


Middle School Menu



Week 1	3/3 Monday	3/4 Tuesday	3/5 Wednesday	3/6 Thursday	3/7 Friday
Breakfast	2ct Poptart (2g) Cereal (25)w/ Power Snacks(7)	Breakfast Burrito (21) Cereal (25)w/ String Cheese	WG Chocolate Donuts (42) Cereal (25)w/ Power Snacks(7)	Pancake Sandwich (16) Cereal (25)w/ String Cheese	Frudel Varies by month (36) Cereal (25)w/ Power Snacks(7)
Lunch	Hamburgers/Cheeseburgers (30)	Wings / Mac & Cheese (31) Turkey & Cheese Munchable (38)	Chicken Tenders (13) or Cheese (35)/Pepperoni Pizza (33)	BBQ Beef Rib Sandwich Turkey & Cheese Munchable (38) Cheese (35)/Pepperoni Pizza (33)	Super Nachos (42) or Cheese (35)/Pepperoni Pizza (33)
Vegetable	French Fries (24)	Green Beans	Sweet Potato Fries (32)	Romaine Caesar	Refried Beans (28) Celery Sticks
					
Week 2	3/24 Monday	3/25 Tuesday	3/26 Wednesday	3/27 Thursday	3/28 Friday
Breakfast	4oz Yogurt/Giant Goldfish Cereal (25)w/ Power Snacks(7)	Breakfast Pizza (31) Cereal (25)w/ String Cheese	Cinnamon Roll (52) Cereal (25)w/ Graham (19)	Confetti Mini Pancakes (36) Cereal (25)w/ String Cheese	Banana Bread (46) Cereal(25) w/ GoGurt(14)
Lunch	Mini Corn Dogs (27) or Cheese (35)/Pepperoni Pizza (33)	Philly Cheesesteak (60) Turkey & Cheese Munchable (38) Cheese (35)/Pepperoni Pizza (33)	Breaded Chx Drum (2) WG Roll (11) or Cheese (35)/Pepperoni Pizza (33)	Orange Chicken (20) Fried Rice (27) or Turkey & Cheese Munchable (38) Cheese (35)/Pepperoni Pizza (33)	Spicy Beef Taco Stick (32) or Cheese (35)/Pepperoni Pizza (33)
Vegetable	Tater Smiles (31)	Steamed Carrots	Baked Beans (26)	Steamed Broccoli	Sliced Cucumbers
Week 3	3/31 Monday				
Breakfast	Breakfast Bar Cereal (25)w/ Power Snacks(7)				
Lunch	Enchiladas (25) or Cheese (35)/Pepperoni Pizza (33)				
Vegetable	Refried Beans (28)				

Offered Everyday at Breakfast:

1% White Milk
Fat Free White Milk
Fat Free Flavored Milk
100% Fruit Juice

Offered Every Day at Lunch:

Fresh Fruit and Vegetable Bar
1% White Milk
Fat Free White Milk
Fat Free Flavored Milk

All meals comply with the National School Breakfast and Lunch Programs for nutrition guidelines.

() Indicates Carbohydrate Count

Menu Subject to change based on availability.

This institution is an equal opportunity provider.