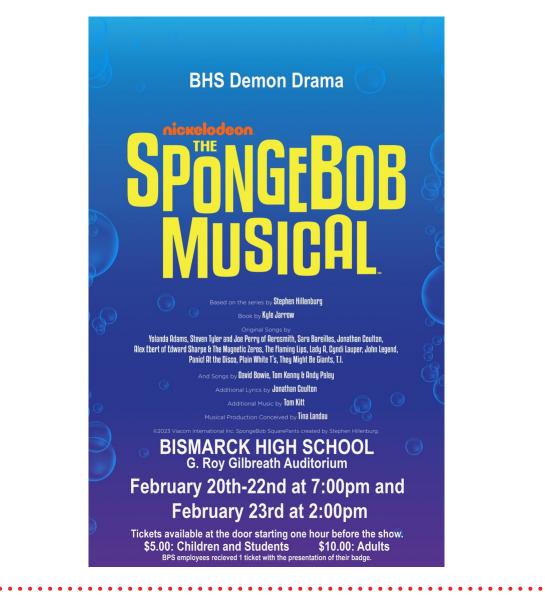
DDS BISMARCK PUBLIC SCHOOLS

RIDA

FEBRUARY 7, 2025

The Friday Flier is an informational tool used to provide the BPS The Friday Flier is an informational tool used to provide the BPS community with information regarding local events, youth activities and opportunities. Unless implicitly stated, these events are **not** endorsed by the Bismarck Public Schools

BPS Info



CHS Theatre Department Presents WCCKOV By Flip Cobler and Cindy Marcus February 6,7 & 8 7:00 pm



Get ready for a magical evening filled with music, dancing, and family fun! Century High School is excited to host a **Stars & Stripes Family Ball**, and we'd love for you to join us!

📾 When: Saturday, March 15th | 6:00 PM - 8:00 PM

- Where: Olson Gym, Century High School
- ★ ★ ★ Who: Children ages 2-12 and their parent(s)/guardian(s)

\$ Cost: \$10 per person (\$40 max per family) - cash only at the door

This event is designed to celebrate the special bonds between loved ones—whether it's a parent and child, grandparent, aunt, uncle, sibling, or mentor, **everyone is welcome!**

- **Sevent Highlights:**
- ☆ Music & Dancing
- 🕱 Semi-casual, princess dresses, and/or festive attire encouraged!
- 📾 Photo opportunities
- Concessions available
- Coloring activities for younger guests
- **MM** Special appearance by Patriot Man
- We can't wait to celebrate with you!

For questions, please contact Dr. Reagan Urbanec or Mr. Brandon Plasch.

We hope to see you there! Century High School Student Council

LHS SABER SOFTBALL CORNHOLE TOURNAMENT





Teams are invited to participate in the 6th annual LHS Saber Softball Cornhole Tournament, to be held Sunday, March 23 at Legacy High. This is a three-game guarantee / double elimination tournament with cash prizes. Concessions will be served and side games offered for prizes. Tournament is limited to the first 64 paid teams and team registration is open now. The annual cornhole tournament is a fundraiser for Saber Softball. Find information and registration at: <u>https://legacysoftball.wixsite.com/legacysoftball/forms</u>

Future Patriot Player Program

The Century Patriots would like to invite all baseball players that are in the Century High School feeder schools (grades K-5) to participate in the 2025 Future Patriot Player program. Both boys and girls are encouraged to participate to have a chance to be a Century Patriot for a night!

Two Future Patriot Players will be chosen for each Century Boys Baseball Varsity home game.

The Future Patriot Players will:

- Receive a personalized Century Patriots t-shirt to keep
- Line up on the field with the CHS Varsity Team for starting lineup introductions
- Have their name announced along with the starting lineup
- Throw out the first pitch
- Tentative arrival time is 4:00

All names will be put into a drawing for each game. We will start April 1st. Players that are chosen will be notified as soon as possible about the game they will be participating in. Please contact Danni Herman(701-595-1557) with any questions.

Click on the link to enter!

Jody Olheiser Memorial Slush Run

5K Run or Walk April 5, 10:00am \$25/racer This fun race funds a \$5,000 scholarship for a BHS student!! Register here: <u>https://bpsfoundation.com/project/jody-olheiser-memorial-run-2025/</u>







Kid's Kicks

To help our struggling BPS families and students, the BPS Foundation along with their community partners will be hosting Kids' Kicks, a fundraising effort for cold weather snow boots, snow pants and water-repellent gloves. Donations ranging from \$10 to \$70 can help the BPS Foundation ensure that a student in need stays stay warm this winter. Donations can be made online or mailed to the BPS Foundation. Thank you to our partners SCHEELS, Hot 97.5 and 103.3 Country that make this program possible!

bpsfoundation.com/donations/kidskicks/

Free & Reduced Benefits: Dual Credit Courses

The Free and Reduced Meal Application can provide benefits that extend well beyond food. For instance, the Bank of North Dakota will cover the cost of up to two college courses per school year for high school sophomores, juniors and seniors who participate in Free or Reduced Price Lunch. If you haven't already, be sure to apply. The application process has changed. Please visit<u>HERE</u> for more information and to apply.

