MARCH 2025





K-5 Lunch Price \$3.50, 6-12 Lunch Price \$3.75 **Reduced Lunch Price \$.40** Alternates are only available to Jr/High School Students since they are Offer vs. Serve

10

17

31



March is National Nutrition Month! To celebrate, try eating at least one new food each week. Keep it interesting by picking out new foods you've never tried before, like mango, lentils, quinoa, kale, or sardines.



14

28

References: Academy of Nutrition & Dietetics, USDA MyPlate

MONDAY

Hot Ham & Cheese on Bun, Potato Wedges, Broccoli, Fruit Cocktail, Fruit (6-12), and Milk

Alternate: Pork Rib on Bun

Cheese Breadsticks w/Marinara Sauce, Corn. Tossed Salad, Kiwi, Canned Fruit (6-12), and Milk Alternate: Grilled Chicken Snd

Chicken Tetrazzini, Garlic Bread, Tossed Salad, Cucumber Slices, Baby Carrots, Apricot Halves, Fresh Fruit (6-12), and Milk

SPRING BREAK

Beef & Bean Burrito, Tortilla Chips (6-12), Salsa, Romaine Lettuce, Corn, Fruit, Canned Fruit **(6-12)**, and Milk

TUESDAY

Pepperoni Pizza, Celery Sticks, Cherry Tomatoes, Orange Slices, Canned Fruit (6-12), and Milk

Alternate: Turkey & Cheese Sub

Super Nachos, Romaine Lettuce, Lentils, Salsa, Mixed Fruit, Canned Fruit (6-12), and Milk

Alternate: Chicken Crispito

Hamburger on Bun, Leaf Lettuce, Tomato Slice, Oven Fries, Red Bell Pepper Strips, Fruit Cup, Canned Fruit (6-12), and Milk

Alternate: Turkey & Cheese

SPRING BREAK

Alternate for Monday:

Plate

WEDNESDAY

18

Taco Burger, Tortilla Chips (6-12), Garden Salad, Leaf Lettuce, Refried Beans, Banana, Canned Fruit (6-12), and Milk Alternate: Popcorn Chicken

Sweet & Sour Chicken Nuggets, Brown Rice, Asian Vegetables, Cherry Tomatoes, Celery Sticks, Tropical Fruit, Fruit (6-12), and Milk Alternate: Yogurt & Muffin

Beef & Noodles, Roll (6-12). Mashed Potatoes, Green Beans, Fresh Grapes, Canned Fruit (6-12), and Milk Alternate: Popcorn CK

SPRING BREAK

THURSDAY

Lasagna, Garlic Bread Stick w/Marinara Sauce, Garden Salad, Baby Carrots, Apple, Cookie, Canned Fruit (6-12), and Milk Alternate: Fruit, Yogurt,

Pulled Pork Snd, Cole Slaw, Baked Beans, Strawberries, Canned Fruit (6-12), and Milk

Parfait

12

19

26

Alternate: Hamburger on Bun

Baked Chicken Drumstick. Rice, Roll, Broccoli, Cherry Tomatoes, Fruit Cup, Canned Fruit (6-12), and

Alternate: Fruit Yogurt Parfait

SPRING BREAK

FRIDAY

Chicken Patty, Roll, Mashed Potatoes, Gravy, Asparagus, Pears, Fruit (6-12), and Milk Alternate: PBJ Snd

Cheeseburger, Leaf Lettuce, French Fries, Green Beans, Pears, Fruit (6-12), and Milk Alternate: PBJ Snd

21 Assorted Pizza, Baked Chips, Cole Slaw, Mixed Fruit, Canned Fruit (6-12), and Milk

SPRING BREAK

13

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Yogurt & Blueberry Muffin

This institution is an equal opportunity provider.

Menu is subject to change without notification.