### March 2025

### Early Excellence Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> Mini-Pancakes 100% fruit juice Low-Fat White Milk	Whole Grain Cereal 100% fruit juice Low-Fat White Milk	Egg Croissant Fresh Fruit Low-Fat White Milk	Mini-Waffle 100% fruit juice Low-Fat White Milk	Whole Grain Cereal Chilled Fruit Low-Fat White Milk
10 Spring Break	11 Spring Break	12 Spring Break	13 Spring Break	14 Spring Break
17 Student Holiday	18 Whole Grain Cereal	19 Egg Croissant	<b>20</b> Mini-Waffle	<b>21</b> Whole Grain Cereal
Student Breakfast: \$1.50 Adult Breakfast: \$3.10	100% fruit juice Low-Fat White Milk	Fresh Fruit Low-Fat White Milk	100% fruit juice Low-Fat White Milk	Chilled Fruit Low-Fat White Milk
24	25	26	27	28
Mini-Pancakes 100% fruit juice Low-Fat White Milk	Whole Grain Cereal 100% fruit juice Low-Fat White Milk	Egg Croissant Fresh Fruit Low-Fat White Milk	Mini-Waffle 100% fruit juice Low-Fat White Milk	Whole Grain Cereal Chilled Fruit Low-Fat White Milk
Mini-Pancakes 100% fruit juice Low-Fat White Milk			Asparagus Season in Texas: March - April Did you know? It takes three years to pick fully-grown asparagus from the time you plant the seed	



#### **Announcements:**

Our unit priced breakfast consists of 3 food components placed on the student's tray

Food Components: Meat/Meat Alternate Whole Grain Fruits, Vegetables Milk

All breakfast cereals and pastries contain at least 51% whole grain.

Families who think they may qualify for free or reduced priced meals can apply at www.schoolcafe.com

Households must reapply every year to maintain free or reduced price meals if eligible

Cash or check deposits to meal accounts are always accepted at the school kitchen





**Menus are Subject to Change** 

Food and Nutrition Division

www.SquareMeals.org

TEXAS DEPARTMENT OF AGRICULTURE **COMMISSIONER SID MILLER** 





Updated 6/6/2024 National School Lunch Program

## March 2025

# Early Excellence Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese Stuffed Breadstick Vegetables, Fruits Milk	<b>4</b> Chicken Quesadilla Vegetables, Fruits Milk	Steak Fingers & Roll Vegetables, Fruits Dinner Roll & Milk	Mini Bagel Pizzas Vegetables, Fruits Milk	<b>7</b> Chicken Sandwich Vegetables, Fruits Milk
10 Spring Break	11 Spring Break	12 Spring Break	13 Spring Break	14 Spring Break
17 Student Holiday  Student Lunch: \$2.50 Adult Lunch: \$4.60	Chicken Quesadilla Vegetables, Fruits Milk	Steak Fingers & Roll Vegetables, Fruits Dinner Roll & Milk	Mini Bagel Pizzas Vegetables, Fruits Milk	Chicken Sandwich Vegetables, Fruits Milk
Breakfast for Lunch! Pancakes, Chicken Patty & Egg Patty Hash Browns, Fruit Milk	25  Bean & Cheese Pupusa  Vegetables, Fruits  Milk	Chicken Nuggets Vegetables, Fruits Breadstick & Milk	Fish Sticks Vegetables, Fruits Milk	Cheeseburger Vegetables, Fruits Milk
<b>31</b> Cheese Stuffed Breadstick Vegetables, Fruits Milk			Asparagus Season in Texas: March - April Did you know? It takes three years to pick fully-grown asparagus from the time you plant the seed	



#### **Announcements:**

Our unit priced lunch consists of all 5 food components placed on the student's tray

> Food Components: Meat/Meat Alternate Whole Grain Fruits, Vegetables Milk

All lunch rolls, tortillas, rice, pastas and other bread items contain at least 51% whole grain.

Families who think they may qualify for free or reduced priced meals can apply at www.schoolcafe.com

Households must reapply every year to maintain free or reduced price meals if eligible

Cash or check deposits to meal accounts are always accepted at the school kitchen





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