

# Phoenix Odyssey Charter School March 2025

# **Everyday Breakfast Choices**

Breakfast Round, oatmeal, Cold Cereal, Fruit and Low Fat or Fat Free Milk

## Daily From the Grill

Cheeseburger, Chicken or Spicy Chicken Sandwich, Veggie Burger, Served with Fries or Tots \*Thursday: Bacon Cheeseburger

### Salads & Sandwiches

- \*Mon: Chef Salad, Ham & Cheese Sub
- \* Tues: Garden Salad, American Sub
  - \* Wed: Taco Salad, Italian Sub
- \* Thurs: Crispy Salad, Turkey Wrap
- \*Fri: Chef Salad, PB&J Sandwich

#### Pizza

Every day: Pepperoni, Cheese Mon: BBQ Chicken, Tues: Meat lovers Wed: Sausage, Thurs: Bacon Chicken Ranch

Fri: Hawaiian

### Breakfast and lunch free to all students

Sides offered daily with all lunch choices: seasonal fresh fruit, vegetables, salad greens, and low fat or fat free milk. All grains offered are whole grain.

3/3	3/4	3/5	3/6	3/7
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Pancake on a Stick	Cheese Omelet w/toast	Yogurt Parfait	Homemade Muffin	Ham & Cheese Muffin
Lunch	Lunch	Lunch	Lunch	Lunch
Cheese Quesadilla	Breakfast for lunch	BBQ Rib Sandwich	Chicken Alfredo w/ broccoli	Fish Sticks w/ Fries
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3/10	3/11	3/12	3/13	3/14
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Warm Bagel w/ cream	Pancake Bites	Biscuits & Gravy	Turkey Sausage on a Biscuit	Mini French Toast
cheese	Lunch	Lunch	Lunch	Lunch
Lunch	Turkey Nachos	Orange Chicken w/ Rice	Lasagna Roll Ups	Corn Dog w/ fries
Chicken Parmesan Sandwich	Turkey Nacios	or ange ameken w/ Mee	casagna Kun ops	doi ii bug w/ ii ica
PHICKELL BLINESBIL DBUGMICH				
3/17	3/18	3/19	3/20	3/21
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Waffle w/fruit	Ham & Cheese Muffin	Crunch Wrap	Warm Muffin	Warm Cinnamon Roll
Lunch	Lunch	Lunch	Lunch	Lunch
Meatball Sub	Soft Turkey Taco	Sweet & Sour Chicken w/	Baked Potato w/Chili	Sloppy Joe
Meathall and	Zuit Turkey Tacu		Daked I Diato W/ Cilli	атарру аас
		Rice		
3/24	3/25	3/26	3/25	3/28
SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK
BI KING BILAK	SEKIND DKEAK	DI KINO BILLAK	BI KING BREAK	DI KIND DILAK