

NINTH-TENTH GRADES

Social & Emotional Learning

PRIORITY STANDARDS

Standard 1: Self-Awareness & Identity

Identify and reflect upon one's thoughts, emotions, behaviors, intersectional identity, and capabilities across situations and environments.

Practice 1B	Understand the stress response system (regulation and dysregulation) and what environments and experiences activate those responses.
Practice 1D	Analyze personal and social intersectional identities and positionality, and how they relate to one's interests, purpose, and sense of belonging.

Standard 2: Self-Management & Agency

Use management strategies to build personal and collective agency that lead to achieving goals and aspirations.

Practice 2A	Manage and express thoughts, emotions, impulses, and stressors in ways that affirm one's identity.
Practice 2C	Plan, evaluate, and achieve personal and collective goals and aspirations.
Practice 2D	Develop personal and collective agency by using various forms of communication (i.e. verbal, body language, written, etc.) to make choices and take initiative.

Standard 3: Social-Awareness & Belonging

Develop social awareness that fosters a sense of belonging and leads to co-constructing equitable, thriving communities and a vibrant society.

Practice 3A	Demonstrate awareness and understanding of the similarities and differences that define, influence, and affirm personal and collective identities.
Practice 3C	Foster a sense of belonging that cultivates acceptance, support, inclusion, and encouragement of others within a diverse community, while addressing the impact of systemic injustices across situations and environments.

Standard 4: Relationship Skills & Collaborative Problem-Solving

Establish and maintain healthy, supportive relationships and effectively navigate diverse settings in order to collaboratively solve problems.

Practice 4D	Restore relationships through actively engaging with others, working collaboratively, and affirming cultural and social perspectives.
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Standard 5: Responsible Decision-Making & Curiosity

Demonstrate curiosity and analysis of oneself and society in order to make caring choices that impact personal, social, and collective well-being across situations and environments.

Practice 5A	Demonstrate curiosity and open-mindedness while using critical thinking skills across various situations and environments.
Practice 5C	Anticipate, reflect and evaluate the impacts of one's choices and contributions in promoting personal, family, and community well-being.