SPORTS



FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

YMCA/Family Wellness Programming Upcoming Activities

Youth Sports - When children participate in youth sports, they do far more than develop athletic abilities. They learn the value of teamwork, sportsmanship and responsibility, on and off the court or field. Support your child in gaining self confidence by registering them for one of our great youth

Click <u>HERE</u> for more!

sports programs today!

Boys & Girls Basketball - 2nd to 6th Grade

Itty Bitty Activities - Fun & informal athletic activities to give kids 3-5 basic skills & knowledge of various sports. \$35 Members / \$55 Non-Members Click **HERE** for more!

Soccer - Baseball - Volleyball - Football - Basketball

Youth Swim - Individuals who take swimming lessons learn much more than how to do the butterfly or backstroke. They gain valuable, life saving knowledge and skills, that will protect them while they enjoy exciting water activities and recreation. Find the fun and confidence in the water you've been looking for and sign up for swimming lessons now! Click <u>HERE</u> for more!

Group Lessons - Private/Dual Lessons - Adaptive Swim

Youth & Family - Your kids don't need more toys or friends, they need more time with you! Enjoy fun and exciting family activities, including swimming in the Splash Center, climbing the bouldering wall, bouncing on the inflatable, playing volleyball or shooting hoops. Many of our family activities are free with your membership!

Jr. & Master Chefs - Parents Night Out - Youth Pokemon Club - Family Splash Center - Strong Beginnings - Family Play Center - Family Fun Gym Time - Family Track Time - Youth Fitness - Jr. Wellness Center Orientation

Child Care & Camps - When your child receives early education from the "Best of the Best" preschool and childcare programs in the area, they will learn, grown and thrive in a safe, welcoming environment. Different childcare, camp and location options are offered throughout the year, from

infant to school age, so your child can experience a variety of enriching educational activities, while having fun with their friends! Click <u>HERE</u> for Child Care!

You Belong Here Missouri Valley Family YMCA <u>www.bismarckymca.org</u> For Our Community Family Wellness <u>www.familywellnessbisman.org</u>

Bismarck Youth Baseball -2025 Season Registration is Open!

The following divisions are available:

- Cal Ripken Ages 5 -12 Years Old
- Babe Ruth Ages 13-15 Years Old
- Legion Ages 16-19 Years Old

Please visit <u>www.bismarckyouthbaseball.org</u> for season information, season calendars and registrations!



R MORE INFORMATION, PLEASE VISIT OUR WEBS BISMARCKYOUTHBASEBALL.ORG

BISMARCK PARKS AND RECREATION DISTRICT Est. 1927

More at www.bisparks.org!

Feb. 1-28 - events all month long!

Play outside, inside, on the ice, on a court or in the water.



Some outdoor highlights of this year's <u>February Flurry Fest</u> – Bismarck Parks and Recreation's annual winter festival – include the S'mores Walk, Skate with the Bobcats and Treasure Hunt. Get ready for a month packed with free and budget-friendly activities for all ages. Check out the <u>calendar of events</u>!

Registration Opens for Most Winter Programs

Winter Events & Programs

· Fencing – register by month

· Karate - register by month

<u>Swim Lesson Winter Session 2</u> – registration opens Feb. 19 at 10am

Tennis Winter Session 2 (<u>10 & Under</u>, <u>Juniors</u>) - registration opens Feb. 5 at 10am

· Winter Jam Junior Tennis Tournament – register by Feb 16 at 5pm for the Feb. 21-23 event.

Learn more at <u>www.bisparks.org</u>.

Dreaming About Summer?

Mark your calendars for registration for Bismarck Parks and Recreation spring/summer programs: Thursday, April 3, at 8am. The Activity Guide will be available in early March.

DROP-IN PROGRAMS

<u>CRFC KidZone</u>

 <u>Hockey</u>
 <u>Meet It or Beat It Bowling</u>
 <u>Open Gym</u>
 <u>Preschool Skate Date</u>

 <u>Public Ice Skating</u> (outdoor and indoor rinks)

 <u>Toddler Splash Days</u>
 <u>Weekday Morning Play Dates</u>
 <u>Wibit Water Toys</u>

More Bismarck Parks and Recreation District programs and events at <u>www.bisparks.org</u>!



