

Common Sense Ways to Protect Your Children

Common Sense Ways to Protect Your Children



Communicate



Restrict Access



Provide Support



Communication
is the Key

Tiff's Rules of Internet Safety

- ▶ I will not create or share inappropriate content. (Grandma/Grandpa rule)
- ▶ I will not take or share a revealing video/image of myself.
- ▶ I will limit my personal information from being posted publicly online.
- ▶ I will never friend/follow/subscribe/communicate with a stranger online. (Face to Face Rule)
- ▶ I will never meet with anyone in person I met on the internet who is a stranger.
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Should I
create a
photo or
video?

The Grandma and Grandpa Rule and Revealing Images/Videos

Talk to your kids about creating and accessing inappropriate content

Pornography

Self-Made
Child
Pornography

Hate speech

Illegal activities
(drugs,
alcohol)

Offensive
speech

Threats

Bullying

Consequences in the NOW.

DO YOU WANT THIS IMAGE TO BE SHOWN TO THE
ENTIRE SCHOOL?

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What is personal information?



Name



Age



Date of Birth



Where you live



Your location



What you like to do

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What is a stranger?

What is a stranger online?

- ▶ If you haven't met them in person, they are a stranger.
- ▶ "Face to face."
- ▶ Be specific with kids of ALL AGES.
 - ▶ Has my child actually met 1000 people?
 - ▶ Have I?
 - ▶ Who are my kids friends on Roblox? Fortnite?
 - ▶ Who is my child talking to?



The “Mr. Beast” Exception to the Rule

Tiff's Rules of Internet Safety

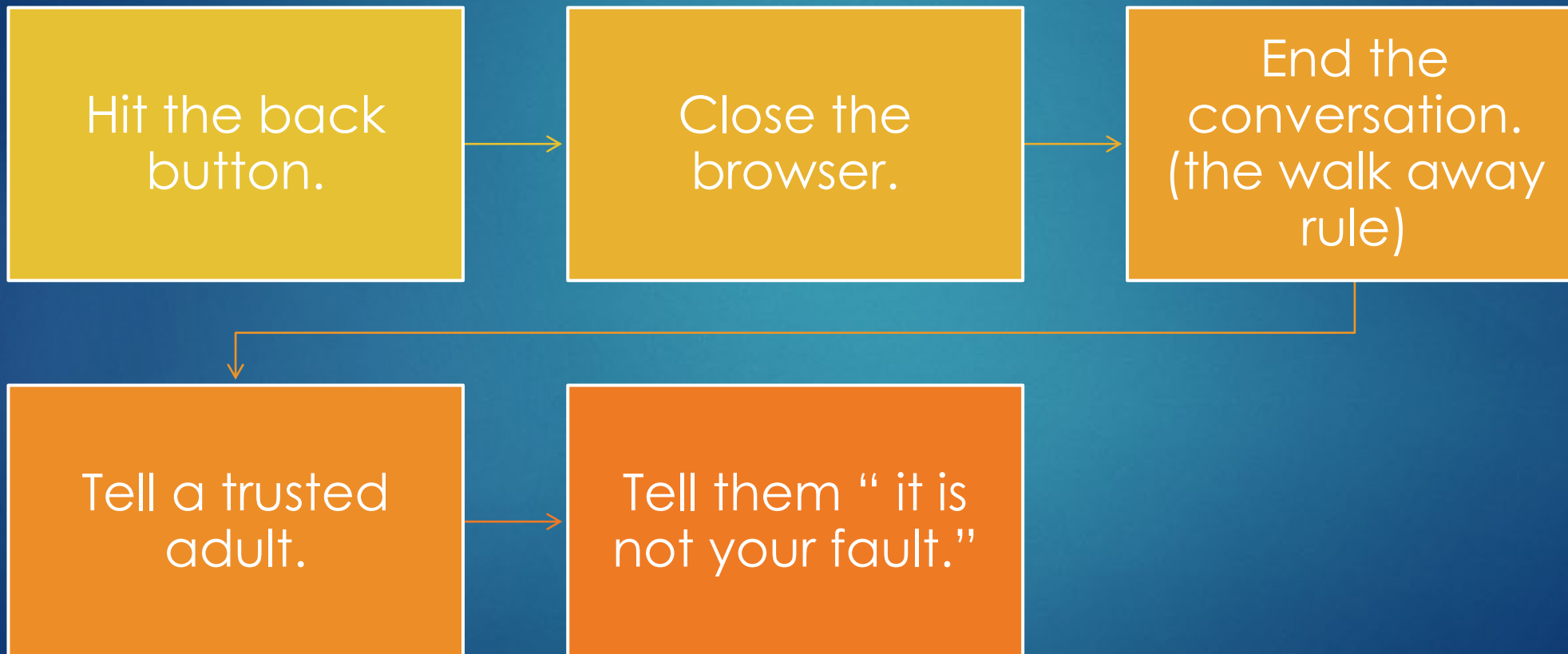
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Talk to your kids about
what to do when things
go wrong

