

In a time of uncertainty, we are here to help youth in crisis. FREE ONLINE PARENT & PROVIDER FORUMS

We believe in the Power of Connections

Join St. Vincent for our **FREE** online meeting for parents, service providers, and caregivers to share and discuss the best ways to support kids and families in crisis.

These forums are open to everyone, are free of charge, and offer participants the opportunity to share personal struggles and challenges, while care experts and leaders provide tools and support. Topics have included **depression and anxiety, responsibility and awareness, building strong parent and child relationships, and emotional resiliency.**

First & Third Monday Monthly 7:00-8:00pm

Facilited by St. Vincent Home for Children

Program Coordinator Lawson (Cal) Calhoun, M.A., and Licensed Clinical Social Worker Bernice Thompson.

- New topics each forum
- Tips and tools to support youth and families in crisis
- Open communication
- Submit questions in advance

CALL OR EMAIL A QUESTION:

(314) 261-6011 ext. 163, or cal@saintvincenthome.org



JOIN THIS FREE FORUM AND A CHANCE TO WIN \$15 GIFT CARD (Ten \$15 gift cards will be raffled off every month for attending both meetings).

JOIN MEETING

Please do not hesitate to reach out to us if you know of a child or family who needs our help. Learn about our <u>programs</u> or call (314) 261-6011.

We are in this together.

7401 Florissant Road St. Louis, Missouri 63121

(314) 261-6011 saintvincenthome.org