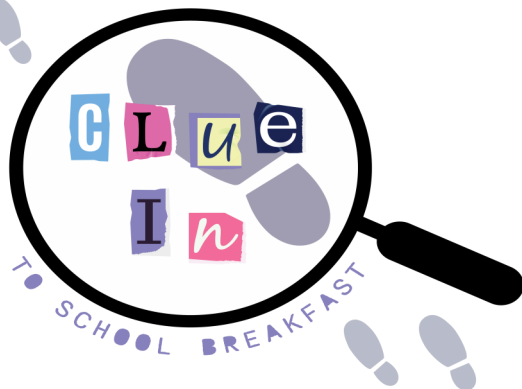


**St. Charles Parish
Public Schools**

MARCH 2025 Head Start Menu

This institution is an equal opportunity provider.
Menus are subject to change.

NATIONAL SCHOOL BREAKFAST WEEK MARCH 10-14



Monday, March 10

Breakfast

Confetti Pancakes
Juice, Milk

Lunch

Chicken Tenders
Broccoli w/Cheese
Pears
Milk

Snack

Chex Strawberry Cereal Bag
Milk

Tuesday, March 11

Breakfast

French Toast Sticks
Juice, Milk

Lunch

Orange Chicken, Fried Rice
Edamame Beans
Tropical Fruit
Milk

Snack

Yogurt
Cinnamon Bear Cracker

Wednesday, March 12

Breakfast

Breakfast Pizza
Juice, Milk

Lunch

Gumbo, Rice
Potato Salad
Banana Half
Milk

Snack

Mozzarella String Cheese
Orange Wedges

Thursday, March 13

Breakfast

Sausage Biscuit
Juice, Milk

Lunch

Meat sauce w/Spaghetti
Broccoli Florets
Fruit
Milk

Snack

Mickey Gold Fish
Milk

Friday, March 14

Breakfast

Cereal
Juice, Milk

Lunch

Mac & Cheese Bites
Green Beans
Orange Wedge
Milk

Snack

Animal Crackers
Fruit Cup (Pear)

Monday, March 17

Breakfast

Waffle
Juice, Milk

Lunch

Chicken Alfredo
Green Beans
Applesauce
Milk

Snack

Trix Cereal Bar
Milk

Tuesday, March 18

Breakfast

French Toast Sticks
Juice, Milk

Lunch

Meatballs
Mashed Potatoes
Apple Wedges, Roll
Milk

Snack

Yogurt
Tiger Bite Graham Crackers

Wednesday, March 19

Breakfast

Breakfast Pizza
Juice, Milk

Lunch

Beef Vegetable Soup
Grilled Cheese Sandwich
Banana Half
Milk

Snack

Rice Krispie Treat
Orange Wedges

Thursday, March 20

Breakfast

Sausage Biscuit
Juice, Milk

Lunch

Beef Dippers
Macaroni & Cheese
Broccoli Florets, Fruit
Milk

Snack

Cinnamon Goldfish
Milk

Friday, March 21

Breakfast

Grits
Juice, Milk

Lunch

Chicken Sliders
Crinkle Cut Fries
Orange Wedges
Milk

Snack

Vanilla Chat Snax Graham
Fruit Cup (Applesauce)

Monday, March 24

Breakfast

Confetti Pancakes
Juice, Milk

Lunch

Red Beans w/Sausage
Steamed Rice
Mustard Greens, Peaches
Milk

Snack

Chex Strawberry Cereal Bag
Milk

Tuesday, March 25

Breakfast

French Toast Sticks
Juice, Milk

Lunch

Soft Taco w/Cheese
Refried Beans
Apple Wedges
Milk

Snack

Yogurt
Cinnamon Bear Cracker

Wednesday, March 26

Breakfast

Breakfast Pizza
Juice, Milk

Lunch

Sliced Beef w/Gravy
Mashed Potatoes
Banana Half
Milk

Snack

Mozzarella String Cheese
Orange Wedges

Thursday, March 27

Breakfast

Sausage Biscuit
Juice, Milk

Lunch

Turkey Stew w/Rice
Candied Yams
Strawberry Cup
Milk

Snack

Mickey Goldfish
Milk

Friday, March 28

Breakfast

Cereal
Juice, Milk

Lunch

Cheese Pizza
Garden Salad
Orange Wedges
Milk

Snack

Animal Crackers
Fruit Cup (Pear)



Monday, March 31

Breakfast

Waffle
Juice, Milk

Lunch

Chicken Tenders
Broccoli w/Cheese
Pear Halves
Milk

Snack

Trix Cereal Bar
Milk