



Spencer Public School

Nutrition and Lunch Menus

March 2025

Monday	Tuesday	Wednesday	Thursday	Friday
3 Quick Bread <u>Juice/Fresh Fruit</u> Chicken Tenders Rice Pilaf Peas Peaches Fresh Fruit	4 Pancake on Stick <u>Juice/Fresh Fruit</u> Breakfast for Lunch French Toast/Syrup Sausage Hash Brown Cinnamon Applesauce	5 Cereal/Muffin <u>Juice/ Fruit</u> Cheese Pizza Carrots Pears Fresh Fruit	6 Breakfast Pizza <u>Juice/Fresh Fruit</u> Hot Dogs Sun Chip Baked Beans Strawberries Fresh Fruit	7 Cake Donut Cheese Stick <u>Juice/Fruit</u> Cheese Fries w/Sauce Mixed Veggies Pineapple ALT Meatball Sub
10 Cereal/Donut Rings <u>Juice / Fresh Fruit</u> Nachos Salsa & Sour Cream Applesauce Corn Fresh Fruit	11 Waffle <u>Juice/Fresh Fruit</u> Chicken Soup w/ Cheesy bread stick Peaches Fresh Fruit ALT Cuban	12 Breakfast Pizza <u>Juice/Fresh Fruit</u> Chicken Patty Mixed Veggies Strawberries Fresh Fruit	13 ELEM Jumpstart MS/HS Breakfast Sandwich <u>Juice/Fresh Fruit</u> Spaghetti Bread Stick Steamed Green Beans Mandarin Oranges Fresh Fruit ALT Alfredo Sauce	14 Cinnamon Roll Yogurt <u>Juice/Fresh Fruit</u> Quesadilla Sour Cream & Salsa Spanish Rice Corn Pears ALT Rib Patty
17 Cereal/Frudels <u>Juice/Fresh Fruit</u> Mini Corn Dogs Buttered Noodles Mixed Veggies Peaches Fresh Fruit	18 Pancakes <u>Juice/Fresh Fruit</u> Pizza Carrots Pears Fresh Fruit	19 Breakfast Pizza <u>Juice/Fresh Fruit</u> Popcorn Chicken Sun Chip Broccoli Applesauce Fresh Fruit ALT Baked Potato Bar	20 Breakfast Scrambler Biscuit <u>Juice/Fresh Fruit</u> Turkey n Gravy Mashed Potatoes Green Beans Strawberries ALT Salisbury Steak	21 Long John Cheese Stix <u>Juice/Fresh Fruit</u> Ravioli Bread Stick Peas Pears Fresh Fruit Alt Mac-N-Cheese Bowl
24 French Toast <u>Juice/Fresh Fruit</u> Cheeseburger Curly Fries Baked Beans Applesauce Fresh Fruit	25 Elem- Cereal/Muffin MS/HS- Breakfast Sandwich <u>Juice/Fresh Fruit</u> Chicken Nugget Mashed Potatoes Peaches Carrots ALT Italian Chicken Panini	26 Breakfast Bites <u>Juice/Fresh Fruit</u> Tacos Soft Shell/Chip Corn Strawberries Fresh Fruit ALT Chicken Fajita	27 Breakfast Pizza <u>Juice/Fresh Fruit</u> Sub Sun Chips Roasted Veggies Pears Fresh Fruit	28 No School
31 Cereal/Donut Holes <u>Juice/Fresh Fruit</u> Pizza Peas Peaches Fresh Fruit				

Menu is subject to change without notice. Fresh fruit and veggie bar served daily. Milk is served daily, 1% Skim & Chocolate. Reminder that you are able to fill out the free and reduced application yearly. This is an equal opportunity provider. Breakfast is FREE to all students.