

## Self-Awareness

*What do you know  
about yourself?*

## Self-Management

*What is  
something you  
can do to help  
yourself be your  
best?*

## Advocacy and Upstandership

*What do you  
think is the fair  
thing to do?*

## Social Awareness

*In what ways are  
other people  
special?*

## Social Management

*How can you  
show kindness  
to others?*