20th Red Crush

VOLLEYBALL CAMP

FOR GIRLS Entering Grades 6 thru 9

In The Fall of 2025

Monday July 14 to Thursday July 17, 2025



DIRECTED BY:

Mike Krause, Head Coach Parkland High School Girls Volleyball

2011, 2014, 2015 PIAA State Champions

2012, 2014, 2021, 2023 Morning Call Team of the Year

REGISTER EARLY!

High School Volleyball has the largest number of female participants (479,125) in a team sport in the country

ABOUT THE DIRECTOR:

NFHS 2012 Pennsylvania Coach of the Year

Pennsylvania Volleyball Coaches Hall of Fame

NFHS Volleyball Rules Committee National Coaches Representative 2017-2020

2015, 2014 and 2011 PIAA State Champions 2012, 2016 and 2021 State Finalist

11 Consecutive PIAA Quarterfinal Appearances

13 District XI Championships 11 League Championships

League, District and PIAA Post-season Playoff record since 2010: 113-16

2010, 2011, 2014, 2015 and 2023 Morning Call Coach of the Year

2018, 2021, 2022 AVCA Region Coach of the Year

22 AVCA All American Honorees 3 Pennsylvania Gatorade Player of the Year Honorees -2 MaxPreps Pennsylvania Player of the Year Honorees

STAFF:

Asst. Director: Taylor Krause – Penn State Volleyball 2X Nat'l Champion PIAA State Champion: 2011

Under Armour All American: 2012

Asst. Director: Kristin Krause – Penn State Volleyball Big 10 Champion PIAA State Champion: 2014, 2015 Under Armour All American: 2015 Pennsylvania Gatorade Player of the Year: 2015

Jesse Krasley-2X Hon. Mention All American - Moravian University

Register Now!!!!

(PLEASE PRINT CLEARLY)

NAME
ADDRESS
CITY
ZIPAGE
GDADE(Sont /2025)
SCHOOL ATTENDING Sept. 2025:
HEIGHT_ EXPERIENCE (years played): CLUB Team_ CONTACT PHONE#_ MEDICALCONCERNS_
EMAIL_
T-Shirt Size (Circle Size):
Adult sizes: SM Med Lg XLg

Send this registration form with Check (\$225.00) made payable to:

Michael Krause

3521 Golf Course Rd.

Allentown, PA 18104

610-391-9127

THIS IS NOT A PARKLAND SCHOOL DISTRICT SPONSORED EVENT

RED CRUSH VOLLEYBALL

PRINT PARENT NAME:

The Red Crush Volleyball Camp is designed to teach the fundamentals, as well as advanced skills, of the game of volleyball. We encourage athletes from other sports to attend. Athletes involved in other sports will gain the benefit of cross training. Cross training (training multiple skills) has been the foundation for growth in sport among young athletes. If your daughter has an interest in sport, this camp will teach the fundamental process in "Learning How to Learn".

Camp is held at Parkland High School.

All campers should arrive at 8:45 am. Camp will end at 3:00 pm. Campers must bring their own lunch and drink. Campers should have knee pads and arrive dressed to play (no jewelry or tank top shirts please). Bring additional clothes to change into after the morning session.

Sr. Staff: experienced in high school, college playing and/or coaching among the Best Volleyball Instructors in PA

CANCELLATION FEE OF \$20.00 PRIOR TO JULY 1, 2025 (any refunds requested after JULY 1, 2025 will be evaluated on a case by case basis)

For more information, email or call: redcrushvolleyballcamp@yahoo.com

Phone: 610-391-9127

• Receive a camp t-shirt (size is only guaranteed if registered by June 14, 2025)

• Receive Court Coaches instructional feedback

EACH CAMPER WILL:

• Be eligible for awards

AWARDS THURSDAY

PARENTS WELCOME AFTER 2:15 PM

SAMPLE DAILY SCHEDULE

9:00-9:30 Open Gym, Skill Demo

9:30-11:15 Individual Skill Development

11:15-11:50 Team Development

11:50-12:00 Competitions

12:00-12:30 Lunch (on your own)

12:30-1:15 Camper Challenges

1:15-1:45 Team Skills Training

1:45-2:45 Team Games

2:45-3:00 Closing activities

(SUBJECT TO CHANGE)

I UNDERSTAND I AM FINANCIALLY RESPONSIBLE FOR ANY MEDICAL BILLS INCURRED BY MY CHILD WHILE AT CAMP. I AUTHORIZE THE STAFF OF THE RED CRUSH VOLLEYBALL CAMP TO ACT AS THEY DEEM FIT IN THE EVENT AN EMERGENCY ARISES. I HEREBY RELEASE AND FOREVER DISCHARGE THE STAFF OF THE RED CRUSH VOLLEYBALL CAMP OF AND FROM ALL MANNER OF ACTIONS, SUITS, DAMAGES, CLAIMS, AND DEMANDS ON ACCOUNT OF PERSONAL INJURY OR DEATH ARISING FROM MY CHILD'S PARTICIPATION IN THE ABOVE LISTED ACTIVITIES.

PARENT SIGNATURE

PLEASE COMPLETE BOTH SIDES OF THIS SECTION AND RETURN IT WITH YOUR CHECK FOR \$225.00