

High School Menu



Week 1	3/3 Monday	3/4 Tuesday	3/5 Wednesday	3/6 Thursday	3/7 Friday	
Breakfast	2ct Poptart (2g) Cereal (25) w/ String Cheese Cottage Cheese/Crackers(see packaging) Protein Pack(muffin 20, craisin-see pack.)	Breakfast Burrito (21) Cereal (25)w/ Power Snack (see packaging) Cottage Cheese/Crackers(see packaging) Protein Pack(muffin 20, craisin-see pack.)	WG Chocolate Donuts (4,2) Cereal (25) w/ String Cheese Cottage Cheese/Crackers(see packaging) Protein Pack(muffin 20, craisin-see pack.)	Pancake Sandwich (16) Cereal (25)w/ Power Snack (see packaging) Cottage Cheese/Crackers(see packaging) Protein Pack(muffin 20, craisin-see pack.)	Frudel Varies by month (36) Cereal (25) w/ String Cheese Cottage Cheese/Crackers(see packaging) Protein Pack(muffin 20, craisin-see pack.)	<u>Offered Everyday at Breakfast:</u> 1% White Milk Fat Free White Milk Fat Free Flavored Milk 100% Fruit Juice <u>Offered Every Day at Lunch:</u> Fresh Fruit and Vegetable Bar 1% White Milk Fat Free White Milk Fat Free Flavored Milk
Rotation Station	Hot Dogs & Chili Dogs WG Bun Chicken Chef Salad(33)	Wings / Mac & Cheese (31) District Chicken Chef Salad(33)	Chix Tenders (13) Dinner Roll(25) Chicken Chef Salad(33)	BBQ Beef Rib Sandwich(13) WG Bun (30) Chicken Chef Salad(33)	Super Nachos (4,2) Recipe Chicken Chef Salad(33)	
Garden Cafe	Ham & Cheese Sub (38)	Ham & Cheese Sub (38)	Ham & Cheese Sub (38)	Ham & Cheese Sub (38)	Ham & Cheese Sub (38)	
Burger Grille Pizza Parlour Vegetable	Burger Grille(31) Pizza Variety(35) French Fries (2,4)	Burger Grille(31) Pizza Variety(35) Green Beans	Burger Grille(31) Pizza Variety(35) Sweet Potato Fries (3,2)	Burger Grille(31) Pizza Variety(35) Romaine Caesar	Burger Grille(31) Pizza Variety(35) Refried Beans (28)	



All meals comply with the National School Breakfast and Lunch Programs for nutrition guidelines.

() Indicates Carbohydrate Count

Menu Subject to change based on availability.

This institution is an equal opportunity provider.

Week 2	3/24 Monday	3/25 Tuesday	3/26 Wednesday	3/27 Thursday	3/28 Friday	
Breakfast	4oz Yogurt/Giant Goldfish (12/19) Cereal (25) w/ String Cheese Cottage Cheese/Crackers(see packaging) Protein Pack(muffin 20, craisin-see pack.)	Breakfast Pizza (31) Cereal (25)w/ Power Snack (see packaging) Cottage Cheese/Crackers(see packaging) Protein Pack(muffin 20, craisin-see pack.)	Cinnamon Roll (52) Cereal (25) w/ String Cheese Cottage Cheese/Crackers(see packaging) Protein Pack(muffin 20, craisin-see pack.)	Confetti Mini Pancakes (36) Cereal (25)w/ Power Snack (see packaging) Cottage Cheese/Crackers(see packaging) Protein Pack(muffin 20, craisin-see pack.)	Banana Bread (4,6) Cereal (25) w/ String Cheese Cottage Cheese/Crackers(see packaging) Protein Pack(muffin 20, craisin-see pack.)	<u>Offered Everyday at Breakfast:</u> 1% White Milk Fat Free White Milk Fat Free Flavored Milk 100% Fruit Juice <u>Offered Every Day at Lunch:</u> Fresh Fruit and Vegetable Bar 1% White Milk Fat Free White Milk Fat Free Flavored Milk
Rotation Station	Mini Corn Dogs (27) Chicken Caesar Salad (39)	Philly Cheesesteak (60) Chicken Caesar Salad (39)	Breaded Chx Drum (2) WG Roll (25) Chicken Caesar Salad (39)	Orange Chicken(20) Fried rice(27) Chicken Caesar Salad (39)	Spicy Beef Taco Stick (32) Chicken Caesar Salad (39)	
Garden Cafe	Chicken Caesar Wrap (55)	Chicken Caesar Wrap (55)	Chicken Caesar Wrap (55)	Chicken Caesar Wrap (55)	Chicken Caesar Wrap (55)	
Burger Grille Pizza Parlour Vegetable	Burger Grille(31) Pizza Variety(35) Tater Smiles (31)	Burger Grille(31) Pizza Variety(35) Steamed Carrots	Burger Grille(31) Pizza Variety(35) Baked Beans (26)	Burger Grille(31) Pizza Variety(35) Steamed Broccoli	Burger Grille(31) Pizza Variety(35) Sliced Cucumbers	

Week 3	3/31 Monday	
Breakfast	Breakfast Bar Cereal w/ String Cheese Cottage Cheese/Crackers Protein Pack	
Rotation Station	Enchiladas	
Garden Cafe Burger Grille Burger Grille Pizza Parlour Vegetable	Buffalo Chicken Salad Buffalo Chicken Wrap Burger Grille(31) Pizza Variety(35) Refried Beans	