

FOLLOWING DIRECTIONS

Lesson 13

SOCIAL SKILL

Following Instructions for Safety

Behavioral Objective: The children will follow verbal instructions given by the teacher, or another adult, to the instructor's satisfaction.

Directed Lesson:

1. **Establish the Need:** Teacher begins a discussion about the benefits and relevance of the skill. Following instructions is a skill that students will use throughout their lives. In school, students who do not or cannot follow instructions will not remain on the task, will not complete assignments, and as a result, will likely disrupt other students. This will interfere with learning.
2. **Introduction:** The teacher will introduce the skill by saying, "Sometimes you will be given instructions that could save your life if followed correctly or successfully. For example, if our building catches on fire, the fire alarm will sound to warn us to leave the building. It is *very* important that we follow our instructions for getting out of the building quickly, orderly, and safely. When the fire alarm sounds, we will quickly line up and walk out of the building. If everyone follows the instructions successfully, everyone will get out of the building safely."
3. **Identify the Skill Components:** (List on board before class)
 1. Look at the person talking.
 2. Listen to the instructions.
 3. Think about what is being said.
 4. Answer questions.
 5. Follow the oral instructions.
4. **Model the Skill:** Teacher gives specific instructions for lining up. Children then practice the line-up. Next, teacher gives specific instructions for leaving the room, leaving the building, and going quickly and quietly to their designated outdoor area. Children then practice the routine twice.
5. **Behavioral Rehearsal:**
 - A. **Selection:** Teacher selects pairs of children for role play activities.
 - B. **Role Play:** Have children role play situations such as: tying your shoe laces, using the phone (pushbutton), jumping rope, cleaning desks, walking up and down stairs.

Name _____

Date _____

THREE CHEERS FOR SAFETY CUT-OUT BADGE



Safety

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- C. **Completion:** After each role play, reinforce correct behavior, identify inappropriate behaviors, and reenact role play with corrections. If there are no corrections, role play is complete.
 - D. **Reinforcers:** Acknowledge correct behavior with material rewards, verbal praise, non-verbal expressions of approval (i.e., smile, pat, hug), and group reinforcement. Select students to tape a story for the Listening Center.
 - E. **Discussion:** Have the children discuss the merits of following instructions. Ask them to describe what difficulties they might have in listening and following instructions. Discuss what consequences they might have if they don't follow the instructions.
6. **Practice:** Distribute copies of the activity sheet "Grow a Flower" along with crayons or other markers, construction paper and paste. Children will follow instructions given by the teacher, presented on the next page, to complete the flower.
7. **Independent Use:**
- A. Students follow instructions in the lunchroom.
 - B. Students follow instructions for bus safety.
 - C. Students follow instructions of the school crossing guards.
8. **Continuation:** Teachers should continue to point out the need for this skill in virtually every aspect of our lives, as related situations arise.

CHILDREN'S LITERATURE

Solotareff, Gregoire. *Never Trust an Ogre!* New York: Wm. Morrow (Greenwillow), 1988.

Young, Ed. *Lon Po Po: A Red Riding Hood Story from China.* New York: Putnam Pub. Group, 1989.

VERBAL INSTRUCTIONS FOR FLOWER ACTIVITY SHEET

The following are TEACHER'S INSTRUCTIONS for completing, coloring and constructing the flower activity sheet presented on the next page.

Please read these directions slowly to the class. Allow time for each instruction to be completed. Children need activity sheet and construction paper.

1. Get your crayons (watercolors, markers, colored chalk, colored pencils, or whatever you are using) out on your desk.
2. Look at the flower.
3. Color the inside of the circle black or brown.
4. Color the petals of the flower yellow.
5. Color the stem and leaves green.
6. Carefully cut out the parts of the flower.
7. Paste the stem on the construction paper you have been given, but remember, you must leave room at the top of the stem for the flower. The leaves of the stem should point to the top of the page.
8. Paste your flower at the top of your stem.
9. Write your name on the back of your paper.

CHILDREN'S ACTIVITY SHEET

Name _____ Date _____

GROW A FLOWER

Directions: Follow the instructions given by the teacher so that you can complete this flower.