Magic Soccer FC

Magic Soccer offers a wide variety of soccer options for all ages and abilities. Check out some of the programs below. For more details visit Magic's website. Many programs have enrollment caps so register EARLY!

Mini Magic - Perfect for children aged 4 to 6 who are eager to explore and learn soccer skills! Session 3 begins in March. Option for Mondays or Wednesday nights. New location for Session 3 session, Fore Season Golf Dome.

Open Skills Training – Designed to improve players' footwork, self-confidence on the field, and provide life-long skills foundation in the game. All players can participate regardless of skill level. Player's 2nd – 7th grade.

Youth Indoor league – Session 2 registration is underway. Game dates: March 16, 23, 30 and April 6th, April 13. Create your own team or join as a free agent. Recreational soccer program for youth players between the ages of 8 and 14. Games on Sunday afternoon and evenings starting in March at the Fore Season Golf Dome.

REGISTER: https://www.magicsoccerskills.com/signup

North Dakota Waterfowl Brigade

Join the North Dakota Waterfowl Brigade for an immersive five-day camp experience dedicated to the ecology of ducks and other waterbirds. The topics covered during camp include waterfowl biology, wetland ecology, natural resource management, land and water stewardship, shooting skills and safety, leadership, and team building. Whether you are passionate about hunting heritage, fascinated by nature, or love the outdoors, this camp is for you. The camp is for ages 13-17. Camp tuition assistance is available to



cover costs. Students who attend camp have an opportunity to win scholarships for future education. The application deadline is March 15, 2025. There are also adult volunteer opportunities.

For more information and to apply, visit: <u>https://www.texasbrigades.org/waterfowl-brigade-nd</u>.

Questions? Contact: Elizabeth Palarski at <u>elizabeth@texasbrigades.org</u> or Jennifer P. Kross at <u>jkross@ducks.org</u>.



Scheels Bat Demo

Who's ready to hit some dingers?! Join the Bismarck Larks and Scheels experts for an exciting day at the Sanford Sports Performance on Saturday, February 8, 2025, from 11 AM to 4 PM. Each participant will receive a coupon for 20% off ALL BATS!

FREE Bat Demo T-Shirt while supplies last!

The following time slots are available on Saturday February 8th: Session 1: 11:00 AM - 12:30 PM Session 2: 12:30 PM - 2:00 PM Session 3: 2:00 PM - 3:30 PM (Event ends at 4PM) For more information about this event check out <u>https://bit.ly/bismarck-larksscheels-batdemo</u> Click to register and sign waiver: <u>https://bit.ly/BatDemo2025</u>

Lacrosse Day at the Dome

The Bismarck Mandan Lacrosse Association is hosting our LAST Lacrosse Day clinic of the winter! The clinic will take place on Sunday, March 2 from 1:30-3:00pm at the Fore Seasons Dome and the cost is \$10. This clinic is a 90-minute lacrosse experience for boys and girls, grades K-12, who have never played lacrosse before, as well as any returning players. It is designed to provide a

fun, positive, and successful experience with the sport of lacrosse. The goal is for participants to have the best experience possible while learning lacrosse skills and developing the ability, confidence, and desire to play more. This clinic will be conducted by BMLA's current USA Lacrosse certified coaches and players, and all equipment will be provided. This event is also an opportunity for any returning players interested in some off-season practice.



Register for the event here: <u>http://www.bismanlacrosse.org/events/4419174-24-25-winter-lax-at-the-dome</u> Please see our website below for additional information.

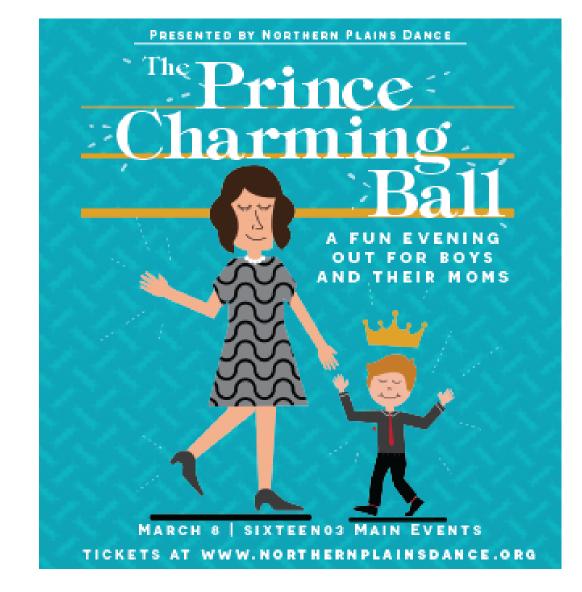
League registration is now open, and early bird pricing ends March 2. Practices begin in March and the regular season runs from mid-April to mid-June. Protective equipment for boys and girls is available to rent for a refundable deposit for new players. Participants play small-sided games, while those interested in a more competitive experience can travel across North and South Dakota for 4-5 weekend competitions. For more information visit our website at <u>www.bismanlacrosse.org</u> or find us on Facebook or Instagram.

