

NUTRITION FACTS

	Case Code	Serving Size	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Calcium % DV*	Iron% DV*	Potassium % DV*	Vitamin C % DV*
DOLE® FRUITOCRACY® - 4.8 OZ.																
Apple <small>Apple Puree, Apple Juice Concentrate, Natural Flavors and Ascorbic Acid (Vitamin C) To Promote Color Retention.</small>	100-38900-03189-0	4.8 oz.	90	0	0	0	0	21	2	19	3	1	2	6	4	35
Apple Banana <small>Apple Puree, Banana Puree, Water, Ascorbic Acid (Vitamin C) To Promote Color Retention, and Citric Acid.</small>	100-38900-03151-7	4.8 oz.	90	0	0	0	0	21	2	19	0	1	0	6	4	35
Apple Pineapple <small>Apple Puree, Pineapple Puree, Apple Juice Concentrate, Natural Flavors, Water and Ascorbic Acid (Vitamin C) To Promote Color Retention.</small>	100-38900-03153-1	4.8 oz.	90	0	0	0	0	21	2	19	0	1	2	6	4	35
DOLE FRUIT BOWLS® IN 100% FRUIT JUICE - 4 OZ.																
Cherry Mixed in 100% Fruit Juice <small>White Grape Juice from Concentrate (Water, White Grape Juice Concentrate), Pineapple, Peaches, Pears, Cherries (Red #3 Color), Lemon Juice from Concentrate (Water, Lemon Juice Concentrate), Natural Flavors, Ascorbic Acid (Vitamin C) To Promote Color Retention, and Citric Acid.</small>	100-38900-02062-7	4 oz.	70	0	0	0	0	15	1	13	0	<1	0	0	2	30
Diced Pears in 100% Fruit Juice <small>Pears, White Grape Juice from Concentrate (Water, White Grape Juice Concentrate), Lemon Juice from Concentrate (Water, Lemon Juice Concentrate), Natural Flavors, Ascorbic Acid (Vitamin C) To Promote Color Retention, and Citric Acid.</small>	100-38900-03019-0	4 oz.	70	0	0	0	0	18	3	14	0	<1	0	0	0	30
Diced Peaches in 100% Fruit Juice <small>Peaches, White Grape Juice from Concentrate (Water, White Grape Juice Concentrate), Lemon Juice from Concentrate (Water, Lemon Juice Concentrate), Natural Flavors, Ascorbic Acid (Vitamin C) To Promote Color Retention, and Citric Acid.</small>	100-38900-03073-2	4 oz.	60	0	0	0	0	14	1	12	0	<1	0	0	2	30
Mandarin Oranges in 100% Fruit Juice <small>Mandarin Oranges, White Grape Juice from Concentrate (Water, White Grape Juice Concentrate), Lemon Juice from Concentrate (Water, Lemon Juice Concentrate), Natural Flavors, Ascorbic Acid (Vitamin C) To Promote Color Retention, and Citric Acid.</small>	100-38900-04208-7	4 oz.	70	0	0	0	0	16	1	14	0	<1	2	0	2	30
Mixed Fruit in 100% Fruit Juice <small>White Grape Juice from Concentrate (Water, White Grape Juice Concentrate), Pineapple, Peaches, Pears, Lemon Juice from Concentrate (Water, Lemon Juice Concentrate), Natural Flavors, Ascorbic Acid (Vitamin C) To Promote Color Retention, and Citric Acid.</small>	100-38900-03065-7	4 oz.	70	0	0	0	0	15	1	13	0	<1	0	0	2	30
Pineapple Tidbits in 100% Fruit Juice <small>Pineapple, Pineapple Juice, Ascorbic Acid (Vitamin C) To Promote Color Retention, and Citric Acid.</small>	100-38900-00419-1	4 oz.	60	0	0	0	0	15	1	14	0	<1	0	0	2	35
Tropical Fruit in 100% Fruit Juice <small>Papaya (Red and Yellow), White Grape Juice from Concentrate (Water, White Grape Juice Concentrate), Pineapple, Clarified Pineapple Juice from Concentrate (Water, Clarified Pineapple Juice Concentrate), Lemon Juice from Concentrate (Water, Lemon Juice Concentrate), Natural Flavors, Ascorbic Acid (Vitamin C) To Promote Color Retention, and Citric Acid.</small>	100-38900-03048-0	4 oz.	60	0	0	0	5	15	1	14	0	<1	0	0	2	30
