



# March 2025

## Palos School District 118 Elementary Lunch Menu

All Lunches  
Must Include  
Choice of:  
Fruits and/or  
Vegetable  
And May  
Include:  
1% Low-Fat  
Milk

Every Meal Comes  
Complete With Fruit,  
Veggies, & Grain &  
Choice of Milk Fruit,  
Veggies & Grain May  
Include: Whole Grain  
Graham Cracker,  
Whole Grain Biscuit,  
Carrots, Cucumber,  
Tomatoes, Celery,  
Hummus, Fresh Fruit,  
Fruit Cups, Raisins,  
100% Fruit Juice and  
more!

MON	TUES	WED	THURS	FRI
<p><b>No School</b> <sup>3</sup></p> <p><b>CASIMIR PULASKI DAY</b></p>	<p><sup>4</sup></p> <p>Corn Dog Fresh Apple Yogurt &amp; Cheese Stick Plate</p> <p>Fresh Watermelon Fresh Banana Fresh Baby Carrots Choice of Milk</p>	<p><sup>5</sup></p> <p>Pancake Bites w/ Scrambled Eggs w/ Cheese Italian Salad w/ Dinner Roll</p> <p>Fresh Apple Slices Fresh Orange Fresh Zucchini Choice of Milk</p>	<p><sup>6</sup></p> <p>Chicken Tenders w/ Rice Make-Your-Own Pepperoni &amp; Mozzarella Pizza Bagel</p> <p>Applesauce Fresh Pear Fresh Celery Sticks Choice of Milk</p>	<p><sup>7</sup></p> <p>Four Cheese Pizza Egg Chef Salad w/ Dinner Roll</p> <p>Fresh Strawberry Halves Fruit Punch Juice Spinach Salad Choice of Milk</p>
<p><sup>10</sup></p> <p>Soft Beef Tacos Chicken &amp; Cheese Salad w/ Dinner Roll</p> <p>Fresh Orange Wedges Mixed Fruit Fruit Punch Juice Choice of Milk</p>	<p><sup>11</sup></p> <p>Breaded Chicken Breast Sandwich Romaine Salad w/ Cheese &amp; Dinner Roll</p> <p>Fresh Cantaloupe Fresh Banana Waffle Fries Choice of Milk</p>	<p><sup>12</sup></p> <p>Golden Crispy Bonus Chicken Wings Pretzel, Yogurt &amp; Cheese Pack</p> <p>Fresh Apple Slices Fresh Banana Fresh Celery Sticks Choice of Milk</p>	<p><sup>13</sup></p> <p>Waffles w/ Chicken Sausage Chicken Ham &amp; Cheese Sandwich</p> <p>Applesauce Orange Juice Red Peppers Fresh Choice of Milk</p>	<p><sup>14</sup></p> <p>Four Cheese Pizza Vegetable Baja Salad w/ Dinner Roll</p> <p>Fresh Honeydew Melon Fruit Punch Juice Spinach Salad Choice of Milk</p>
<p><sup>17</sup></p> <p>Breaded Fish Bites w/ Cheez-It Crackers Turkey &amp; Cheese Sub</p> <p>Fresh Orange Wedges French Fries Fruit Punch Juice Choice of Milk</p>	<p><sup>18</sup></p> <p>Hot Dog on a Bun Pretzel, Yogurt &amp; Cheese Pack</p> <p>Fresh Watermelon Cubes Fresh Banana Fresh Baby Carrots Choice of Milk</p>	<p><sup>19</sup></p> <p>Nacho Cheese Walking Taco Vegetable Baja Salad w/ Dinner Roll</p> <p>Fresh Apple Slices Fresh Orange Fresh Zucchini Choice of Milk</p>	<p><sup>20</sup></p> <p>Bacon Cheeseburger Make-Your-Own Pepperoni &amp; Mozzarella Pizza Bagel</p> <p>Applesauce Fresh Pear Half Rainbow Blend Vegetables Choice of Milk</p>	<p><sup>21</sup></p> <p>Four Cheese Pizza Cookie Hummus, Yogurt &amp; Giant Goldfish Crackers</p> <p>Fresh Apple Fruit Punch Juice Spinach Salad Choice of Milk</p>
<p><b>During your spring break, remember to:</b></p> <ul style="list-style-type: none"> <li>• Eat healthy</li> <li>• Stay active</li> <li>• Sleep well</li> <li>• Drink plenty of water</li> </ul>				

Menus are subject to change.



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