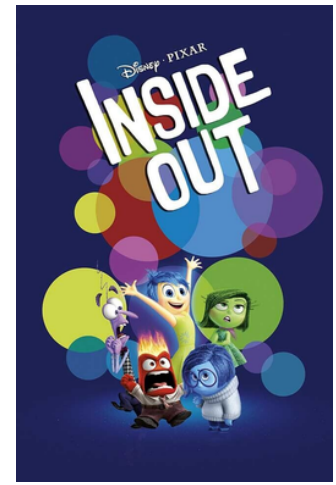


INSIDE OUT

OUR EMOTIONS AND HOW TO NAVIGATE THEM

MARCH 12, 2025 6:30PM-8:30PM
REVERE HIGH SCHOOL AUDITORIUM
FOR ALL AGES



Bring the entire family for a showing of Disney's Inside Out! Following the film, join our professionals for a discussion on the importance of emotion, how to embrace tough emotions and experiences, and resources for healthy and sustainable youth development.

Refreshments will be available from Revere High School's Teen Institute
Proceeds will fund Teen Institute's activities and events.

Panel Members:

Amanda Kostura, MSW, LISW-S (she/they)
Founder & Director
Carve Your Own Path, Inc.

Patricia Shumay
Owner & Director
Shumay Counseling Services



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