DOLE FRUIT PARFAITS - 4.3 OZ.																
Peaches & Crème <small>Peaches, Water, Sugar, Coconut Powder, Modified Food Starch, Glucose Syrup, Natural and Artificial Flavors, Phosphoric Acid, Citric Acid, Ascorbic Acid (Vitamin C) To Promote Color Retention, Carrageenan, Casein (A Milk Derivative), Locust Bean Gum, and Beta Carotene (Color).</small>	100-38900-03140-1	4.3 oz.	100	2	1.5	0	10	20	<1	15	11	0	0	0	0	20
DOLE FRUIT IN GEL - 4.3 OZ.																
Mandarins in Orange Gel <small>Water, Mandarin Oranges, Sugar, Carrageenan, Natural and Artificial Flavors, Sodium Citrate, Locust Bean Gum, Fumaric Acid, Calcium Lactate, Malic Acid, Ascorbic Acid (Vitamin C) To Promote Color Retention, and FD&C Yellow #6 (Color).</small>	100-38900-03054-1	4.3 oz.	100	0	0	0	55	24	<1	22	19	0	0	0	0	20
Peaches in Strawberry Gel <small>Water, Peaches, Sugar, Carrageenan, Natural and Artificial Flavors, Locust Bean Gum, Cochineal Extract (Color), Malic Acid, Fumaric Acid, Sodium Citrate, Potassium Citrate and Ascorbic Acid (Vitamin C) To Promote Color Retention.</small>	100-38900-03053-4	4.3 oz.	100	0	0	0	30	24	1	22	20	0	0	0	0	20
DOLE FRUIT BOWLS IN 100% FRUIT JUICE - 7 OZ.																
Mandarin Oranges in 100% Fruit Juice <small>Mandarin Oranges, White Grape Juice from Concentrate (Water, White Grape Juice Concentrate), Lemon Juice from Concentrate (Water, Lemon Juice Concentrate), Natural Flavors, Ascorbic Acid (Vitamin C) To Promote Color Retention, and Citric Acid.</small>	100-38900-74206-2	7 oz.	120	0	0	0	10	34	2	25	0	1	4	0	4	50
Mixed Fruit in 100% Fruit Juice <small>White Grape Juice from Concentrate (Water, White Grape Juice Concentrate), Pineapple, Peaches, Pears, Lemon Juice from Concentrate (Water, Lemon Juice Concentrate), Natural Flavors, Ascorbic Acid (Vitamin C) To Promote Color Retention, and Citric Acid.</small>	100-38900-71924-8	7 oz.	120	0	0	0	5	34	3	23	0	1	0	0	4	50
Sliced Peaches in 100% Fruit Juice <small>Peaches, White Grape Juice from Concentrate (Water, White Grape Juice Concentrate), Lemon Juice from Concentrate (Water, Lemon Juice Concentrate), Natural Flavors, Ascorbic Acid (Vitamin C) To Promote Color Retention, and Citric Acid.</small>	100-38900-71966-8	7 oz.	100	0	0	0	5	34	2	22	0	1	0	2	4	50
Tropical Fruit in 100% Fruit Juice <small>Pineapple, Papaya (Red and Yellow), White Grape Juice from Concentrate (Water, White Grape Juice Concentrate), Clarified Pineapple Juice from Concentrate (Water, Clarified Pineapple Juice Concentrate), Lemon Juice from Concentrate (Water, Lemon Juice Concentrate), Natural Flavors, Ascorbic Acid (Vitamin C) To Promote Color Retention, and Citric Acid.</small>	100-38900-79088-9	7 oz.	110	0	0	0	10	26	2	24	0	<1	2	2	4	50
DOLE FRUIT IN GEL - 7 OZ.																
Mixed Fruit in Black Cherry Gel <small>Water, Sugar, Peaches, Pears, Pineapple, Carrageenan, Cochineal Extract (Color), Malic Acid, Locust Bean Gum, Fumaric Acid, Natural and Artificial Flavors, Sodium Citrate, Potassium Citrate, Caramel Color, and Ascorbic Acid (Vitamin C) To Promote Color Retention.</small>	100-38900-71971-2	7 oz.	150	0	0	0	40	38	2	36	31	0	0	0	2	30

