Nord School March 2025 Lunch Menu

Menu subject to change without notice

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dr. Seuss' Birthday "ABC" Chicken Nuggets* "Wocket in my Pocket" Veggies "Horton Hears a Who" Hummus "Cat In The Hat" Fruit Choices "Daisy-Head Mayzie" Milk %	WG Tangerine Orange Chicken*^ w/side of rice Sweet Peas Dragon Punch Juice Fruit Choices Milk %	ASH WEDNESDAY WG Macaroni & Cheese*% or WG Mini Corn Dogs*^ Steamed Broccoli Wango Mango Juice Fruit Choices Milk % Wellness Wednesday Snack*	Domino's Pizza *% Leafy Green Salad Grape Tomatoes Fruit Choices Milk % Pudding w/ Topping %	Fish Sandwich*% or WG Mozzarella Sticks%* w/marinara sauce Fresh Veggies w/Ranch^% Fruit Choices Milk %
Cheeseburger on WG Bun* or Hot Dog on WG Bun* Baked Beans Starz Fries Fruit Choices Milk %	Turkey & Gravy*% or Salisbury Steak & Gravy*% Mashed Potatoes Sweet Corn Fruit Choices Dinner Roll* Milk %	Meatball Dunkers w/WG Breadstick* or WG Chicken Tenders* Fresh Veggies w/hummus Fruit Choice Milk % Wellness Wednesday Snack*	Romeo's Pizza *% Leafy Green Salad w/ Chick Peas Fruit Choices Milk % Fruit Crisp*	Staff InService Day
Shamrock Chicken Nuggets* or Meatloaf*% w/dinner roll Smiley Fries Steamed Broccoli Fruit Choices Milk %	TACO TUESDAY Soft Tacos* (w/beef or chicken, & cheese%) Lettuce & Diced Tomatoes Refried Beans Fruit Choices Milk%	WG Mini Corn Dogs *^ or Pulled Pork on a WG Bun* Steamed Broccoli Dragon Punch Fruit Choices Milk % Wellness Wednesday Snack*	Pizza Hut Pizza *% Leafy Green Salad Cucumber Slices Fruit Choices Milk % Pudding w/ Topping %	WG Chicken Patty on WG Bun* or Toasted Cheese Sandwich *%^ Oven Baked Fries Baked Beans Fruit Choices Milk %
WG Macaroni and Cheese*% or WG Mini Corn Dog*^ Seasoned Green Beans Baked Beans Fruit Choices Milk %	WG Pancakes *^ w/ Sausage or Breakfast Sandwich *%^ (egg, cheese & ham on an English Muffin) Wango Mango Juice Hash Brown Fruit Choices Milk %	Beefy Cheesy Nachos % (Beef, cheese, tortilla chips) Sweet Corn Fruit Choices Milk% Wellness Wednesday Snack*	Domino's Pizza *% Leafy Green Salad Grape Tomatoes Fruit Choices Milk % Fruit Crisp*	WG Cheese Quesadilla *% or WG Fiestada*% Salsa Steamed Broccoli Fruit Choices Milk %
Lunch price of \$3.35 includes 5 components: Protein, Grain, Fruit, Vegetable & Milk. Students must choose 3-5 components, one being a fruit or vegetable.	EVERY DAY WE OFFER AN ALTERNATE (MEATLESS) LUNCH THAT INCLUDES ALL 5 COMPONENTS OF A SCHOOL LUNCH	ALLERGENS: * = gluten ^ = egg % = dairy ! = peanut These are ONLY a guide	MARCH IS NATIONAL NUTRITION MONTH! For some fun activities, go to www.myplate.gov/life-stages/kids https://learnmore.us/index.php/ar	WELLNESS WEDNESDAY INFORMATION SCAN HERE:

This institution is an equal opportunity provider

Email Deanne Kelbley, RD, LD, SNS with any questions about the National School Breakfast & Lunch Programs: deanne kelbley@amherstk12.org

The following additional allergens may be used as ingredients on our menu: Soy & Sesame.