

Wallkill Borden Middle School

Welcome to our
Lunch Cafe

3/3/2025 - 3/7/2025

MEATLESS MONDAY

Monday

Tuesday

Wednesday

Thursday

Friday



3 Meltdown Cafe
Grilled Cheese with Bacon
grilled cheese with layers of crisp bacon on toasty bread
Fresh Cucumber Salad
Crispy Potato Puffs
Sliced Oranges

4 Beef and Cheese Quesadilla
melted cheese with homemade fiesta beef folded inside a grilled tortilla
Sour Cream
Mild Salsa
Fiesta Corn
Fresh Grapes

5 Honeyfire Kitchen
Chicken Tenders
Honey fire kitchen chicken tenders with carrot and celery sticks
Vegetable Rice Pilaf
Spiced Roasted Green Beans w/ Parmesan
Pineapple

6 The Works Hot Dog
hot dog on a bun with mustard, sauerkraut, jalapenos, onions and relish
Baked Beans
Tomato Salad
Buttered Corn
Fresh Apple

7 Smokehouse
Chicken Sandwich
bbq chicken breast strips with lettuce, tomato and cheddar on a roll
Oven Baked Fries
Buffalo Cauliflower
Fresh Blueberries

Served with a choice of side salad, variety of fresh fruit and vegetables. Choice of Fat Free Chocolate, 1% or 2% chilled milk



Grilled Cheese Pizza
fresh pizza dough topped with mozzarella & cheddar cheese and baked until crisp

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Offering New Specials EVERY week!

To see our menus visit us at www.fdmealplanner.com

Available Daily: Cheese Pizza, Pepperoni Pizza and Specialty Pizza all featuring whole grain rich pizza dough



Spicy Chicken Melt
Meltdown Café
moist spicy chicken topped with melted cheese inside a warm bread

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Available Daily: Hamburgers, Cheeseburgers, and Chicken Patty Sandwiches



Chicken Caesar Wrap
freshly made tortilla wrap filled with sliced chicken, crisp lettuce, and cheese topped with low-fat Caesar dressing

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Available Daily: Boar's Head Sandwiches, Ham and Cheese, Turkey and Cheese, Cheese Sandwiches on whole grain rich bread.



Crispy Chicken Garden Salad
fresh garden salad topped with baked crispy chicken and served with dinner roll(s)

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fresh garden salad topped with baked crispy chicken and served with dinner roll(s)



Fruity Granola Parfait
Low fat vanilla yogurt layered with fruit and granola

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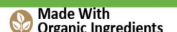
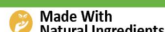
Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes whole wheat dinner roll and your choice of dressings, fruit and milk



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Wallkill Borden Middle School

Welcome to our
Lunch Cafe

3/10/2025 - 3/14/2025

MEATLESS MONDAY
Monday

Tuesday

Wednesday

Thursday

Friday



10 Whole Grain Pancakes with Sausage
light and fluffy pancakes served with a sausage patty
Syrup
Crispy Potato Puffs
Strawberries



11 BBQ Chicken Nachos
crispy nacho tortilla chips with chicken, carrots, tomatoes and cabbage
Sour Cream
Chickpea Salad
Fiesta Corn
Fresh Melon Cup

12 Buffalo Meatball Parmesan Hero
meatballs tossed in tomato and buffalo sauces, topped with melted mozzarella cheese
Sweet Potato Fries
Applesauce

National Meatball Day Observed



13 Wing Shack Chicken Wings
breaded chicken wings baked to perfection
Wing Shack Honey BBQ Chicken Wings
Dinner Rolls
Carrot Sticks
Oven Baked Fries
Fresh Orange

14 Crispy Popcorn Chicken
crispy breaded chicken bites baked to perfection
Orange Sauce
Vegetable Fried Rice
Green Beans
Tomato Salad
Fresh Apple

Served with a choice of side salad, variety of fresh fruit and vegetables. Choice of Fat Free Chocolate, 1% or 2% chilled milk



Broccoli Pizza
freshly prepared in-house cheese pizza topped with broccoli

Pepper & Onion Cheese Pizza
freshly prepared cheese pizza topped with peppers and onions

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Broccoli Pizza
freshly prepared in-house cheese pizza topped with broccoli

Offering New Specials EVERY week!

