

Hopkinton MS Menu: MARCH 2025

All students will be offered all of the items listed below and have to choose at least 3 of the items listed; 1 choice must be 1 full serving of a fruit, vegetable or a combination of both. A student may opt to choose all menu items listed, but on a “choice of” day, students will be limited to one main entrée item. Menus are subject to change without notice due to item availability.

Fresh, chilled and/or dried fruit and a choice of 8oz milk (1% white & fat free chocolate milk) are all offered daily with meals

*All meals meet the new nutrition standards set forth by the Healthy, Hunger-Free Kids Act of 2010.

*Free/Reduced lunch applications may be submitted at any time throughout the school year. Food allergies must be documented with the school nurse and Food Service Director.

Student Breakfast: \$0.00 Student Lunch: \$0.00 Milk Only: \$.75 Non-reimbursable Meal: \$3.50 Adult Breakfast: \$2.00 Adult Lunch: \$5.50
Available Daily: Deli Bar, Pre-Made Salads/Wraps/Sandwiches, Hot Slide Items *(View Alternative Meal Menu for Weekly Selections)*

Please regularly view menus on [MealViewer](#) for updates, nutritional information and allergy alerts

Alternate Menu Week #	Monday	Tuesday	Wednesday	Thursday	Friday
#1	3. Chicken Tenders Assorted Dipping Sauces Sweet Potato Fries	4. <i>Mardi Gras</i> Chicken & Sausage Jambalaya Cajun Green Beans “Beignets”	5. Pizza by the Slice; Cheese, Pepperoni or Peppers & Onion Italian Chickpea Pasta Salad	6. Mac n’ Cheese; Plain or Buffalo Chicken Side Spinach Salad Garlic Knot	7. Mini Pancakes Chicken Sausage Links Harvest Home Fries
Veg. Entree	Veggie Nuggets	Veggie Griller Burger	Cheese or Veg. Pizza	Plain Mac n’ Cheese	Pancakes + 4oz Yogurt
#2	10. Meatball Sub Roasted Broccoli	11. Popcorn Chicken Bowl Buttermilk Biscuit	12. Stuffed Crust Pizza; Cheese, Pepperoni or BBQ Chicken Fiesta Corn & Black Beans	13. Mandarin Chicken Asian Fried Rice Ginger Carrots Fortune Cookie	14. K-12 Early Release <i>Pre-Ordered Lunch Available</i>
Veg. Entree	Veggie Meatball Sub	Veggie Nugget Bowl (no gravy)	Cheese Pizza	Crispy Tofu	
#1	17. St. Patty’s Day Irish Nachos Mexican Black Beans Corn Muffin	18. Chicken & Broccoli Alfredo Cheese Filled Breadstick Pesto Vegetable Medley	19. Pizza by the Slice; Cheese, Pepperoni, Hawaiian Mexican Street Corn	20. Cheeseburger Deluxe Onion Rings	21. Chicken Nugget Combo Assorted Dipping Sauces Side Greek Salad
Veg. Entree	Black Bean Nachos	Broccoli Alfredo	Cheese Pizza	Veggie Burger Deluxe	Veggie Nugget Combo
#2	24. Pizza Maxx Sticks Marinara Sauce Broccoli & Cauliflower Polonaise	25. Steak n’ Cheese Sub Sauteed Onions & Peppers Roasted Sweet Potato Wedges	26. French Bread Pizza: Cheese or Pepperoni Garlic Parmesan Carrots	27. Dutch Waffle Chicken Sausage Links Tater Tots Homemade Berry Sauce	28. Chicken or Eggplant Parmesan Tomato Basil Pasta Side Caesar Salad
Veg. Entree	Main Entree	Veggie Griller Burger	Cheese Pizza	Waffle + 4oz Yogurt	Eggplant Parmesan
#1	31. No School Today				