ART | MUSIC | HISTORY | STEM



Valentine Serenade

The Bismarck-Mandan Civic Chorus presents a Valentine Serenade at 7 pm on Friday, Feb 14 at Sixteen03 Main. Tickets are \$35/person or \$250 for a table of 8. The evening features music by the Civic Chorus, including full-chorus numbers, solos, and small groups, interspersed between a wonderful meal prepared by Sixteen03 Main, a silent auction, trivia with door prizes, and an array of Valentine desserts.



You are cordially invited to a magical evening of joy, laughter, and cherished memories at our Mother-Son Dance. A special night for mothers, grandmothers, and female role models to enjoy a night with their boys. Dress it up or dress it down, we just ask that you bring your dancing shoes. March 8, 2025 | Dinner at 6:00pm | Dance at 7:00pm

Sixteen03 Main Events

Grab your favorite boy(s) and join us for an unforgettable evening full of fun, dancing, games and more. Tickets are limited and we can't wait to celebrate your special bond.



Bismarck Veterans Memorial Public Library

Come visit the Children's Library for winter activities, including story times, creativity sessions, reading challenges, Movie Days, Lego Club, and more. There's something for everyone!

Family Story Time – Mondays at 6:30 p.m.
Library Kid Club - Tuesdays at 3:45 p.m.
Lego Club – Last Thursday of the month – 3:30 p.m.
Children's Movie Days
2/17 at 2:00 p.m. – Trolls Band Together,
3/17 at 2:00 p.m. – Despicable Me 4

BARK

Strengthen your readings skills by reading aloud to a therapy dog. - Registration begins Feb. 24.

Teen HQ, the library's space for 6th-12th graders, is open for walk-in use from 3:30-5:00 p.m. Monday-Thursday during the school year, unless otherwise noted in the library calendar. During walk-in hours, library staff are available to help teens use the equipment available in Teen HQ. The library also offers activities for teens on no-school days, weekends, and after school.

Vinterfest - Reading Challenge and Activities – January 19 through February 16 This winter, children, teens, and adults are invited to participate in the Vinterfest Reading Challenge. Participants will read books and complete activities to earn prizes and be entered into the Vinterfest Reading Challenge grand prize drawing!

Visit the library's calendar of events at <u>bit.ly/BVMPL-Upcoming</u> for a full list of upcoming library events, event registration information, and more information about the Vinterfest Reading Challenge.