Talk to your kid about what to do if they see inappropriate content.





Don't just
take
away the
game.

Common Sense Ways to Protect Your Children



Communicate



Restrict Access



Provide Support

Restrict Access



Go Old School



Charge in Central Locations



Restrict Access to Apps



Restrict Access Within Apps



Screen Time



Trust, but Verify (aka Spy)



Set Clear Consequences

These crimes are committed against your children when they are at home and oftentimes, when you are also at home.

Go old school

THE 3 B'S– NO BEDROOMS, NO BATHROOMS, NO BASEMENTS.
YOU HAVE TO BE ABLE TO SEE AND LISTEN TO WHAT THEY ARE SEEING
AND DOING.



Charge in
Central
Locations that
they Can't
Access when
you're asleep.

Restrict Access



Go Old School



Charge in Central Locations



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Restrict Access Within Apps



Screen Time



Trust, but Verify (aka Spy)



Set Clear Consequences

I OWN THE DEVICE.

ESTABLISH DOMINION AND CONTROL.



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Common Sense Media

January 9, 2023

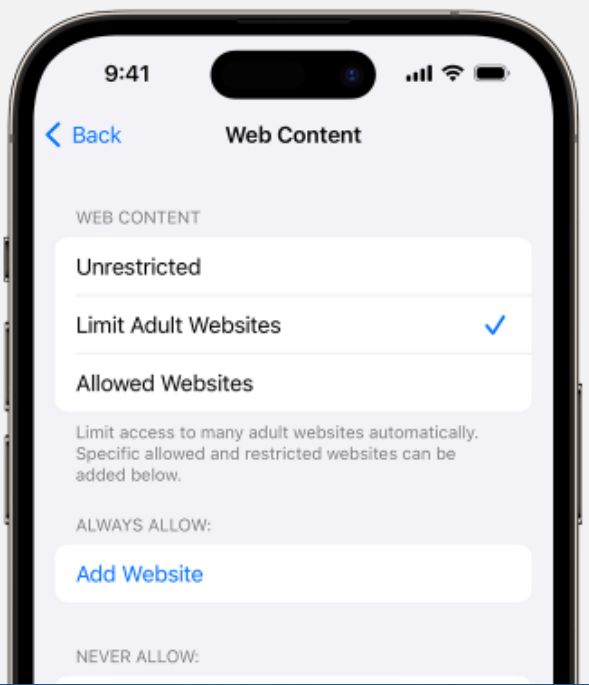
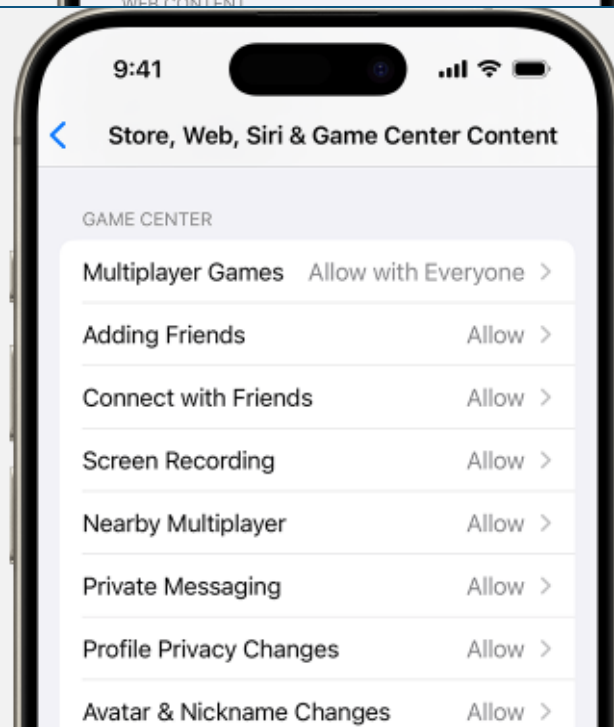
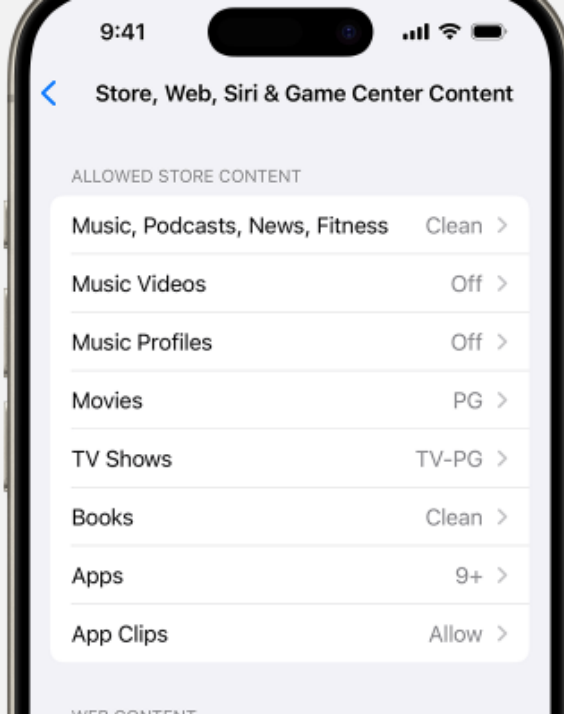
How to Block Pornography on Your Child's Devices

Parents and caregivers can use these tools to limit adult videos and images on phones, tablets, and computers.

Topics: [Cellphones and Devices](#) [Online Safety](#) [Parental Controls](#) [Sex, Gender, and Body Image](#)



Restrict Access



Restrict Access to Apps

Install Monitoring Software



Family Link

Bark

Aura

Mspy

Norton

Restrict Access



Go Old School



Charge in Central Locations



Restrict Access to Apps



Restrict Access Within Apps



Screen Time



Trust, but Verify (aka Spy)

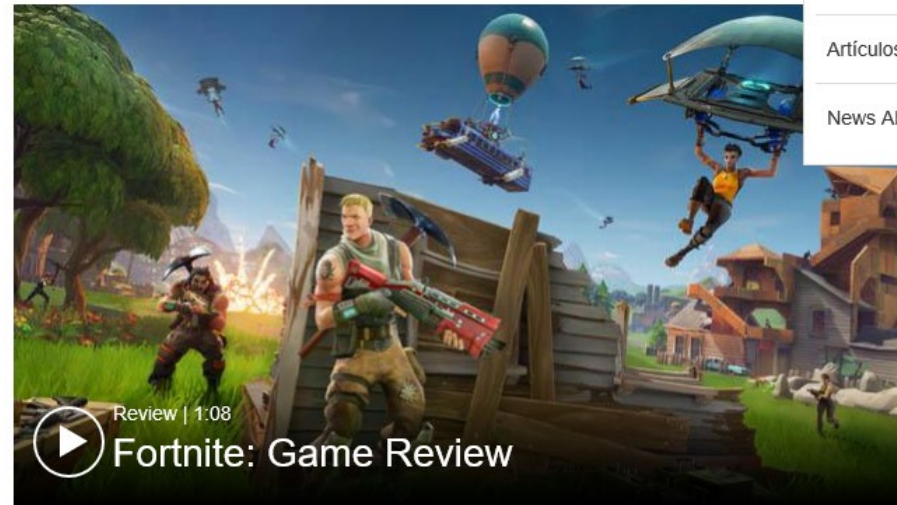


Set Clear Consequences

- ▶ Do your homework.
- ▶ Don't always say no, say later (build trust).

