

Course Request Night: Counselor Workshop

Class of 2029

Agenda



Introduction to
School Counselor



Graduation
Requirements



Plan for selections!



Knowing your next
steps/resources

Graduation Credit Requirements:

<https://www.isd411.org/academics/high-school-curriculum-pathways/graduation-requirements/course-guide/issaquah-high-school>

Minimum of 24 Credits - 7 classes x 4 years = 28 Credits

- 4.0 English
- 3.0 Social Studies (specific to WH; US; Civics)
- 3.0 Math (in grades 9-12)
- 3.0 Science (2 credits of lab science; 1 credit choice)
- 1.0 Career and Technical Education (CTE)
- 1.5 PE
- 0.5 Health
- 1.0 Art
- 2.0 World Language (or Personal Pathway)
- 5.0 Elective Credits (depending on Personal Pathway)

Additional Grad Requirements - Class of 2029:

<https://www.isd411.org/academics/high-school-curriculum-pathways/graduation-requirements/course-guide/issaquah-high-school>

- ▶ Graduation Pathway: Multiple options to meet, including but not limited to state testing (SBA), SAT/ACT/AP test/ASVAB, Dual Credit classes
- ▶ High School and Beyond Plan: core lessons each year in Xello platform
- ▶ WA State History: typically met in MS, if not course at HS



Scheduling Basics for a 7 period day

- ▶ Students need a full schedule = 7 credits
- ▶ Semester long courses = $\frac{1}{2}$ year course = 0.5 credits
- ▶ Yearlong courses = full year course = 1.0 credits (.5 credit each semester)
- ▶ Students earn these credits by passing their courses with a D or higher



Sample 9th Grade Schedule

Period	Semester 1	Semester 2
1st	Literary Analysis & Composition 1A 0.5 credit	Literary Analysis & Composition 1B 0.5 credit
2nd	PE 0.5 credit	Studio Art 0.5 credit
3rd	World History 1 0.5 credit	World History 2 0.5 credit
4th	Algebra 1A 0.5 credit	Algebra 1B 0.5 credit
5th	Biology A 0.5 credit	Biology B 0.5 credit
6th	Graphic Design 0.5 credit	Future Ready 0.5 credit
7th	Spanish 1A or Guided Studies 0.5 credit	Spanish 1B or Guided Studies 0.5 credit

Changes to requests in the fall of next year are very limited!

<i>Allowed Level Changes (if space permits)</i>	<i>Preference Changes <u>not</u> allowed</i>
Honors WH → World History	Yoga ---- Ceramics
Geometry → retake Algebra 1	Visual Art 1 ---- Health
Spanish 2 → retake Spanish 1	Dropping 2nd semester PE b/c you have a new plan for finishing PE credits

Only course **LEVEL CHANGES** will be made after CRP. Elective preference changes will **NOT** be made.

Rationale: Staffing decisions & schedules are made based on your course requests. Requesting a class now means you are asking for a spot in that class; there is no reserved seat to switch to if you didn't request a class.

Humanities Options for 9th grade

- ▶ Lit and Comp 1 EN100A/B
- ▶ Honors Lit and Comp 1 EN109A/B

- ▶ World History 1&2 SS100A/B
- ▶ Honors World History 1&2 SS120A/B
- ▶ AP Human Geography SS611A/B

Considerations...

- ▶ Balance between course load, extracurricular activities
- ▶ Previous/Current performance in humanities course
- ▶ Discussions with current teachers
- ▶ Learning recommendations for Honors: B+ or higher in current course

Math Options for 9th grade

The district has a new math flow chart with new course names and options!

With new math courses and options available in our math curriculum, this flow chart in our course catalog can help you understand the different path options.

<https://www.isd411.org/academics/high-school-curriculum-pathways/course-catalog/ihs-course-catalog/ihs-instructional-flowcharts>

What class should I take in 9th Grade? This link can help families through the reflection process on which math course and math path is best for their student:

<https://www.isd411.org/academics/high-school-curriculum-pathways/mathematics#fs-panel-88686>

Science Options for 9th grade

- ▶ ***Biology*** ***SC200A/200B***
(Most 9th graders take this)
- ▶ Phys/Chem Lab Methods SCI125/SCI126
- ▶ Chemistry SC300A/300B ***

Considerations:

- ▶ Math level: see learning recommendations in the course guide ***
- ▶ Current science course and teacher recommendation

World Language Options for 9th grade

Consider your post-high school plan . . .

- 4 year colleges: 2 credits of the same world language required for 4 yr college admission; some highly selective schools recommend 3
- consider your current performance before deciding to advance or select honors
- 2 year colleges, technical schools, military, work: world language not required

If you are fluent in a language other than English, it is possible for you to take a World Language Proficiency exam for credit in place of or in addition to WL classes.