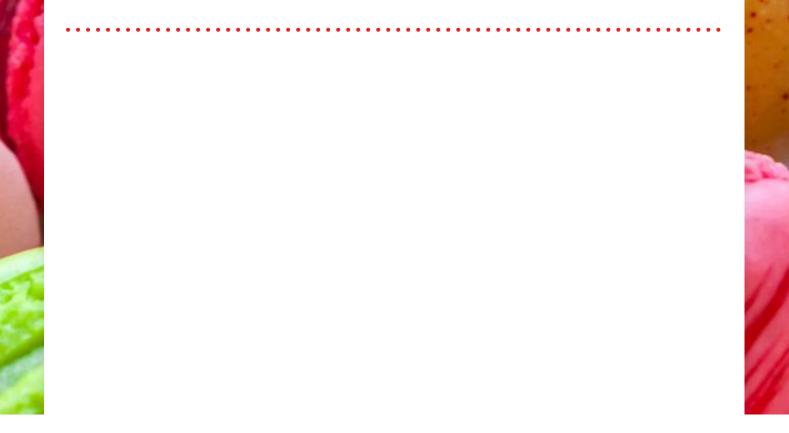
Sibshops

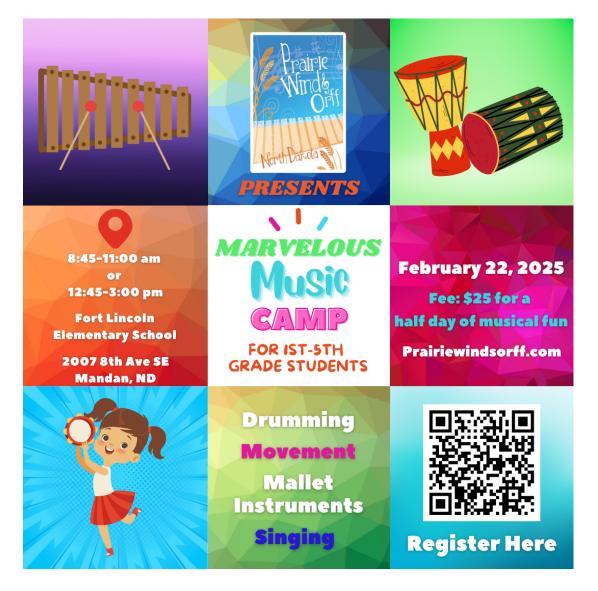
Do you have a child who is a sibling of someone with a disability or know someone else who does?! Bismarck-Mandan's ONLY Sibshop is here to provide support to this important population and allow siblings to connect and engage in a fun and meaningful way and support each other in their journeys. Call Little Lights Pediatric Therapy's Office at 701-751-0410 to register your child for the Sibshop on Saturday, February 22nd from 10am-2pm! There is a \$20 fee and lunch will be served. Also, see the registration link and QR Code on the flyer for more information. We are excited to meet you!!





Calling junior and senior high school girls to join us for 2 FREE days of exciting camps!! Explore the power of GIS technology, create interactive maps, embark on a geocaching adventure or build and fly your own drone, all while developing valuable skills and discovering how location shapes our world.





The ND Prairie Winds Orff Chapter is excited to host a half-day music camp for children who love music on February 22nd. During the camp, students will enjoy four engaging music sessions that include movement, instrument playing, singing, and music creation.

Registration is open through February 7th for students in Grades 1-5. Campers can choose to attend either a morning (8:45-11:00 AM) or afternoon (12:45-3:00 PM) session for \$25. Both sessions will cover the same activities, so please register for only one session. Space is limited to the first 100 students in each session, so don't wait to register! For more information and to sign up, visit: <u>https://www.prairiewindsorff.com/music-camp.html</u> or scan the QR code on the graphic.

Additionally, if you'd like to order a camp T-shirt, please note that the deadline for orders is February 3rd.

We hope your child can join us for this fun and educational experience!

UPCOMING THE STATE OF SCIENCE OF SCIENCE

STEM Adventure Mini Camps

STEM Adventure Mini Camps (Grades 1-5) Held on days when there is no school from 8:00 AM to 5:00 PM February 17 March 14 & 17 April 4 & 21 Members: \$90 Non-Members: \$120

Register here: <u>https://gatewaytoscience.org/learn/camps-and-clubs/stem-mini-camps/</u>

STEM Adventure Club (Grades 1-5)

Mondays from 4:00 PM - 5:15 PM for a 6-week winter session starting January 27 or spring session starting March 24 Members: \$90

Non-Members: \$120

Register here: https://gatewaytoscience.org/learn/camps-and-clubs/stem-adventure-clubs/

Coding Club Grades 3-5 (FREE)

Meets Thursdays from 4:00 to 5:15 pm at North Dakota's Gateway to Science for a 6-week session starting January 30. This is a FREE program, but pre-registration is required. Register here: <u>https://gatewaytoscience.org/learn/camps-and-clubs/coding-clubs/</u>

Coding Club Grades 6-8 (FREE)

Meets Mondays from 4:00 to 5:15 pm at Wachter Middle School for a 6-week session starting January 27. This is a FREE program, but pre-registration is required. Register here: <u>https://gatewaytoscience.org/learn/camps-and-clubs/coding-clubs/</u>

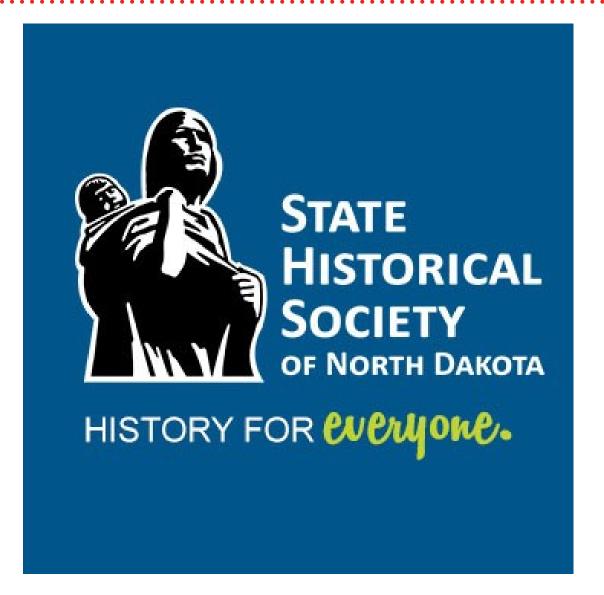
Preschool Discovery Hour (FREE)

FREE program held on the second Wednesday and Saturday of each month from 9:00 AM to 9:45 AM. Upcoming Dates: February 12 & 15 March 12 & 15 April 16 & 19 May 14 & 17

Learn more here: https://gatewaytoscience.org/learn/preschool-discovery-hour/

Hess Sponsored Discount Day

February 17 from 10:00 AM to 5:00 PM Enjoy \$3 admission to Gateway to Science all day sponsored by Hess Corporation.



