

SEVENTH GRADE Social & Emotional Learning PRIORITY STANDARDS

Standard 1: Self-Awareness & Identity

Identify and reflect upon one's thoughts, emotions, behaviors, intersectional identity, and capabilities across situations and environments.

Practice 1B

Understand the stress response system (regulation and dysregulation) and what environments and experiences activate those responses.

Standard 2: Self-Management & Agency

Use management strategies to build personal and collective agency that lead to achieving goals and aspirations.

Practice 2B

Use management strategies while recognizing that various situations and environments may require different approaches for achieving personal and collective goals and aspirations in ways that affirm one's identity.

Practice 2C

Plan, evaluate, and achieve personal and collective goals and aspirations.

Standard 3: Social-Awareness & Belonging

Develop social awareness that fosters a sense of belonging and leads to co-constructing equitable, thriving communities and a vibrant society.

Practice 3B

Apply social skills (i.e., empathy, compassion, etc.) to develop and maintain healthy relationships that collectively achieve mutual goals while affirming identities and perspectives.

Standard 4: Relationship Skills & Collaborative Problem-Solving

Establish and maintain healthy, supportive relationships and effectively navigate diverse settings in order to collaboratively solve problems.

Practice 4D

Restore relationships through actively engaging with others, working collaboratively, and affirming cultural and social perspectives.

Standard 5: Responsible Decision-Making & Curiosity

Demonstrate curiosity and analysis of oneself and society in order to make caring choices that impact personal, social, and collective well-being across situations and environments.

Practice 5A

Demonstrate curiosity and open-mindedness while using critical thinking skills across various situations and environments.

Practice 5B

Make informed choices and identify solutions for personal and social injustices after analyzing all types of information.