Topics: [Screen Time](#), [Violence in the Media](#)

[Ver en español](#)



The *Fortnite* frenzy seemed to come out of nowhere – almost as if it dropped from a party bus in the sky. And now many parents are taking notice of this rollicking game where players fight to the death. With *Fortnite*'s millions of players and sudden success, you might be wondering: What's it all about – and is it OK for my kids?

This survival-action game is a bit like what you'd get if you combined a sandbox-building game like *Minecraft* with an action shooter like *Call of Duty*. On one hand, it's getting major points with kids and parents alike for building teamwork and thoughtful collaboration. On the other hand, it's a combat-based game with tons of guns and violence.

For Parents & Caregivers

For Advocates

Artículos en español

News About Kids

Most Discussed

Most Shared

55
comments

19
comments

5
comments

4
comments

4
comments



Common Sense Media

February 8, 2024

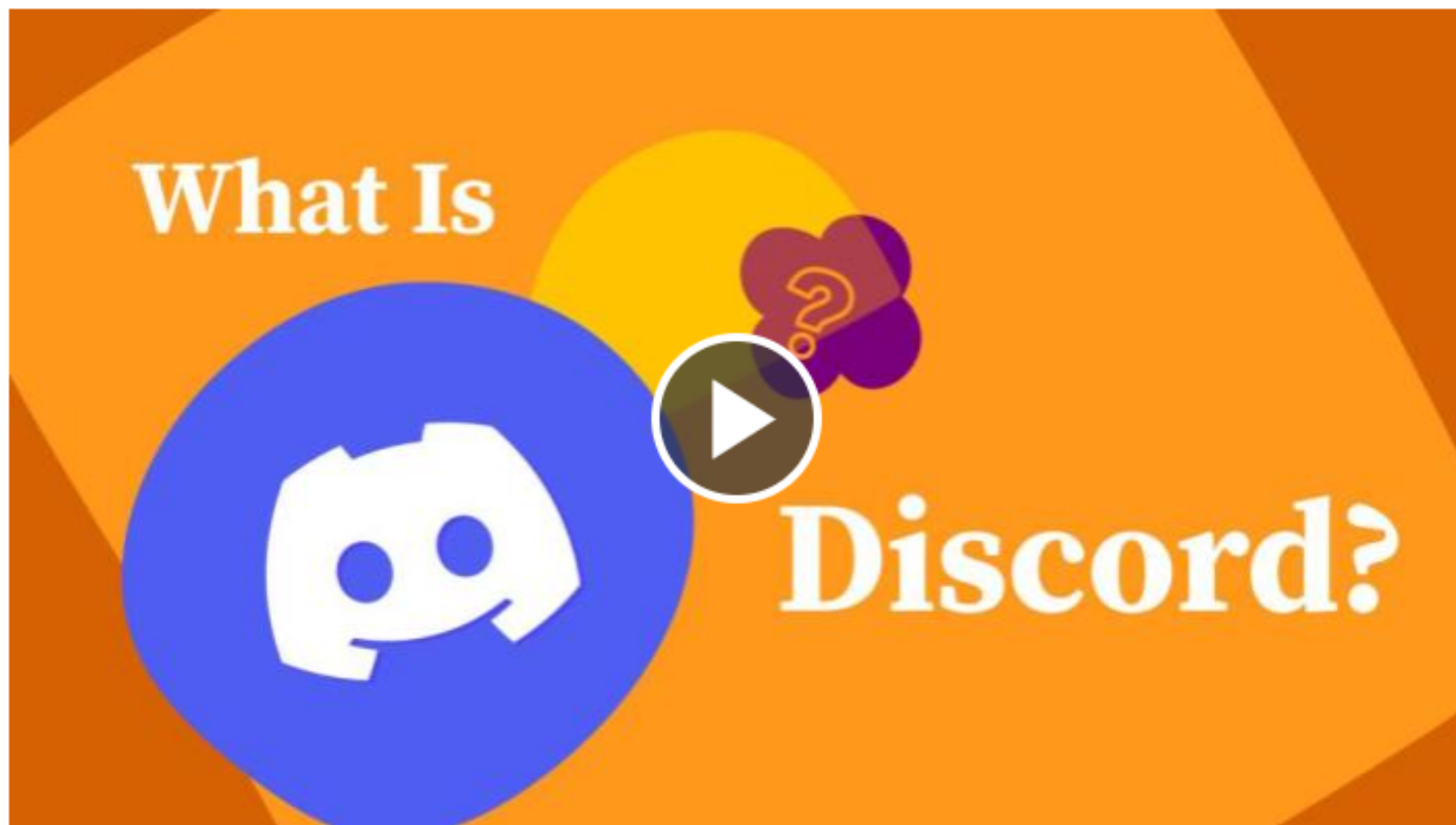
Parents' Ultimate Guide to Discord (2024)