North Dakota Heritage Center & State Museum Programs

The ND Heritage Center & State Museum offers free weekly programming for preschool and school age children. Learn more about Little Kids, Big World <u>here</u>. Learn more about Junior Historians <u>here</u>.

Little Kids, Big World

Feb. 8 Valentine's Day, 10 a.m. Feb. 12 Valentine's Day, 10 a.m.

Feb. 15 Winter Weather, 10 a.m Feb. 19 Winter Weather, 10 a.m

Feb. 22 Black History Month, 10 a.m. Feb. 26 Black History Month, 10 a.m.

Junior Historians

Feb. 8 Valentine's Day, 11 a.m Feb. 12 Valentine's Day, 4 p.m

Feb. 15 Winter Weather, 11 a.m. Feb. 19 Winter Weather, 4 p.m.

Feb. 22 Black History Month, 11 a.m. Feb. 26 Black History Month, 4 p.m.

North Dakota Historic Sites Programming

- Feb. 8th Winter Hike, 2-2:30p, Fort Mandan State Historic Site, Washburn
- Feb. 15th Snow Painting 1-4p, Former Governors' Mansion, Bismarck
- March 15th Fibers and Flavors 1-4p, Former Governors' Mansion, Bismarck

Learn more about upcoming State Historical Society of North Dakota programs at <u>history.nd.gov/events</u>.

For more information, contact Education and Engagement Manager Laura Forde, <u>shsprograms@nd.gov</u> or 701.328.2792. The ND Heritage Center & State Museum is open Monday-Friday, 8 a.m. to 5 p.m., and Saturday-Sunday, 10 a.m. to 5 p.m.

Vinterfest Activities at the ND Heritage Center & State Museum

• Feb. 8 Preserving Your Family Stories, 1-2:30 p.m. Learn more HERE!

Love & Art Class - Free Art Classes for Kids & Adults

"Building community through Love & Art"

Free art class for kids and adults at the Dream Center every first Monday of the month 5pm-6:30pm in Trinity Hall. Kids age 9 and under must be checked in by an adult. Call 701-955-2150 for more information.



THEO ART SCHOOL

What's in your Summer? REGISTRATION OPENS FEBRUARY 1ST. Same rates as last year! 16th Annual Summer Art Attack Camps

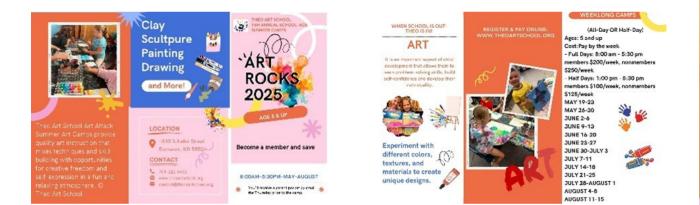
ART ROCKS 2025 SCHOOL AGE 13 WEEKLY CAMPS (Full/Half Days)

Ages: 5 and up

Cost: Pay by the week

- Full Days: 8:00 am - 5:30 pm members \$200/week, nonmembers \$250/week

- Half Days: 1:00 pm - 5:30 pm members \$100/week, nonmembers \$125/week REGISTER HERE: https://tockify.com/art.for.all/detail/735/1738591200000



ART ADVENTURES 2025 - PRESCHOOL AGE 14 WEEKLY CAMPS(Half Day -Mornings)

ART ADVENTURES 2025 -PRESCHOOL AGE SUMMER ART CAMPS 14 WEEKLY CAMPS [MORNING HALF DAYS] Ages: 3-5 yrs. old Cost: Pay by the week: members \$75/week nonmembers \$80/week





When School is Out, Theo is In!

Our 17th Annual Odyssey Art Camps are all about exploring, creating, and having fun with Art! Theo's "Odyssey" ("Camp O") Theo's Odyssey Art Camps are on weekdays when there is no school due to holidays, teacher convention, or staff development. Dates are based on the Bismarck Public Schools calendar; Private Schools calendar and the Mandan Public School Calendar. Times: 8:00 am - 5:30 pm Ages: 5 and up Cost per Day: \$40 members, \$50 nonmembers REGISTER HERE: <u>https://tockify.com/art.for.all/detail/615/1725282000000</u>



View the calendar HERE!

