

Minutes

SHAC

DATE

August 26, 2024

TIME

6:00 PM

MEETING CALLED TO ORDER BY

Julie Scott

IN ATTENDANCE

Julie Scott & Toni Moreno - Co-Chairs, Angelica Placencia – Secretary, Christina Figueroa – Parliamentarian, Dr. Monica Reyes – Executive Director of Student Support, Victor Corral – Health Committee Head, Martin Carrillo – Wellness Health Committee Head, Dayanaria Carrillo – Mental Health Committee Head, Jesus Juarez – Anti-Bully Committee Head. Please see the sign in Sheet for all other members in attendance.

APPROVAL OF MINUTES

The minutes from the May meeting were approved.

BOARD

Julie Scott – SHAC website was taken down and being updated. ETA of updated website to be determined. Q&A will be done at the end of the meeting.

REPORTS

Co-Chair Julie Scott

New Business

- Mental Health - Daya Carrillo
 - What is being done for our teachers and staff?
 - Creating a survey for district employees to gather data regarding social, emotional, mental feelings
 - Possibly a Gallup poll for employees that mimics the poll for students
 - What educational tools are employees getting to acquire good/better mental health
 - Improve campus culture
 - Possible Wellness days back into employee absence reasons or added to the district calendar via DAC - Mental Health Days
 - PBIS incentives for staff like we do for students
 - Campus Wellness Coordinators
 - Adopt an Angel - Employee Tree
- Anti-Bullying - Jesus Juarez
 - Campaign for prevention
 - Educate parents on policies and procedures

- Parent Universities to educate and promote, offer it through Zoom for working parents and to reach a higher audience
 - Conducting polls from students
 - Giving SEL lessons to students via lessons appropriate to grade level
 - Give surveys out to parents during parent-teacher conference and have a drawing to entice parents to participate in a survey
- Health Education - Victor Corral
 - Increasing Parent Engagement Platform
 - Information regarding SHAC on campus bulletin boards
 - Asking Parent Liaisons to assist in getting information to parents
- Wellness -
 - Conduct parent survey on needs and suggestions on health and wellness
 - What are the health priorities in your family?
 - Promote SHAC properties with Coffee with the Principal meetings
 - Possible survey questions to include exercise, nutrition, sleep habits, screen time, home life
 - Daily check-ins with students are done at NWECHS
- Survey questions
 - Small survey to district members to prioritize what are the major concerns
 - Survey questions will be multiple-choice
 - Add surveys to SHAC website to reach a more varied audience
- Promotion of SHAC
 - Same color flyers on bulletin board at all campuses
 - Invite students to SHAC meetings/committees
 - Ask NWECHS if volunteer hours can be given to students if they join SHAC
 - Motivational speakers
 - Have existing SHAC members invite a non-SHAC member to a meeting

Outreach to parents - website

needs to be under parent tab 0- is there but is not working

Lunch - table talk - Mentoring Minds

Student Leadership Organizations outreach

New Business

Video policy - showing videos rated PG, PG13, R

Sonia Frayre bringing a chaplain to speak about a proposal of being present at the school

Resolution to School Board for awareness of the high cost for participating in extra curricular groups

ANNOUNCEMENTS

Regional SHAC October 24, 2024 via Zoom. Upcoming SHAC meeting November 4, 2024, February 3, 2025, and April 7, 2025

NEXT MEETING

November 4, 2024 at 6:00, Lone Star Building/AMS Eagle Center

Need to have set-up to record the meeting

Bring a friend to the next meeting

Moved to AMS