French 1
FO110A/B

French 2
FO120A/B

Spanish 1
FO310A/B

Spanish 2
FO320A/B

Spanish 2
Honors
FO322A/B

Japanese
1 FO410A/B

ASL 1
FO510A/B

ASL
2 FO520A/B

All PE & Health Options:

PE:

- ▶ Dance
- ▶ Yoga
- ▶ CrossFit
- ▶ Team Sports
- ▶ Lifetime & Community Sports
- ▶ Self Defense
- ▶ Weight Training & Conditioning
- ▶ Weight training for Women
- ▶ Hiking Fitness

Health: There is **only one course option at IHS to satisfy the health requirement.** This class is available to you every year in high school and as an online class through ISD summer school. It is also available to juniors and seniors through Running Start.

Students MUST earn 1.5 PE credits to graduate

Students **MUST** take at least 0.5 of those PE credits through an ISD PE Class (in the school day, summer PE or running start)

Students **MAY** choose to waive 1.0 of those PE credits through ISD sports or an outside PE option (see website)

A red pencil is shown in the bottom left corner, drawing a red line that extends into a dense, colorful scribble of various colors (red, orange, yellow, green, blue, purple) on a white background. The scribble is composed of many overlapping, chaotic lines.

Art /CTE/Electives for 9th grade:

The following categories in the course guide will show you classes you can take to fulfill Art, CTE and Elective credits.

- ▶ Fine/Visual/Performing Arts
- ▶ Career and Tech Education
- ▶ Leadership

You can look for both semester long and yearlong options under these headings in the course catalog.

Guided Studies

Provides a structured class where students receive study skills instruction and learn to be self-aware as a learner and apply successful learning strategies. Emphasis is placed on application of basic organization skills using notebooks and planners as well as reading strategies used in education texts. Students develop their self-advocacy skills necessary for success in general education classes. Grading is based on in-class performance, completion of assignments, participation in guided activities, and progress in other classes. This is for students who just want some support in completing homework and staying organized.

Available as a semester or yearlong course for elective credit.

- ▶ For a semester add code WGS100
- ▶ For a full year add codes WGS100 and WGS101

Online Learning District Program:

[Online Learning website](#)

2.0 credits per year allowed through the ISD Online Learning.

8.0 credits allowed in high school through ISD Online Learning.

Registration for Summer/Fall 2025 opens **March 3rd**.

Online classes taken 1st or 7th period **off campus** are available at no additional cost. (no school transportation provided)

Online classes can be taken **in addition to a student's 7 period day** (8th period) for a **fee (\$)**.

If you are considering an online class for your student, you and your student should **meet with the Middle School Counselor** during CRP timeline to discuss.

High School credits from Middle School

- ▶ High school level courses taken in one of our middle schools are automatically transcribed to the high school transcript.
- ▶ There is an **OPT OUT** process your student can complete once they begin attending classes at the high school. This would be if they DO NOT want the grade and or the credit to be showing. School Counselor can advise.
- ▶ Keep in mind that although students earn credit, grad requirements still require certain credits be earned while in high school (ex: 3.0 of math)
- ▶ Example of Courses:
 - ▶ First year of world language
 - ▶ Algebra 1, Geometry, Algebra 2
 - ▶ Biology

Other helpful reminders:

- ▶ Create a plan to meet graduation requirements over the next 4 years. Students can use **Course Planner** in Xello to create a 4 year-plan.
- ▶ Students are not able to change courses in the fall, so it is important to think carefully about all course request, including elective choices, PE, etc.
- ▶ Be sure to **include alternate options** that students **do want** to have as back up choices. We rely on these back up choices regularly. Without alternates we choose elective or PE classes for students.

Cross Crediting

Some classes provide credit once but satisfy two requirement areas needed for graduation. This can help students trying to fit in 4 years of music or those who want to be part of programs over multiple years like Sports Medicine, Sales & Marketing, Yearbook, etc.

Examples:

- ▶ Photography = Art & CTE
- ▶ Dance = Art & PE
- ▶ Material Science = Science & CTE
- ▶ Health = Health & CTE

Remember! Students do not earn double the credit. They are meeting two credit requirements areas with 1 semester class for .5 credit or 1 yearlong class for 1.0 credit.

Reminders & Online Resources

- ▶ Course Selection must be completed in [Student Access](#)
- ▶ Online entry directions are available on the [Counseling Website](#) for resources
 - ▶ You will also find Course Guide, sample schedules, videos, FAQs
- ▶ District Resources for families new to [US HS system](#)
- ▶ **Deadline** to enter 7.0 credits + alternates is - **March 14th at 8am**
- ▶ Counselors will be at MS lunches to answer student questions on **March 10th**

Log in to Family Access

 [LOG IN TO FAMILY ACCESS](#)

 [LOG IN TO STUDENT ACCESS](#)

 [NEED PASSWORD HELP?](#)



Thank you!

IHS Class of 2029