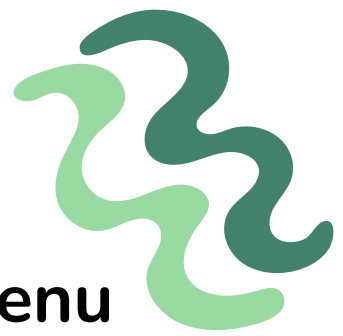






Southgate Community Schools



Elementary Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 CEREAL VARIETY (1) GRAHAM(1) APPLESAUCE CUP(1) CHOICE OF MILK(1)	4 MINI BANANA LOAF (1) TEDDY GRAHAMS (1) 100% FRUIT JUICE(1) CHOICE OF MILK(1)	5 WG BAGEL (2) WOW BUTTER (1) DRIED CHERRIES (1) CHOICE OF MILK (1)	6 STRAWBERRY OATMEAL BAR (1) GO-GURT CUP (1) FRESH APPLE SLICES (1) CHOICE OF MILK (1)	7 CHEF'S CHOICE(1-2) FRUIT OTD(1) 100% FRUIT JUICE(1) CHOICE OF MILK(1)
10 CEREAL VARIETY (1) GRAHAM(1) APPLESAUCE CUP(1) CHOICE OF MILK(1)	11 MINI BLUEBERRY LOAF (1) GRAHAM CRACKER (1) 100% FRUIT JUICE(1) CHOICE OF MILK(1)	12 EGGO GRAHAMS (2) GO-GURT (1) RAISINS (1) CHOICE OF MILK (1)	13 MINI DONUTS (2) CHEESE CUBES (1) FRESH PEAR (1) CHOICE OF MILK (1)	14 CHEF'S CHOICE(1-2) FRUIT OTD(1) 100% FRUIT JUICE(1) CHOICE OF MILK(1)
17 LUCKY CHARMS CEREAL BAR (2) GO-GURT(1) APPLESAUCE CUP(1) CHOICE OF MILK(1)	18 WG APPLE CINNAMON MUFFIN (2) HONEY BUNNY GRAHAM (1) 100% FRUIT JUICE(1) CHOICE OF MILK(1)	19 DICK & JANE GRAHAMS (1) YOGURT CUP (1) APPLE & STRAWBERRY CRUNCHABLE (1) CHOICE OF MILK (1)	20 LEMON BREAD (2) CHEESE STICK (1) CUPPED FRUIT (1) CHOICE OF MILK (1)	21 CHEF'S CHOICE(1-2) FRUIT OTD(1) 100% FRUIT JUICE(1) CHOICE OF MILK(1)
24	25 			
31 CEREAL VARIETY (1) GRAHAM(1) APPLESAUCE CUP(1) CHOICE OF MILK(1)				

NOTES:

- REMEMBER TO CHOOSE UP TO 3 ITEMS AND THAT ONE MUST BE A FRUIT!
(ITEM NUMBERS ARE IN BRACKETS)
- WE PROVIDE 1% WHITE MILK AND FAT FREE CHOCOLATE MILK EVERYDAY!
- STUDENTS CAN TAKE UP TO ONE CUP OF FRUIT FOR BREAKFAST. FRUIT IS PACKAGED IN 1/2 CUP SERVINGS.



DID YOU KNOW MARCH IS:

