

joy & gratitude!

Bring It On!

Write a memory you are grateful for on each strip and decorate them as you like. Then, cut each strip out. Next, loop one strip with your gratitude facing outward and tape it closed. Thread the next strip through the first loop and create another loop. Repeat with the rest of the strips. Voila, you've made your gratitude paper chain.

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. On the left side, there is a vertical margin line, creating a narrow left margin. The paper appears to be from a notebook or a standard ruled document.