2025 Go For Gold Track and Field Camp

July 8 - July 12 Tuesday-Friday 9 a.m. - 3 p.m. Saturday 9 a.m. - 12 p.m. Ages 5-13 Parkland High School Track Stadium 2700 N. Cedar Crest Blvd. Allentown, PA 18104

Announcing the 2025 Go For Gold Track and Field Camp

Save the dates on your summer calendar: **Tuesday**, **July 8th – Saturday**, **July 12th**, **2025**.

About the Camp

The Go For Gold Track Camp is a fun camp where campers will get instruction on all events held in a track meet except the pole vault. Besides learning these events the campers will have time to play battle ball, kick ball, basketball, floor hockey...pretty much any game you could organize in Parkland's two gyms during their lunch and free play block in the afternoon. On Saturday, we will hold an official track meet where campers will compete in three events they choose. After the track meet there will be an award ceremony and pizza party for all the campers. This is a rain or shine camp on Parkland's all-weather track.

Camp Schedule (Rain or shine)

Tuesday – Friday (9:00 - 3:00)

- Instruction/practice of individual events
- Use of athletic facilities including basketball/tennis/volleyball/weight room during lunch block

Saturday (9:00 – Noon)

- Track meet (*Rain date for meet <u>if needed</u> will be Sunday, July 13th, 9:00 a.m noon)*
- Award ceremony
- Post meet pizza party

Registration

Cost of camp is \$200. This includes instruction from experienced track coaches, daily awards, and medals for events they participate in at the track meet, and a pizza party. For more information regarding the camp, online registration form, and payment options please visit the website at sites.google.com/view/goforgoldtrackcamp