

POLAND SPRING SPORTS PARENT MEETING

ATHLETIC DIRECTOR: BRIAN BANFIELD



Poland Varsity Spring Coaches

- Baseball- Rich Murray (Poland Alum)
- Softball- Jim Serich (Poland Alum)
- Girls Track- Gabby Massey (Poland Alum)
- Boys Track- Ryan Williams
- Boys Tennis- Jimmy Leslie
- Girls Lacrosse- Zac Capan
- Boys Lacrosse- Kincaid Mrakovich (Poland Alum)
- Middle School Track- Tom Pavlansky (Poland Alum)
- Trainer- Kirstie Bournias
- Athletic Office Secretary- Kim Brant

NORTHEAST 8 CONFERENCE

- ▶ 7 TEAM LEAGUE (BASED ON ENROLLMENT) started in the Fall of 2018
 - ▶ POLAND
 - ▶ NILES
 - ▶ LAKEVIEW
 - ▶ GIRARD
 - ▶ SOUTH RANGE
 - ▶ STRUTHERS

- ▶ *NORTHEAST 8 CONFERENCE SCHOOLS WILL USE CASH AT ALL EVENTS TICKETS. Varsity Prices \$8 Adult and 5 Students \$5 Adult and \$4 Prices Student Middle School Track*

Poland All Sports Booster Club

- Poland All Sports Booster Club- President John Allsopp

- Fundraising Events

- Bulldog 100 Raffle Tickets in the Fall
- Elementary Basketball Tournament during the winter months
- Golf Outing on May 17th at Bedford Trails Golf Course

- How do they Serve our Programs?

- Awards for Student Athletes
- All Sports Booster Club Pavillion
- Hudl Camera System
- Trainer Supplies

Final Forms for Athletics

- Check the Box that your son or daughter wants to participate in for the year
- OHSAA PPE Questions
- Emergency Medical Authorization
- Athletic Handbook
- Athletic Code of Conduct
 - 24/7 365 Days a Year. Privilege to be part of a team not a right. “Fish Bowl”
- ***Transportation Release Form***
 - 24 hr notice to the Head Coach
- Preseason Meeting Presentation
- OHSAA Checklist
- OHSAA Concussion Acknowledgment
- Impact Testing Consent
- Lindsay’s Law (Sudden Cardiac Arrest)


Student Athletic Physicals

- ▶ Good for One Year (Running Clock with updates)
- ▶ Once Physical is Completed, Please turn into Kirstie the Trainer or you can scan it yourself and enter the documents to your child's Final Forms account.

Directions


Parents can upload documents in a couple ways:

1. On some forms, such as the **OHSAA PPE Physical (for physicians)** form, parents have an option to upload documents (PPE, vaccine records, etc.).

2. Parents can review and update documents by clicking the  icon on the student's status bar on the **My Students** page.
On the student's Profile page is an option to upload and manage documents as well.

Upload Physical Digitally (Optional)

1. **LABEL** your document appropriately before or after upload.
2. **UPDLOAD** DOCs, PDFs, and IMAGEs (JPG or PNG) only please!
3. If taking a picture, **ENSURE** image is clear and well-lit

 Upload Physical

You may also upload/manage documents from your "My Students" page.

Poland Spring Sports Participation Policy

All non-Poland team participation must stop once an athlete begins the “official” Spring Sport Season.

- Example: Travel baseball/softball players **cannot** attend summer league workouts.
- Lacrosse players **must only** participate in Poland Lacrosse programs.

Exception: Athletes may compete in **two Poland sports simultaneously** with approval from both Poland coaches and Athletic Department. Please notify the coaches if this is an option.

- Example: Running track & playing girls’ lacrosse requires approval from both coaches.

No outside team participation is allowed during the season.

- Violations may result in **disciplinary action** by the Head Coach.

POLICY FOR COMPETING IN TWO SPORTS AT THE SAME TIME

An athlete may participate in two Poland sports during the same season if he/she meets the following criteria:

1. The Student is academically eligible to do so.
2. The Student declares a primary sport. Whatever sport is chosen this sport can't be sacrificed from a secondary sport.
3. The health and safety of the student athlete will be taken into consideration by parents, coaches and administration to prevent overuse injuries. Example: Running on the cross country team and playing soccer.
4. Both coaches agree and communicate with each other throughout the season.
5. Individuals on the teams are not affected in terms of participation and morale.
6. School attendance is not affected.
7. The Athletic Director and Principal have approved. If approved to move forward, the athlete and both coaches will meet to set the schedule for the season.

The athlete agrees to be at both sports practices and contests as much as possible. The athlete will understand that failure to give 100% to either sport may impact both playing time and position on the team. If the athlete fails to meet the above standards, the Athletic Director or Principal have the discretion to void the agreement and the athlete will go to the team they had designated as the primary.

Social Media Information

- ▶ Bigteams.com
 - ▶ Under School Search please type Poland Seminary
 - ▶ Will Take you to our Home Page, where you can create an account and get live updates on any changes that occur in the schedules
- ▶ Polandbulldogs.com
 - ▶ Under Departments Click on Athletics at the top of the home page. Calendar of Events, Important News from Athletics and Quick Links to other important sites
- ▶ X Accounts to Follow
 - ▶ PSHS Athletics @PolandAthletics (also on Facebook)
 - ▶ Poland Seminary @bdog4ever
 - ▶ Poland Local Schools @polandschools (also on Facebook)

Information From Athletic Trainer

► Concussion Update

- Concussion Testing Dates (Check Emails)

- Once Teams are Selected, Kirstie will notify the athletes for their Concussion Test

► What happens when you are injured?

- Education Piece as well as the Athletic Piece

Miscellaneous Items

- Fundraising Guidelines: 2 Fundraisers sponsored by the Students and 2 Fundraisers Sponsored by the Parents. Coaches communicate to the Athletic Department those Fundraisers.
- Tryouts: Every student who has all their Final Forms completed including a current physical can tryout in that sport. Each sport must have a minimum 3 days of tryouts. The only exception would be if a student is still involved in a current Sport. Once that student is released from their current sport that student will be given their 3 days of tryouts.

Breakout Rooms For Each Sport

- - Track- Auditorium
- - Softball- Room 1
- - Boys Tennis –Choir Room
- - Baseball- Library
- - Girls Lacrosse- Cafeteria
- - Boys Lacrosse – Room 7
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THANK YOU! TO ALL OF YOU FOR
YOUR COOPERATION THIS PAST
SCHOOL YEAR

HAVE A GREAT SPRING SEASON!!!