AFTER SCHOOL ART CLUB

The mission of Theo Art Club is to cultivate interest in art for boys and girls and to teach them that ART is ENDLESS. Our goal is to engage children in a Fun ART experience that will last a lifetime! Days: Mondays Times: 3:45-5:00 pm Grades: 1st grade and up Cost: \$40/month * https://tockify.com/art.for.all/detail/606/1725914700000



PRESCHOOL MINIS MORNING ART



Looking to host a Private Event?



MOMMY & ME ART HOUR!

Preschool Ages 3-5 - MUST BE POTTY-TRAINED

"Art à La Mode 3.0" is format is unique to Theo, not like any other art setting in the country! Our preschool art program is designed to explore the exciting world of art and creativity through a wide range of multi-media activities focus on the creative process and develop their imagination and creativity! Season 2025 will be about LEARNING THE ABC'S OF ART & BOOKS DATES: TUESDAYS AND THURSDAYS COST: \$15.00 FOR ONE DAY \$30.00 FOR TWO DAYS TIMES: 9:00-11:30 **REGISTER HERE:** https://theoartschool.wufoo.co m/forms/r88jfy21num2uf/

Click on the event below for more information! <u>Birthdays</u> <u>Field Trips</u> Private Art Lessons We love our M & M Class! Time: 10:00-11:00 am Ages: 10 mos to 3 yrs Cost: \$10/session In the Mommy & Me art hour, you and your child explore a variety of art materials, experience new textures, improve fine motor skills, and enjoy being creative in a group setting. If you are looking for a morning of fun and creativity, come join us! Taking a child to an art class helps them develop their creative skills!

REGISTER HERE:

https://theoartschool.wufoo.co m/forms/ru2xx

Local Services

Teen Grief Workshop

Please join us for a hands-on workshop for 6th-12th grade students. This workshop is designed to help teens make sense of grief and loss and will be facilitated by Hospice of the Red River Valley Grief Specialist, Sara Schwarz.



This event is open to the public. Please register as space is limited. Registration Link: <u>https://www.hrv.org/grief-support/2024-grief-class-registration/</u>

Saturday, January 25, 2025 10:00 – 11:30am (muffins and juice provided) or Tuesday, January 28, 2025 6:00 -7:30pm (pizza and soda provided)



H.E.A.R.T. Family Program

H.E.A.R.T. is a program designed for the adult family members or friends of individuals with a substance use disorder. The program is free, confidential and registration is not required. Topics include boundaries, local resources, grief, and how to approach an

individual about getting help. Upcoming dates are Jan. 21, and Feb. 4. More information can be found at <u>www.heartview.org</u>.

Free Speech Therapy for Children

The Scottish Rite Speech Therapy Center for Children in Bismarck is presently accepting applications, online, at <u>www.scottishritespeech.org</u>. All services are free to children ages 2 through 7 with a qualifying application. For more information, please call 701-258-9132 or e-mail at <u>speechtherapy@bismarckscottishrite.org</u>.





TummyTime![™] Method Baby PLAY Class

Join us for a fun-filled TummyTime![™] Method Baby PLAY Class, where we'll guide you through engaging activities for your child!

Tummy time should be FUN!

We're learning how to calm, engage and play with baby.

Join Anne Bry SLP, COM and Bailey Boraas OTR/L to learn how to PLAY with your baby. This class is for all parents - 1st time or experienced - and their pre-crawling infants, 4 weeks and older.

These classes will help you and your child by decreasing the stress of tummy time, build community and friendships, and social engagement.

Tummy time is the time a baby spends lying on his or her tummy. Parents and baby are interacting together during this floor time activity. Other tummy time positions: lying on parent's chest, over arm or lap, propped on an infant approved pillow and babywearing.

The TummyTime!™ Method is an evidence informed therapeutic program designed to support

health, posture, movement, and connection for all babies; it can also treat oral motor dysfunction, postural asymmetries, digestive difficulties, and autonomic dysregulation.

11 AM - Noon on Wednesdays Noon - 1 PM on Saturdays (advance registration required) 1138 North 3rd Street, Bismarck, 58501 https://www.theenrichmentgardennd.com/events

Consider Fostering!

While some children in North Dakota are waiting for a foster home, others await their forever family. Consider opening your heart and home today! Learn more by calling 833.378.4663!





Bring NASP to your School!

The National Archery in the Schools Program is a proven program that offers numerous benefits for students of all ages and abilities. We believe that every student - not just the biggest and fastest - should have the opportunity to know what it feels like to wear a school uniform. NASP benefits include improved academic performance, enhanced self-esteem and confidence and the opportunity for kids of all abilities to be part of the school community. Bringing NASP to your school has never been easier with unprecedented grant funding now available. Contact our state NASP coordinator to get started!

