

Hopkinton HS Menu: MARCH 2025

3 All students will be offered all of the items listed below and have to choose at least 3 of the items listed; 1 choice must be 1 full serving of a fruit, vegetable or a combination of both. A student may opt to choose all menu items listed, but on a “choice of” day, students will be limited to one main entrée item. Menus are subject to change without notice due to item availability.

Fresh, chilled and/or dried fruit, raw veggies, and a choice of 8oz milk (1% white & fat free chocolate milk) are all offered daily with meals

*All meals meet the new nutrition standards set forth by the Healthy, Hunger-Free Kids Act of 2010.

*Free/Reduced lunch applications may be submitted at any time throughout the school year. Food allergies must be documented with the school nurse and Food Service Director.

Student Breakfast: \$0.00

Student Lunch: \$0.00

Milk Only: \$.75

Non-reimbursable Meal: \$3.50

Adult Breakfast: \$2.00

Adult Lunch: \$5.50

Available Daily: Salad Bar, Pre-Made Salads/Wraps/Sandwiches, Hot Slide Items (*View Alternative Meal Menu for Weekly Selections*)

Alternate Menu Week #	Monday	Tuesday	Wednesday	Thursday	Friday
#1	3. Chicken Tenders Assorted Dipping Sauces Sweet Potato Fries	4. <i>Mardi Gras</i> Chicken & Sausage Jambalaya Cajun Green Beans “Beignets”	5. Cheeseburger Deluxe Onion Rings	6. Mac n’ Cheese; Plain or Buffalo Chicken Side Spinach Salad Garlic Knot	7. Pizza by the Slice; Cheese, Pepperoni or Peppers & Onion Italian Chickpea Pasta Salad
Veg. Entree	Veggie Nuggets	Veggie Griller Burger	Veggie Burger Deluxe	Plain Mac n’ Cheese	Cheese or Veg. Pizza
#2	10. Popcorn Chicken Bowl Buttermilk Biscuit	11. Mini Pancakes Chicken Sausage Links Harvest Home Fries	12. Mandarin Chicken Asian Fried Rice Ginger Carrots Fortune Cookie	13. Stuffed Crust Pizza; Cheese, Pepperoni or BBQ Chicken Fiesta Corn & Black Beans	14. K-12 Early Release <i>Pre-Ordered Lunch Available</i>
Veg. Entree	Veggie Nugget Bowl (no gravy)	Pancakes + 4oz Yogurt	Crispy Tofu	Cheese Pizza	
#3	17. St. Patty’s Day Irish Nachos Mexican Black Beans Corn Muffin	18. Chicken & Broccoli Alfredo Cheese Filled Breadstick Pesto Vegetable Medley	19. Meatball Sub Roasted Broccoli	20. Chicken Nugget Combo Assorted Dipping Sauces Mexican Street Corn	21. Pizza by the Slice; Cheese, Pepperoni, Hawaiian Side Greek Salad
Veg. Entree	Black Bean Nachos	Broccoli Alfredo	Veggie “Meatball” Sub	Veggie Nugget Combo	Cheese Pizza
#4	24. Pizza Maxx Sticks Marinara Sauce Broccoli & Cauliflower Polonaise	25. Dutch Waffle Chicken Sausage Links Tater Tots Homemade Berry Sauce	26. Chicken or Eggplant Parmesan Tomato Basil Pasta Side Caesar Salad	27. Steak n’ Cheese Sub Sautéed Onions & Peppers Roasted Sweet Potato Wedges	28. French Bread Pizza: Cheese or Pepperoni Garlic Parmesan Carrots
Veg. Entree	Main Entree	Waffle + 4oz Yogurt	Eggplant Parmesan	Veggie Griller Burger	Cheese Pizza
#1	31. No School Today				