Is Discord safe? How does it work? Here's everything you need to know about this popular chat app.

Topics:

Gaming

Online Safety



What is Discord?

are Robux?

Topics:

Gaming

Online Safety



[What is Roblox?](#)

[What age is Roblox for?](#)

[What are Robux?](#)

[How much does Roblox cost?](#)

[Are there parental controls for Roblox?](#)

heavily filtered. Roblox also employs human monitors who keep an eye out for inappropriate language and content. However, even with the monitors and filtered chat, people have figured out ways to bypass this, so knowing who you're talking to is vital for safe interaction.

What are "ODers" in Roblox?

"OD" stands for "online dater." These are folks who join social networks, including gaming sites like Roblox, to find romantic partners. Games on Roblox can even be designed expressly for ODers. Roblox doesn't explicitly forbid ODers, and ODers aren't necessarily preying on kids. (They may be solely looking for other ODers.) Roblox's monitors look out for inappropriate conversations and content. And its community rules prohibit chat that's sexual in nature. Keep in mind that sexually explicit chat can still happen and move over to other parts of the platform.

If your kid wants to use Roblox, it's critical that you review online safety, such as how to identify potential predators, how to report and block users, and how to spot "grooming" behavior, which predators use to get their victims to trust them.

Are sexual predators a big problem on Roblox?

There are predators on Roblox, as there are on many popular social networks. Predators take advantage of Roblox's easily accessible chat to target their victims. (All you have to do is sign up for Roblox to start chatting, and the Chat & Party window is featured on nearly every page of the site.) Roblox uses human monitors as well as technology to weed out those with bad intentions, but they still crop up occasionally.

To avoid being contacted by a predator, and to play as safely as possible, kids should enable the most

Restrict access- Gaming

- ▶ Check settings particularly on multiplayer games
- ▶ Play the game (yeah, right)
- ▶ Filter Mature Language
- ▶ Limit Players
- ▶ Turn off chat features
- ▶ Keep gaming systems where you can see and hear them (no headphones)