> Jeff Long 701-328-6322 j<u>rlong@nd.gov</u>

Engines 4 Education at Small Engine Repair

We offer tuneups, repairs and maintenance on all small engines (snowblowers, lawnmowers, tractors, tillers and more). 10% of profits go directly to the Bismarck Public Schools Backpack Program. Pickup and delivery service available! Call or text 400-3839 today!





Grief and Loss Support Groups and Monthly Workshops If you ryou rolind nas lost a loved one, whether recently or years ago, we are here to provide you with a community of peers who have experienced similar losses and are navigating their way through grief.

> K-5 6th-12th 18-24 years old Prek Groups Caregiver support also available

Youth Grief Support Group

If you or your child has lost a loved one, whether recently or years ago, we are here to provide you with a community of peers who have experienced similar losses and are navigating their way through grief.

Foster a Child

Did you know foster parents can be single or married, parents or grandparents, young or old? They can have children of their own or no children at all. They can have dreams of adopting or just a desire to help kids who need it.

In other words, foster parents look just like you.

All you need to become a foster parent is an extra bedroom, a commitment to a child's safety, and the willingness to invest in their future.



Foster Hope. Nexus-PATH

You'll have lots of support from our team of professionals, including specialized training that will help you successfully care for each child, valuable online resources, and a dedicated social worker to answer your questions along the way.

SCHOLARSHIP OPPORTUNITIES

Bismarck Dollars for Scholars

Scholarships available! The application for a \$1000 scholarship through Bismarck Dollars for Scholars is open December 1st and is due February 28, 2025. More information and to apply: <u>bismarck.dollarsforscholars.org</u>. Bismarck Dollars for Scholars is part of a national organization called Scholarship America which is the nation's largest scholarship organization. The group has awarded over \$170,000 in scholarships to Bismarck graduates.





Optimist International Essay Contest

The Optimist Club of Bismarck is encouraging area students to contemplate the phrase **"How Optimism Has Paved My Road to Success"** as part of the Optimist International Essay Contest for the 2024-2025 school year. The Optimist Club will judge the local students' essays based on the theme of **"How Optimism Has Paved My Road to Success"** and determine the winners. The top winner will receive \$500 and the winning essay will be sent to the district level where college scholarships are available for top winners. Students wishing to participate in the essay

contest can find out more about the contest at

<u>https://www.optimist.org/member/scholarships3.cfm</u> or contacting the club at 701-226-6285 or <u>ktorske@bravera.bank</u>. Essay submission deadline is February 10, 2025.

America250 Opens Submissions for Nationwide Student Contest: 'America's Field Trip

America250 has launched an AMAZING contest called "*America's Field Trip*" to give kids the opportunity to participate in this once-ina-lifetime historical event.

https://america250.org/FieldTrip/

https://america250.org/news/america250-opens-submissions-fornationwide-student-contest-americas-field-trip/



"America's Field Trip" is a nationwide scholastic contest where students have the opportunity to earn a special behind-the-scenes experience at an iconic American historical and cultural site – of their choice. *"America's Field Trip"* invites students in grades 3-12 to submit artwork or writing that reflects on what America means to them.

Job Opportunities



Bismarck Public Schools is Hiring!

Are you looking for a rewarding career? Full-time and part-time opportunities available! Some positions will qualify for benefits and retirement.

- Staff/Teachers (2025-2026 School Year)
- Secretaries/Administrative Assistants
- Instructional Aides
- Bus Drivers/Monitors
- Child Nutrition Assistants
- & Much More!

Visit https://bismarck.tedk12.com/hire/index.aspx to see all career opportunities!

BISMARCK PARKS AND RECREATION DISTRICT Est. 1927

BLAST afterschool program leaders

Basketball scorekeepers

Facility attendants – ice arenas, fitness facilities, rec center

Front desk staff – fitness facilities

Lifeguards – FREE training if you join our team

Officials – basketball & volleyball
Swim instructors
Tennis instructors
Volleyball coaches

Warming house attendants – outdoor ice rinks, sledding hill

Zamboni drivers

Join the Team at Bismarck Parks and Recreation District!



BPS District Calendar

- Monday, December 23 Wednesday, January 1 Christmas/New Year's Break, No School
- Monday, January 20 MLK Day, No School
- Tuesday, January 21 Staff Development Day, No School
- Monday, February 17 Presidents' Day, No School
- Friday, March 14 Storm Make-Up Day, No School
- Monday, March 17 Parent-Teacher Conference Day, No School
- Friday, April 4 Staff Development, No School
- Friday, April 18 Good Friday, No School

- Monday, April 21 Storm Make-Up Day, No School
- Friday, May 23 Last Day of School
- Friday, May 23 ALC, SCHS Graduation
- Sunday, May 25 BHS, CHS, LHS Graduation

Click here to submit your entry for the Friday Flier!

