

DAILY BULLETIN

*Cougar Family.
Cougar Pride.*

Learning & Connecting: Nothing Can Stop Us!

*FRIDAY, FEBRUARY 21, 2025
4-DAY WEEK*

<i>BIRTHDAYS</i>	<i>LUNCH</i>	<i>SENIOR CORNER</i>
Dylan Mattingly Over the weekend Destiny Caballero Gabbie Colcleaser	Cheeseburger & fries, Veggies, Fruit, Milk Variety.	

<i>ACADEMICS</i>	<i>ACTIVITIES</i>	<i>ATHLETICS</i>
<p>🚩 Grading Period Closes TODAY! 🚩</p> <p>This is it! Turn in any last work and show what you know. Finish strong! 🙌📚</p> <p>Anyone interested in learning about a new opportunity coming to Upper Lake High, meet in Holt's room today at lunch. We will be discussing Future Business Leaders of America. A new club and business pathway is available to all students. Grab your lunch and come on over</p>	<p>Save the date! March 21 is our Spring into Break rally and prom theme reveal!</p> <p>Mark your calendars for prom, Saturday April 19.</p> <p>Juniors and Seniors, if you have interest in possibly joining the military after high school, we will be offering the ASVAB (an aptitude test) on our campus on March 4, 2025. Sign-Ups are in the office. The ASVAB is mandatory in order to join the military, but by taking the exam you are not committing to the military in any way. Have questions? Reach out to Mrs. Accurso.</p> <p>The College and Career Day Field Trip to Mendocino College-Lake Center is scheduled for March 6, 2025 from 10am-12:30pm. This field trip is open to all students in grades 9-12. We will be taking one bus. The first 50 students to turn in their permission slip will have a reserved spot on the bus. After that</p>	<p>Friday is home Baseball vs South Fork at 3:30, Release at 2:15. And our Wrestlers will be attending the North Coast Section Championship @ James Logan HS in Union City with the hopes of qualifying for next week's CIF State Tournament in Bakersfield, CA.</p> <p>Athletes are not permitted to leave their sports bags in the office. You must either carry your bag with you or speak with Mr. Figg to arrange a safe place for it in the locker room.</p>

	any additional students will be put on a wait-list. Permission slips are available in Mrs. Accurso's office. Don't delay! Get your permissions slips turned in ASAP!	
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Making Smart Choices

Your future is built one choice at a time. Be thoughtful, be kind, and always choose what aligns with your goals!

COUGAR CORE VALUES

ULHS CORE VALUES DEFINED: Our **Core Values** of *Trust, Respect, Responsibility* are in direct service of our underlying mission to build character among our staff and students. We are *all* held accountable to these Core Values, which are essential to achieving excellence in Academics, Activities, Arts, and Athletics. This school-wide focus allows us to develop and sustain a culture that promotes diversity supports learning, resilience, and a sense of belonging.