

Hopkinton K-5 Lunch Menu: MARCH 2025

All students will be offered all of the items listed below and will have the choice to choose at least 3 of the items listed; 1 choice must be 1 full serving of a fruit, vegetable or a combination of both. A student may opt to choose all menu items listed, but on a “choice of” day, students will be limited to one main entrée item. Menus are subject to change without notice due to item availability.

Fresh, chilled and/or dried fruit, raw veggies, and a choice of 8oz milk (1% white & fat free chocolate milk) are all offered daily with meals

*All meals meet the nutrition standards set forth by the Healthy, Hunger-Free Kids Act of 2010.

*Free/Reduced lunch applications may be submitted at any time throughout the school year.

Food allergies must be documented with the school nurse and the Food Service Director, email mcondakes@hopkinton.k12.ma.us

Student Breakfast: \$0.00

Student Lunch: \$0.00

Milk Only: \$.75

Adult Lunch: \$5.50

Alternate Entrees: See “Alternative Entree Menu” for weekly selections.

Please regularly view menus on [MealViewer](#) for updates, nutritional information and allergy alerts

Alternate Menu Week #	Monday	Tuesday	Wednesday	Thursday	Friday
#1	3. “Fried” Chicken Drumstick Stuffing Garlic Parm Carrots	4. Pasta with Spaghetti Sauce Cheese Stuffed Breadstick Side Garden Salad w/Italian	5. Pizza by the Slice; Cheese or Pepperoni Italian Green Beans	6. Chicken Tenders Assorted Dipping Sauces Smiley Fries	7. Hamburger or Cheeseburger Homemade Baked Beans Lay’s Potato Chips
Veg.Entree	Vegan “Chick” Patty Sandwich	Main Entree	Cheese Pizza	Veggie Nuggets	Veggie Griller burger
#2	10. Mini Pancakes Chicken Sausage Links Crispy Tater Tots 100% Juice Cup	11. Meatball Sub Sweet Potato Fries	12. French Bread Pizza; Cheese or Pepperoni Fiesta Corn	13. Chicken Nugget Combo Assorted Dipping Sauces Honey Glazed Carrots	14. <i>K-12 Early Release</i> Pizza Crunchers Side Southwest Salad
Veg.Entree	Pancakes + Yogurt	Veggie Meatball Sub	Cheese Pizza	Veggie Nugget Combo	Main Entree
#3	17. <u>St. Patty’s Day</u> Irish Nachos Corn Muffin Mexican Black Beans	18. Mandarin Chicken Asian Fried Rice Ginger Carrots Fortune Cookie	19. Pizza by the Slice; Cheese or Pepperoni Cheesy Broccoli	20. Mac n’ Cheese Side Caesar Salad Garlic Knot	21. Chicken Tenders OR Fish Sticks Assorted Dipping Sauces Curly Fries
Veg.Entree	Black Bean Nachos	Crispy Tofu	Cheese Pizza	Main Entree	Veggie Nuggets
#1	24. Pizza Maxx Sticks Side Garden Salad w/Italian	25. French Toast Sticks Egg Omelet Harvest Home Fries 100% Juice Cup	26. Cheese Pizza Bagel Italian Chickpea Pasta Salad	27. Chicken Patty Sandwich Sweet Potato Fries	28. All Beef Hot Dog OR Crispy Fish Sandwich Buttered Corn Fresh Baked Cookie
Veg.Entree	Main Entree	Main Entree	Main Entree	Vegan “Chick” Patty Sandwich	Veggie Hot Dog
#2	31. No School Today				