* Percentages based on the daily value of a 2,000 calorie diet.

CASE SPECIFICATIONS

	Pack/Size	Case Dimensions	Case Weight		Case Cube	Per Case Pallet
			Net	Gross		
DOLE GRAB N' GO FRUIT SOLUTIONS						
DOLE Fruitocracy - ALL 4.8 OZ. VARIETIES	50/4.8 oz.	13.125" x 8.750" x 8.375"	18 lb.	25 lb.	0.56	80
DOLE Fruit Bowls in 100% Fruit Juice - ALL 4 OZ. VARIETIES	36/4 oz.	13.125" x 8.750" x 8.375"	18 lb.	25 lb.	0.56	80
DOLE Fruit Parfaits - ALL 4.3 OZ. VARIETIES	36/4.3 oz.	13.125" x 8.750" x 8.375"	18 lb.	25 lb.	0.56	80
DOLE Fruit in Gel - ALL 4.3 OZ. VARIETIES	36/4.3 oz.	13.125" x 8.750" x 8.375"	18 lb.	25 lb.	0.56	80
DOLE Fruit Bowls in 100% Fruit Juice - ALL 7 OZ. VARIETIES	12/7 oz.	13.125" x 8.750" x 8.375"	18 lb.	25 lb.	0.56	80
DOLE Fruit in Gel - ALL 7 OZ. VARIETIES	12/7 oz.	13.125" x 8.750" x 8.375"	18 lb.	25 lb.	0.56	80

Visit dolefoodservice.com for product video overviews and offers or call 800-723-9868 to contact a Dole Representative.



PACKAGED FOODS

SQUEEZABLE FRUIT POUCH

Fruit Bowls®

FRUIT IN 100% FRUIT JUICE • FRUIT IN GEL • FRUIT PARFAITS

GRAB+GO FRUIT SOLUTIONS

Perfect for

CAFETERIAS, KIOSKS, BAGGED LUNCHES, SCHOOLS,
MICRO MARTS/PANTRY AND HEALTHCARE.

GROWING

MENU

POSSIBILITIES

Year-Round®



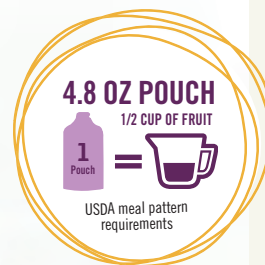
fruitocracy®

SQUEEZABLE FRUIT POUCH

- Simple Ingredients, Full Fruit Flavor
- No Mess, No Prep, No Need for a Spoon
- Shelf Stable, No Refrigeration Required Before Opening
- Convenient, Grab N' Go Packaging, Individually Stamped With "Best By" Date
- Each 4.8 oz. Pouch Credits as ½ Cup Fruit Per USDA Meal Pattern Requirements

Tip **TRY IT!**

**FREEZE YOUR FRUITOCRACY®
POUCHES FOR A REFRESHING
FRUIT SNACK.**



Available IN 3 VARIETIES



APPLE



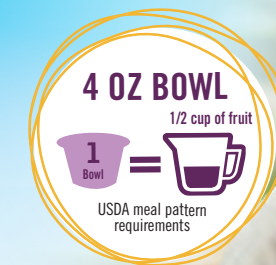
APPLE BANANA



APPLE PINEAPPLE



Fruit Bowls®



- Various Sizes and Fruit Varieties
- Shelf-Stable, No Refrigeration Required Before Opening
- Eye-Catching Graphics, Individually Marked with "Best By" Date
- All 7 oz. Fruit Bowls Include a Fork for Easy On-The-Go Consumption
- All 4 oz. Fruit Bowls in 100% Fruit Juice Credit as ½ Cup Fruit Per USDA Meal Pattern Requirements



CUT TIME, NOT FRUIT



FRUIT IN 100% FRUIT JUICE

SEVEN 4 OZ. VARIETIES

CHERRY MIXED FRUIT
DICED PEARS
DICED PEACHES
MANDARIN ORANGES
MIXED FRUIT
PINEAPPLE TIDBITS
TROPICAL FRUIT

FOUR 7 OZ. VARIETIES
includes FORK

MIXED FRUIT
TROPICAL FRUIT
SLICED PEACHES
MANDARIN ORANGES



FRUIT IN GEL

TWO 4.3 OZ. VARIETIES

MANDARINS IN ORANGE GEL
PEACHES IN STRAWBERRY GEL

ONE 7 OZ. VARIETY
includes FORK

MIXED FRUIT IN BLACK CHERRY GEL



FRUIT PARFAITS

ONE 4.3 OZ. VARIETY
PEACHES & CRÈME



Tip **TRY IT!**

PLACE IN THE OPEN FOR AN
EASY IMPULSE PURCHASE.
RACKS AVAILABLE

IT'S WHAT'S INSIDE *that* MATTERS MOST.