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Available Daily: Cheese Pizza, Pepperoni Pizza and Specialty Pizza all featuring whole grain rich pizza dough



Cheesy Stuffed Bread Sticks
baked bread sticks filled with melted cheese
Tomato Soup

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Tomato Soup

Available Daily: Hamburgers, Cheeseburgers, and Chicken Patty Sandwiches



Italian Combo Sandwich
freshly sliced cured meat and cheese on a roll topped with crisp lettuce and tomato

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Available Daily: Boar's Head Sandwiches, Ham and Cheese, Turkey and Cheese, Cheese Sandwiches on whole grain rich bread.



Chicken and Strawberry Salad
fresh strawberries with chicken over greens
Fruity Granola Parfait

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fresh strawberries with chicken over greens
Fruity Granola Parfait

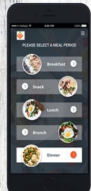
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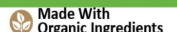
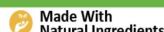
Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes whole wheat dinner roll and your choice of dressings, fruit and milk



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Wallkill Borden Middle School

Welcome to our
Lunch Cafe

3/17/2025 - 3/21/2025

MEATLESS MONDAY
Monday

Tuesday

Wednesday

Thursday

Friday



17 Homemade Mac & Cheese
steamed pasta in cheese sauce, topped with broccoli and baked to perfection 🌱 🥕
Whole Wheat Dinner Roll
Roasted Squash
Cinnamon Applesauce

18 Sloppy Joe Nachos
tortilla chips topped with sloppy joe meat
Yellow Rice
Seasoned Black Beans
Steamed Carrots
Fresh Pear
National Sloppy Joe Day

19 Chicken Bowl with Gravy
chicken layered with mashed potatoes and corn, smothered in gravy 🥕
Buttered Corn
Side Salad
Watermelon Cup

20 French Patty Melt
grilled burger topped with onions with lettuce and tomatoes 🥕
Oven Baked Fries
Chilled Red Pepper Strips
Green Beans
Fresh Apple

21 Yard Bird Classic Chicken Sandwich
a delicious chicken filet on a hearty bun, served with special sauce and a pickle
Crispy Potato Puffs
Sautéed Spinach
Sliced Oranges



Served with a choice of side salad, variety of fresh fruit and vegetables. Choice of Fat Free Chocolate, 1% or 2% chilled milk



Meat Lovers Pizza
freshly made pizza topped with mozzarella cheese, sausage, meatballs and pepperoni
P 🥕

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freshly made pizza topped with mozzarella cheese, sausage, meatballs and pepperoni
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freshly made pizza topped with mozzarella cheese, sausage, meatballs and pepperoni
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Available Daily: Cheese Pizza, Pepperoni Pizza and Specialty Pizza all featuring whole grain rich pizza dough



BBQ Chicken Melt
Meltdown Café
moist chicken covered in tangy BBQ sauce topped with melted cheese inside a warm bread

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Offering New Specials EVERY week!

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Available Daily: Hamburgers, Cheeseburgers, and Chicken Patty Sandwiches



American Combo Sandwich
freshly made sandwich with thinly sliced turkey, ham and cheese P

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freshly made sandwich with thinly sliced turkey, ham and cheese P

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freshly made sandwich with thinly sliced turkey, ham and cheese P

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American Combo Sandwich
freshly made sandwich with thinly sliced turkey, ham and cheese P

Available Daily: Boar's Head Sandwiches, Ham and Cheese, Turkey and Cheese, Cheese Sandwiches on whole grain rich bread.



Chicken Caesar Salad
fresh romaine topped with parmesan cheese, chicken, and croutons with dinner rolls 🥕
Fruity Granola Parfait 🌱 🥕 🥕

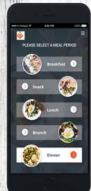
Chicken Caesar Salad
fresh romaine topped with parmesan cheese, chicken, and croutons with dinner rolls 🥕
Fruity Granola Parfait 🌱 🥕 🥕

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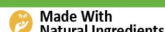
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Wallkill Borden Middle School

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3/24/2025 - 3/28/2025

MEATLESS MONDAY
Monday

Tuesday

Wednesday

Thursday

Friday



24 Pasta with Creamy Tomato Sauce & Chicken
pasta with creamy tomato sauce, chicken and spinach 🌱
Garden Salad
Roasted Squash Applesauce