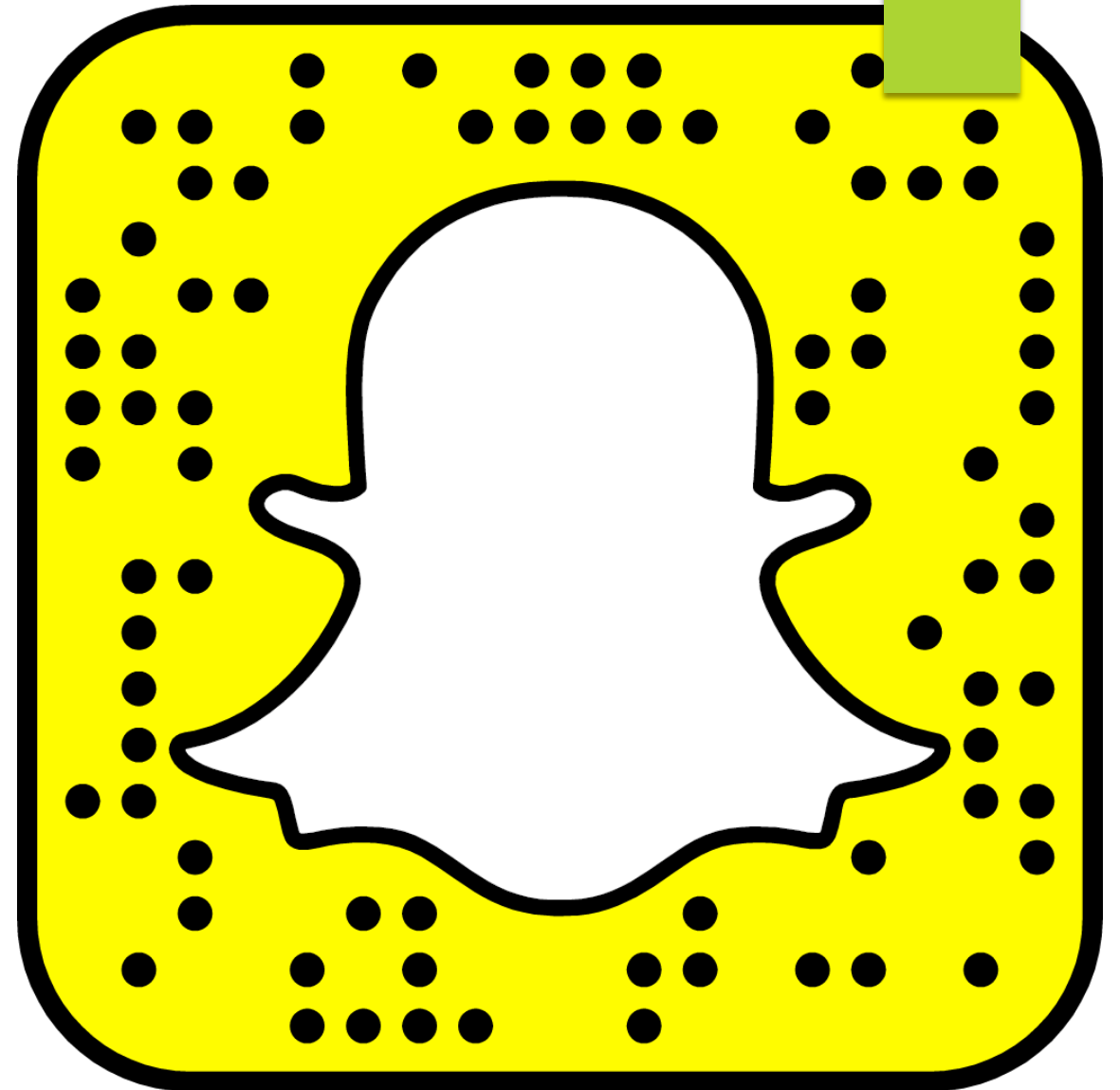
Restrict access

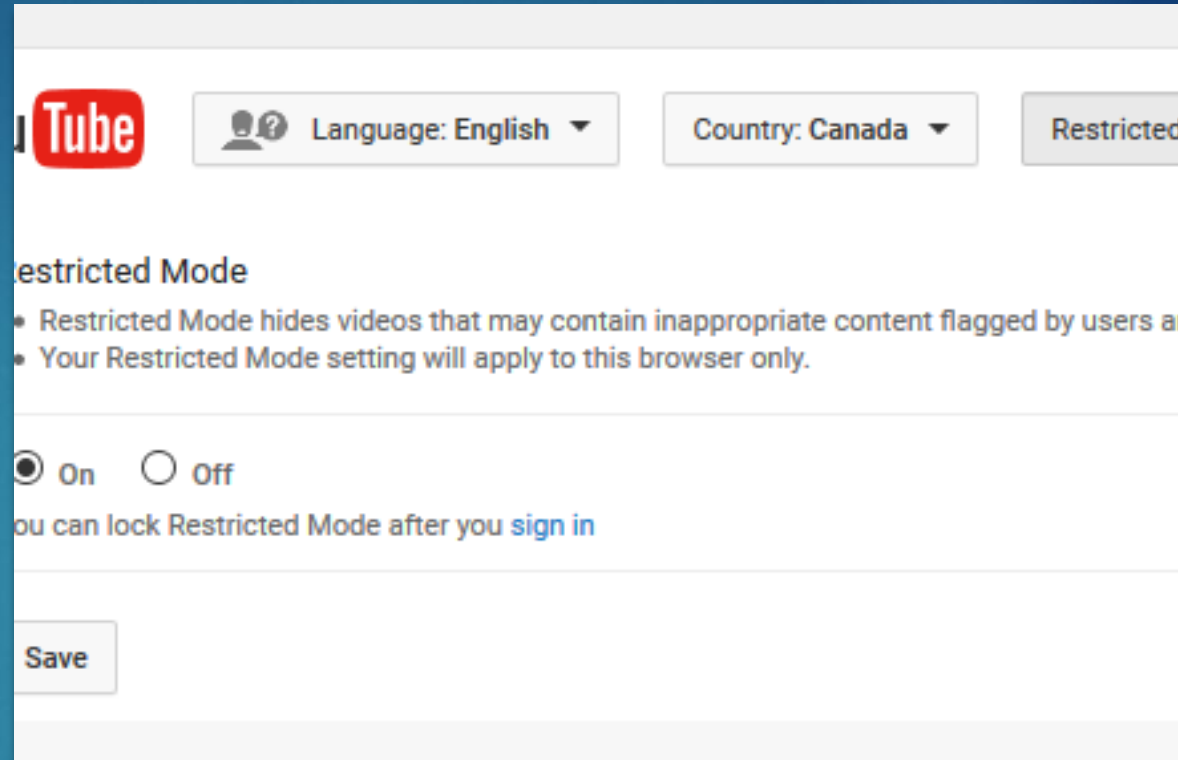
- ▶ Use Instagram's Safety Features
- ▶ Use parental controls
- ▶ Purge unknowns
- ▶ Enable private accounts
- ▶ Take off geotagging
- ▶ Take off location sharing
- ▶ Gabb watches, etc.



Restrict access

- ▶ So easy to abuse– WAIT.
- ▶ Monitor
- ▶ Monitor Story (24 hours)
- ▶ **NO SnapMap**
- ▶ Limit Snapstreaks
- ▶ Focus on privacy settings
- ▶ WAIT.





Restrict access

SET UP PARENTAL CONTROLS

Restrict Access



Go Old School



Charge in Central Locations



Restrict Access to Apps



Restrict Access Within Apps



Screen Time



Trust, but Verify (aka Spy)



Set Clear Consequences

Limit Wi-Fi Access when You're Asleep

- ▶ Crimes Committed at times parents not home (3-5 p.m.)
- ▶ Or asleep.



