# March 2025

# Elementary Breakfast

13

27

School	Breakfast	Week	2025
Mo	ndav	Tues	dav

Ionday	Tuesday
	4

11

25

### Wednesday

### **Thursday**

#### **Friday**



Our unit priced breakfast consists of 3 or more food components, at least one must be a fruit or vegetable

> Food Components: Meat/Meat Alternate Whole Grain Fruits, Vegetables Milk

All breakfast cereals and pastries contain at least 51% whole grain.

Families who think they may qualify for free or reduced priced meals can apply at www.schoolcafe.com

Households must reapply every year to maintain free or reduced price meals if eligible

Cash or check deposits to meal accounts are always accepted at the school kitchen



Cinnamon Maple Sausage Rolled Taco - New! Whole Grain Cereal or Mini Pancakes or Yogurt Meal Kit

10

17

24

31

Fruits & Milk

**Spring Break** 

daily.

Cinnamon Maple Sausage

Rolled Taco - New!

Whole Grain Cereal or

Mini Pancakes or

Yogurt Meal Kit

Fruits & Milk

Cinnamon Maple Sausage

Fruits & Milk

Rolled Taco - New! Whole Grain Cereal or

Chicken & Biscuit or Whole Grain Cereal or Mini Waffles or C D G Yogurt Meal Kit In Fruits & Milk

**Spring Break** 

Chicken & Biscuit or

Whole Grain Cereal or

Mini Waffles or

Yogurt Meal Kit

Fruits & Milk

5 Egg & Cheese Croissant or Whole Grain Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk

6 Chicken & Waffles or Cereal or Mini Waffles or Yogurt Meal Kit Fruits & Milk

7 Whole Grain Pastry Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk

14

**Spring Break Spring Break** 

21

18 Student Holiday

Chicken & Biscuit or Student Breakfast: \$1.50 Whole Grain Cereal or Adult Breakfast: \$3.10 Mini Waffles or 1% White Milk and Fat-Free Yogurt Meal Kit Chocolate Milk are offered Fruits & Milk

19

26

12

Egg & Cheese Croissant or Whole Grain Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk

Egg & Cheese Croissant

or Whole Grain Cereal or

Mini Pancakes or

Yogurt Meal Kit

Fruits & Milk

**Spring Break** 

20 Chicken & Waffles or Cereal or

Mini Waffles or Yogurt Meal Kit Fruits & Milk

Chicken & Waffles or Cereal or Mini Waffles or Yogurt Meal Kit Fruits & Milk

28

Whole Grain Pastry Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk

Whole Grain Pastry

Cereal or

Mini Pancakes or

Yogurt Meal Kit

Fruits & Milk

#### **Asparagus**

Season in Texas: March - April Did you know?

It takes three years to pick fully-grown asparagus from the time you plant the seed

Mini Pancakes or Yogurt Meal Kit

Menus are Subject to Change

TEXAS DEPARTMENT OF AGRICULTURE **COMMISSIONER SID MILLER** 







Food and Nutrition Division www.SquareMeals.org

## March 2025

Cheesy Breadsticks or

Fruit & Yogurt Plate

Vegetables, Fruits, Milk

# Elementary Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Dr. Seuss Day! Green Eggs & Ham with Pancakes or Chicken Popper Salad Vegetables, Fruits & Milk	Bean & Cheese Pupusa or Crispy Chicken Tacos or Chicken Popper Salad Vegetables, Fruits Milk	Beef Steak Fingers or Chicken Drumsticks or Fruit & Yogurt Plate Vegetables, Fruits Milk	Stuffed Crust Pizza (Cheese & Pepperoni) or Chicken Bites or Chicken Popper Salad Vegetables, Fruits Milk	Cheeseburger or Chicken Sandwich or Fruit & Yogurt Plate Vegetables, Fruits, Milk Frozen Friday Fun Treat!
10 Spring Break	11 Spring Break	12 Spring Break	Spring Break	14 Spring Break
17 Student Holiday Student Lunch: \$2.75 Adult Lunch: \$4.60 1% White Milk and Fat-Fr Chocolate Milk are offered	vegetables, Fruits	Beef Steak Fingers or Chicken Drumsticks or Fruit & Yogurt Plate Vegetables, Fruits Milk	Stuffed Crust Pizza (Cheese & Pepperoni) or Chicken Bites or Chicken Popper Salad Vegetables, Fruits Milk	Cheeseburger or Chicken Sandwich or Fruit & Yogurt Plate Vegetables, Fruits, Milk Frozen Friday Fun Treat!
Breakfast for Lunch! Pancakes, Chicken Patty & Egg Patty Hash Browns, Fruit Pink Milk Monday!	Cheese Enchiladas or Turkey Soft Taco or Chicken Popper Salad Vegetables, Fruits Milk	Mac & Cheese or Chicken Nuggets or Fruit & Yogurt Plate Tomato Soup, Fruits Vegetables, Milk	Stuffed Crust Pizza (Cheese & Pepperoni) or Steak Fingers or Chicken Popper Salad Vegetables, Fruits Milk	Cheeseburger or Corn Dog or Fruit & Yogurt Plate Vegetables, Fruits, Milk Frozen Friday Fun Treat!
<b>31</b> Penne Pasta & Meatbal with Marinara or	ls			paragus Texas: March - April

Did you know?

It takes three years to pick fully-grown asparagus from the time you plant the seed



#### **Announcements:**

Our unit priced lunch consists of 3 or more food components, at least one must be a fruit or vegetable

> **Food Components:** Meat/Meat Alternate Whole Grain Fruits, Vegetables Milk

All lunch rolls, tortillas, rice, pastas and other bread items contain at least 51% whole grain.

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