25 Walking Taco
mexi-style taco meat paired with crispy chips 🌱
Romaine Lettuce
Sour Cream
Mild Salsa
Spicy Four Bean Salad
Steamed Broccoli
Fresh Orange

26 General Tso's Chicken sandwich
crispy chicken in General Tso's sauce served as a sandwich
Sweet Potato Fries
Spiced Roasted Green Beans w/ Parmesan
Fresh Strawberries

27 Chicken Parmesan Sandwich
chicken patty smothered in tomato sauce, topped with melted cheese assembled in-house on a roll
Tomato Salad
Buttered Corn
Fresh Apple

28 Sausage, Egg and Cheese Sandwich
a warm sandwich prepared in-house with savory sausage, fluffy eggs and melted cheese
Side Salad
Crispy Potato Puffs
Fresh Banana



Served with a choice of side salad, variety of fresh fruit and vegetables. Choice of Fat Free Chocolate, 1% or 2% chilled milk



Hand Crafted Buffalo Chicken Pizza
fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp 🌱

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fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp 🌱

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fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp 🌱

Available Daily: Cheese Pizza, Pepperoni Pizza and Specialty Pizza all featuring whole grain rich pizza dough



Pretzel Cheese Sauce

Pretzel Cheese Sauce

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Pretzel Cheese Sauce

Pretzel Cheese Sauce

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Available Daily: Hamburgers, Cheeseburgers, and Chicken Patty Sandwiches



Buffalo Chicken Wrap
warm chicken marinated in Buffalo sauce wrapped in a tortilla with lettuce and tomato 🌱

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warm chicken marinated in Buffalo sauce wrapped in a tortilla with lettuce and tomato 🌱

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warm chicken marinated in Buffalo sauce wrapped in a tortilla with lettuce and tomato 🌱

Available Daily: Boar's Head Sandwiches, Ham and Cheese, Turkey and Cheese, Cheese Sandwiches on whole grain rich bread.



Italian Pizza Salad
tomatoes, carrots, cucumbers, mozzarella cheese and pepperoni on a bed of mixed greens 🌱

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tomatoes, carrots, cucumbers, mozzarella cheese and pepperoni on a bed of mixed greens 🌱

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tomatoes, carrots, cucumbers, mozzarella cheese and pepperoni on a bed of mixed greens 🌱

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tomatoes, carrots, cucumbers, mozzarella cheese and pepperoni on a bed of mixed greens 🌱

Italian Pizza Salad
tomatoes, carrots, cucumbers, mozzarella cheese and pepperoni on a bed of mixed greens 🌱

Fruity Granola Parfait 🌱

Fruity Granola Parfait 🌱

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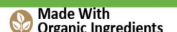
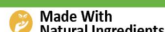
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Wallkill Borden Middle School

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3/31/2025 - 3/31/2025

MEATLESS MONDAY

Monday

Tuesday

Wednesday

Thursday

Friday



31 NY Beef Burger with Bacon & Cheese
NY beef burger topped with cheese and bacon on a freshly toasted bun **P**
Oven Baked Fries
Buffalo Cauliflower
Fresh Blueberries

Served with a choice of side salad, variety of fresh fruit and vegetables. Choice of Fat Free Chocolate, 1% or 2% chilled milk



Pizza with Black Olives **V** **P**

Available Daily: Cheese Pizza, Pepperoni Pizza and Specialty Pizza all featuring whole grain rich pizza dough



Spicy Chicken Sandwich
warm spicy chicken
breaded cutlet prepared in-house

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Ham & Cheese Sandwich
freshly made and thinly sliced ham and cheese on a sandwich **P**

Available Daily: Boar's Head Sandwiches, Ham and Cheese, Turkey and Cheese, Cheese Sandwiches on whole grain rich bread.

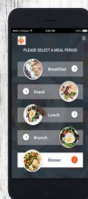


Turkey & Cheese Tortilla Bowl
fresh lettuce and tomatoes topped with slices of turkey and cheese and placed into a homemade tortilla bowl **V**



Fruity Granola Parfait **V** **P** **W**

Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes whole wheat dinner roll and your choice of dressings, fruit and milk



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