Restrict Access



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Charge in Central Locations



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Restrict Access Within Apps



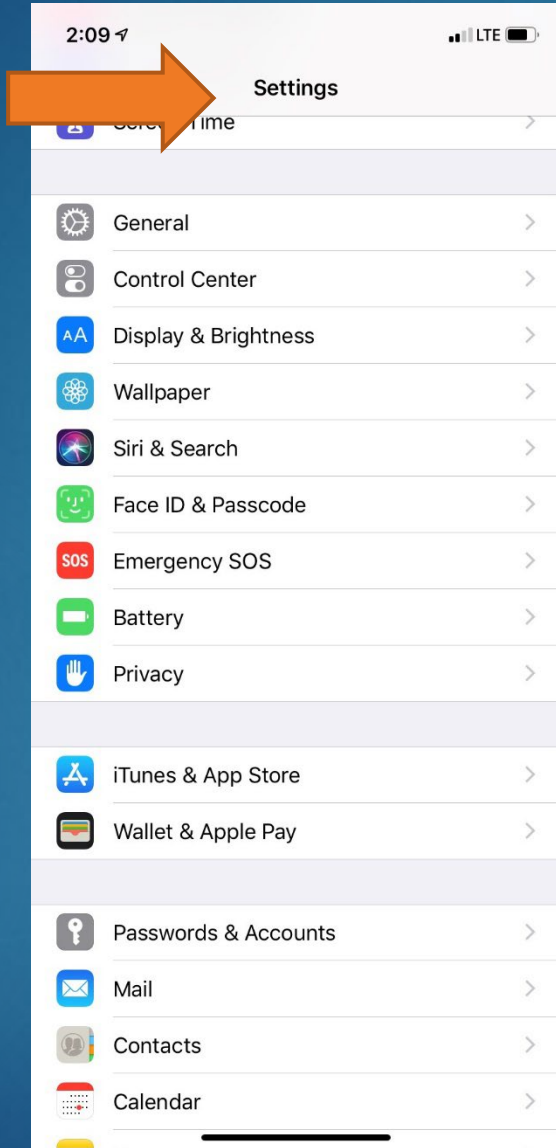
Screen Time



Trust, but Verify (aka Spy)



Set Clear Consequences



Verify

Friend and
Follow your
Kids

Play the Game

Install
Monitoring
Software

Ban Passwords,
Punish Fake
Accounts

Look at their
browser history

Look when you
think they
aren't looking

Talk to their
Friends'
Parents

Look at their
apps (the
battery trick)

Report, Block,
Repeat

Restrict Access



Go Old School



Charge in Central Locations



Restrict Access to Apps



Restrict Access Within Apps



Screen Time



Trust, but Verify (aka Spy)



Set Clear Consequences

<u>What is Screen Time?</u>	<u>How much of this Screen time During the week?</u>	<u>How much of this Screen Time on Weekend?</u>	<u>Exceptions</u>
<ul style="list-style-type: none"> • Long form content on your device (movies, videos over 15 minutes on your device) • Gaming on TV • Gaming on Device • Apps on Device • Direct or Text Messaging Friends and Family • Using Apps (Pinterest) 	2 hours per day	3 hours per day	<p>You may ask to earn additional time, but you will not always get permission.</p> <p>Sleepovers, family visits, holidays, vacations</p> <p>When both parents agree (you must ask both)</p>
<ul style="list-style-type: none"> • Short form content on your device or TV (such as YouTube Shorts or videos less than 15 minutes long, <u>scrolling</u> on apps) 	20 minutes per day	30 minutes per day	<p>Sleepovers, family visits, holidays, vacations</p> <p>When both parents agree (you must ask both)</p>
<u>What is NOT Screen Time?</u>			
<ul style="list-style-type: none"> • Watching a movie or other long form content on TV. (Movies/videos over 15 minutes) • Mental Health apps • Facetiming or calling friends and family • Homework on your device 	No limit with parent permission (taking into account family time, homework, plans, school, and extracurricular obligations)	No limit with parent permission (taking into account family time, homework, plans, school, and extracurricular obligations)	No limit with parent permission (taking into account family time, homework, plans, school, and extracurricular obligations)

Device Rules:

- I understand that I will be allowed to finish a game cycle.
- I will not take or use devices in my bedroom without permission.
- I will tell my parent how much screen time I have used.
- I will do my homework first unless permission from parent.
- I may watch TV, but I understand no devices before 7 a.m.
- I will ask for permission before you buy anything on your device.
- I will NEVER use my device in a bathroom.
- These rules follow me to my friends' homes.
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Every kid is
different.

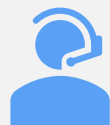
Common Sense Ways to Protect Your Children



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Provide Support

Tell them you will help
them no matter what.

Give them a trusted
adult.



I just didn't
want my dad
to be
disappointed
in me.

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