


TISD Star Academy High School February Menu 2024-2025

Main Line Weekly:				
Monday	Tuesday	Wednesday	Thursday	Friday
<b>Chicken Pasta Bowl</b> (with Marinara or Alfredo Sauce) <b>Beef Meatball Pasta Bowl</b> (with Marinara or Alfredo Sauce) or <b>Cheeseburger or Cheese Stuffed Breadstick Fruit &amp; Yogurt Plate or Peanut Butter &amp; Jelly or Grilled Cheese Sandwich</b> Garlic Toast Green Beans Fresh Garden Salad Parmesan Cheese Fresh & Chilled Fruit Milk	<b>Beef Nacho Bowl or Chicken Fajita Nacho Bowl or Beef Tamales or Pizza by the Slice or Chicken Popper Salad or Peanut Butter &amp; Jelly or Grilled Cheese Sandwich</b> Charro Beans Seasoned Rice Fajita Style Peppers & Onions Salsa & Guacamole Fresh Garden Salad Fresh & Chilled Fruit Milk	<b>**Orange Chicken Rice Bowl</b> <b>**Teriyaki Chicken Rice Bowl</b> <b>*Chicken Eggroll Rice Bowl</b> or <b>Pizza by the Slice or Fruit &amp; Yogurt Plate or Peanut Butter &amp; Jelly or Grilled Cheese Sandwich</b> Steamed Broccoli Carrot Coins Fresh Garden Salad Fresh & Chilled Fruit Good Fortune Frozen Treat Fortune Cookie Milk	<b>Build a Salad Bowl:</b> <b>Turkey Breast or Cheese Cubes With Lettuce and/or Spinach</b> <b>And Choice of the following:</b> Breadstick, Broccoli, Carrots, Cucumber, Garbanzo Beans, Grape Tomatoes, & Croutons, with your choice of dressing or <b>Chicken Popper Salad or Cheeseburger or Cheese Stuffed Breadstick or Peanut Butter &amp; Jelly or Grilled Cheese Sandwich</b> Fresh & Chilled Fruit Gelatin Fruit Treat Milk	<b>Chicken Spicy Bites Bowl w/Roll or Beef Steak Finger Bowl w/Roll</b> New <b>Chicken Tender Bowl w/Roll</b> or <b>Pizza by the Slice or Fruit &amp; Yogurt Plate or Peanut Butter &amp; Jelly or Grilled Cheese Sandwich</b> Mashed Potatoes Golden Corn Country Gravy Fresh Garden Salad Fresh & Chilled Fruit Pudding Treat Milk
Menu Information				
Food Components: Meat/Meat Alternate, Grain, Fruit, Vegetable, Milk	 All lunch rolls, tortillas, pastas, and other bread items contain at least 51% whole grain  Peanut Butter & Jelly Sandwich entrée available daily upon request.	Our unit lunch offer consists of 3 or more components, one must be a fruit or vegetable. Entrée choices are in <b>bold</b> print  <b>Menus highly subject to change.</b>	<b>Student Lunch: \$3.25    *Premium \$3.75    **Premium Plus \$4.00</b>  <b>Adult Lunch: \$4.60    *\$5.10 Premium    **\$5.35 Premium Plus</b>	

**Tomball Star Academy**

Tomball ISD Child Nutrition Services is now using bar code scanners at the serving line point of sale!

A bar code can be scanned on the student's I.D. card, or bar code from the SchoolCafe app can be used .

Each TISD student is provided a student ID number and badge when enrolled in the district. This number also serves as their meal account number. Students are required to use their ID number/badge for every cafeteria transaction



**Students and Parents can get the SchoolCafe app!**



<b>Weekly Breakfast Menu</b>					All Menus Highly Subject to Change
Monday	Tuesday	Wednesday	Thursday	Friday	
<b>New Biscuit &amp; Sausage or Yogurt Meal Kit or Cereal or Pastry</b> Fruit Variety Milk Variety	<b>Egg &amp; Cheese Hashbrown or Yogurt Meal Kit or Cereal or Pastry</b> Fruit Variety Milk Variety	<b>New Breakfast Rolled Taco or Yogurt Meal Kit or Cereal or Pastry</b> Fruit Variety Milk Variety	<b>Chicken &amp; Waffles or Yogurt Meal Kit or Cereal or Pastry</b> Fruit Variety Milk Variety	<b>Glazed Whole Grain Donut or Yogurt Meal Kit or Cereal or Pastry</b> Fruit Variety Milk Variety	
Breakfast: Student - \$2.00 Adult - \$3.10	Our unit breakfast offer includes an entrée (in bold), and choice of sides	(A minimum of 3 menu items must be selected, including 1 serving of fruit; items in bold count towards two items)	🌾 Breakfast cereals and pastries contain at least 51% whole grain.	1% White Milk & Fat-Free Chocolate Milk Offered Daily at Breakfast and Lunch	

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339. To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: 1. **mail:** U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 400 Independence Avenue, SW Washington, D.C. 20250-9410; or 2. **fax:** (833) 256-1665 or (202) 690-7442; or 3. **email:** [Program.Intake@usda.gov](mailto:Program.Intake@usda.gov) This institution is an equal opportunity provider. 12/09/2022

**PAYMENT PROCEDURES** Money may be deposited into student accounts with cash, check, online at [www.schoolcafe.com](http://www.schoolcafe.com) OR through the School Cafe App

**STUDENT CHARGES (BORROWING/GRACE PERIOD)**  
Students may charge meals up to the value of two breakfasts and two lunches (\$10.50 for High School). An automated phone call occurs when a negative balance appears on a student's account. If a student account exhausts the grace period/charge limit, the student must select a peanut butter and jelly or toasted cheese sandwich entrée for lunch and/or a cereal entrée for breakfast until the negative balance is paid. A la Carte items are not available for charging.

**FREE/REDUCED-PRICE MEAL PROGRAM**  
We encourage you to complete the USDA free/reduced price meal application if you feel economic hardship exists. Applications expire each year and must be submitted each year. Applications can be submitted online at [www.schoolcafe.com](http://www.schoolcafe.com) or through the SchoolCafe app on your mobile device to determine if you qualify for benefits. Hardcopy applications may be found at the school's front office, if needed, or at the Child Nutrition office located at 1110 Baker Dr. Tomball, TX 77375. Eligibility decisions are based on federally established income and household size guidelines without regard to race, sex, color, national origin, age, or disability.

**You can apply to qualify for free or reduced priced meals at**  
<https://www.schoolcafe.com/>

Tomball ISD offers a la carte choices to purchase. Money may be deposited into student accounts with cash, check, or online at [www.schoolcafe.com](http://www.schoolcafe.com). Advanced payment is not necessary. A la Carte choices are not available for charging. Contact either your school cafeteria manager or the Child Nutrition Department for information or questions regarding the above payment procedures.

Thank you for choosing Tomball ISD Child Nutrition Department to provide nutritious meals for your child. We consider it an honor to serve our students every day and play an active role in their daily nutrition.

**Now Hiring! Come Work for Tomball ISD Child Nutrition Department !**

Looking for a part-time job with hours that align with the school schedule and also offers benefits? We have 5 hour and 6 hour openings in our school kitchens that allow you to work mornings through early afternoon. Weekends and holidays off just like the school schedule! For more information visit: <https://www.tomballisd.net/about-tisd/departments/child-nutrition/child-nutrition-jobs>

