March 2025

Intermediate Breakfast

School	Breakfast	Week	2025
Monday		Tuesday	

Monday	Tuesday	Wednesday	Thursday	Friday
	Chicken & Biscuit or Whole Grain Cereal or Mini Waffles or Yogurt Meal Kit Fruits & Milk	Egg & Cheese Croissant or Whole Grain Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk	Chicken & Waffles or Cereal or Mini Waffles or Yogurt Meal Kit Fruits & Milk	Whole Grain Pastry Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk
10	11	12	13	14
Spring Break	Spring Break	Spring Break	Spring Break	Spring Break
17 Student Holiday	18	19	20	21
Student Breakfast: \$1.50 Adult Breakfast: \$3.10 1% White Milk and Fat-Free Chocolate Milk are offered daily.	Chicken & Biscuit or Whole Grain Cereal or Mini Waffles or Yogurt Meal Kit Fruits & Milk	Egg & Cheese Croissant or Whole Grain Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk	Chicken & Waffles or Cereal or Mini Waffles or Yogurt Meal Kit Fruits & Milk	Whole Grain Pastry Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk
Cinnamon Maple Sausage Rolled Taco – New! Whole Grain Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk	Chicken & Biscuit or Whole Grain Cereal or Mini Waffles or Yogurt Meal Kit Fruits & Milk	Egg & Cheese Croissant or Whole Grain Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk	Chicken & Waffles or Cereal or Mini Waffles or Yogurt Meal Kit Fruits & Milk	Whole Grain Pastry Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk



Our unit priced breakfast consists of 3 or more food components, at least one must be a fruit or vegetable

> Food Components: Meat/Meat Alternate Whole Grain Fruits, Vegetables Milk

All breakfast cereals and pastries contain at least 51% whole grain.

Families who think they may qualify for free or reduced priced meals can apply at www.schoolcafe.com

Households must reapply every year to maintain free or reduced price meals if eligible

Cash or check deposits to meal accounts are always accepted at the school kitchen



Asparagus

Season in Texas: March - April Did you know?

It takes three years to pick fully-grown asparagus from the time you plant the seed



Cinnamon Maple Sausage

Mini Pancakes or

Yogurt Meal Kit

Fruits & Milk

Rolled Taco – New! Whole Grain Cereal or

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Menus are Subject to Change

TEXAS DEPARTMENT OF AGRICULTURE COMMISSIONER SID MILLER





Updated 6/6/2024 National School Lunch Program

March 2025

Intermediate Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Penne Pasta & Meatba with Marinara or Cheesy Breadsticks or Fruit & Yogurt Plate Vegetables, Fruits, Mill	or Crispy Chicken Tacos or Chicken Popper Salad Vegetables, Fruits	Beef Steak Fingers or Chicken Drumsticks or Fruit & Yogurt Plate Vegetables, Fruits Milk	Stuffed Crust Pizza (Cheese & Pepperoni) or Chicken Bites or Chicken Popper Salad Vegetables, Fruits Milk	Cheeseburger or Chicken Sandwich or Fruit & Yogurt Plate Vegetables, Fruits, Milk Frozen Friday Fun Treat!
l 0 Spring Break	11 Spring Break	12 Spring Break	13 Spring Break	14 Spring Break
Student Holiday Student Lunch: \$2.75 Adult Lunch: \$4.60 1% White Milk and Fat-Fr Chocolate Milk are offered	vegetables, Fluits	Beef Steak Fingers or Chicken Drumsticks or Fruit & Yogurt Plate Vegetables, Fruits Milk	Stuffed Crust Pizza (Cheese & Pepperoni) or Chicken Bites or Chicken Popper Salad Vegetables, Fruits Milk	Cheeseburger or Chicken Sandwich or Fruit & Yogurt Plate Vegetables, Fruits, Milk Frozen Friday Fun Treat!
Breakfast for Lunch! Pancakes, Chicken Patty & Egg Patty Hash Browns, Fruit Pink Milk Monday!	Cheese Enchiladas or Turkey Soft Taco or Chicken Popper Salad Vegetables, Fruits Milk	Mac & Cheese or Chicken Nuggets or Fruit & Yogurt Plate Tomato Soup, Fruits Vegetables, Milk	Stuffed Crust Pizza (Cheese & Pepperoni) or Steak Fingers or Chicken Popper Salad Vegetables, Fruits Milk	Cheeseburger or Corn Dog or Fruit & Yogurt Plate Vegetables, Fruits, Milk Frozen Friday Fun Treat!
Penne Pasta & Meatbal with Marinara or	ls		Asparagus Season in Texas: March - April	



Announcements:

Our unit priced lunch consists of 3 or more food components, at least one must be a fruit or vegetable

> **Food Components:** Meat/Meat Alternate Whole Grain Fruits, Vegetables Milk

All lunch rolls, tortillas, rice, pastas and other bread items contain at least 51% whole grain.

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Did you know?

It takes three years to pick fully-grown asparagus from the time you plant the seed



Cheesy Breadsticks or

Fruit & Yogurt Plate

Vegetables, Fruits, Milk

Menus are Subject to Change

Food and Nutrition Division

www.SquareMeals.org

COMMISSIONER SID MILLER











March 2025 Intermediate Lunch Window

Ų	Monday	Tuesday	Wednesday	Thursday	Friday
	Cheese Stuffed Breadsticks or Fruit & Yogurt Plate Vegetables, Fruits Milk	Mini Corndogs or Chicken Popper Salad Vegetables, Fruits Milk	Chicken Sandwich or Fruit & Yogurt Plate Vegetables, Fruits Milk	Chicken Bites or Chicken Popper Salad Vegetables, Fruits Milk	Cheeseburger or Fruit & Yogurt Plate Vegetables, Fruits Milk
	10 Spring Break	11 Spring Break	12 Spring Break	13 Spring Break	14 Spring Break
	Student Holiday Student Lunch: \$2.75 Adult Lunch: \$4.60 1% White Milk and Fat-Free Chocolate Milk are offered daily.	Mini Corndogs or Chicken Popper Salad Vegetables, Fruits Milk	Chicken Sandwich or Fruit & Yogurt Plate Vegetables, Fruits Milk	Chicken Bites or Chicken Popper Salad Vegetables, Fruits Milk	Cheeseburger or Fruit & Yogurt Plate Vegetables, Fruits Milk
	24 Cheese Stuffed Breadsticks or Fruit & Yogurt Plate Vegetables, Fruits Pink Milk Monday!	Mini Corndogs or Chicken Popper Salad Vegetables, Fruits Milk	Chicken Sandwich or Fruit & Yogurt Plate Vegetables, Fruits Milk	Chicken Bites or Chicken Popper Salad Vegetables, Fruits Milk	Cheeseburger or Fruit & Yogurt Plate Vegetables, Fruits Milk
	Cheese Stuffed Breadsticks or Fruit & Yogurt Plate			Season in Te	paragus exas: March - April you know?



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Vegetables, Fruits

Milk

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TEXAS DEPARTMENT OF AGRICULTURE **COMMISSIONER SID MILLER**







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