18th

JUNIOR VARSITY & VARSITY AUDITIONS

Friday, May 16th - Round 1

CHECK-IN TIME: 4:00p to 4:15p

TIME: 4:15p to 7:00p

LOCATION: BHHS AUX Gym

Saturday, May 17th - Round 2

CHECK-IN TIME: 8:15a to 8:30a

TIME: 8:30a to 12:30p

LOCATION: BHHS AUX Gym

Sunday, May 18th - Final Round

CHECK-IN TIME: 8:15a to 8:30a

TIME: 8:30a to 12:30p

LOCATION: BHHS AUX Gym

Note: Based on Bloomfield Athletic requirements, candidates must attend ALL three days of auditions to be considered for a position on either of our teams. Cuts will be made on the last day.

ATTIRE: Look your best! Form-fitting athletic/dancewear, Jazz shoes & Tennis shoes

BRING: Water bottle, Completed Forms: Athletic Physical & Application

(Forms will be emailed during the online registration process)

[REGISTER HERE FOR BHHS DANCE TEAM AUDITIONS](#)

****Upon registering it is assumed you will attend all three days of auditions.***

2025-2026 Bloomfield Hills High School Dance Team Program

The BHHS Varsity and Junior Varsity Dance Team(s) are competitive dance teams representing Bloomfield Hills High School at local, regional, and, in the future, national competitions. The Bloomfield Hills High School Dance Teams are made up of an elite group of athletes who are dancers, spirit leaders, and brand ambassadors for their school and community. They aim to lead the student body with high-energy performances and enthusiasm to support athletic events. The team performs at Varsity and JV football games in the fall and select basketball games in the winter, in addition to competing at regional competitions throughout the year. Their goal is to shine a light on community projects dedicated to making a positive difference in the lives of others.

BHHS Varsity Dance Team Basic Information

Competes in Pom AND Jazz style routines.

Skills Required with Consistent Execution: Right Aerial, Left Aerial (optional), Triple & Quad Pirouette (no hopping), 5+ Second Turns with changing spots/float, into a triple/quad (Right preferred), double toe touch, grand jete (R+L) center leap (R+L), calypso, kick variations (R+L), musicality, a special skill of choice, correct pom technique, and jazz technique.

Performs at Varsity Football and Basketball Games. Sideline routines performed at football games.

BHHS JV Dance Team Basic Information

Competes in a Pom style routine.

Skills Required with Consistent Execution: Double Pirouette on both Right & Left, 3 Second Turns into a double pirouette (Right preferred), double toe touch, grand jete (R+L) center leap (R+L), calypso, kick variations (R+L), musicality, a special skill of choice, correct pom technique, and jazz technique.

Performs at JV Football and Basketball Games. Sideline routines performed at football games.

Competition Routine Information

Each routine will have one to two alternates. The alternate(s) will be expected to still act as a team member but not placed in any formation in the routine for which they are an alternate. The alternate(s) purpose is to fill in for anyone who might become injured, ill, or unable to attend any competition. There is also a potential opportunity for placements in the formations to be swapped with the alternate. ie. **If** a member originally placed in the formation is not meeting the expectations to complete the routine consistently but the alternate is meeting those expectations they will switch positions in the routine and their status as an alternate will continuously be evaluated. **The purpose of this program is to provide additional performance opportunities and will be an integral part of the success of competition readiness.**

Practice Times

Both teams practice on Tuesdays and Fridays after school. Tuesday practices go from 3pm to 5:30pm. Friday's practices go from 3pm to 6pm. **We will be adding one Saturday and/or Sunday practice a month to allow for more competition training.**

NEW Team Strength Training

New to the program will be official Strength Training sessions that will be required for athletic performance and injury prevention. Sessions will be determined once the team(s) are selected.

INSTAGRAM: @bhvarsitydance & @bhjv_dance

FACEBOOK: Bloomfield Hills High School Dance Team

INQUIRIES: bhhsdanceteam@bloomfield.org

T.E.A.M. Together Everyone Achieves More

P.A.C.E. Positive Attitudes Change Everything

#bhdtbuildingalegacy