

# MARCH 2025

## BLUE MOUNTAIN UNION SCHOOL

All Student Meals are Free  
 Adult Breakfast: \$ 4.00  
 Adult Lunch: \$5.50

Monday	Tuesday	Wednesday	Thursday	Friday
<b>NO SCHOOL</b> <sup>3</sup>	<b>NO SCHOOL</b> <sup>4</sup>	<b>Fresh Pizza</b> <sup>5</sup> Pepperoni or Cheese Sweet Potato Fries Caesar Salad Fresh Fruit & Salad Bar	<b>Crispy Chicken Tenders</b> <sup>6</sup> Roasted Potato Wedges Sautéed Veggies Fresh Fruit & Salad Bar	<b>Penne Pasta w/Meat sauce</b> <sup>7</sup> <b>Or Marinara</b> Roasted Green Beans Fresh Fruit & Salad Bar
<b>Brunch for Lunch</b> <sup>10</sup> French Toast Sticks Sausage Roasted Home fries Fresh Fruit & Salad Bar	<b>Cheesy Breadsticks</b> <sup>11</sup> Marinara Sauce Roasted Broccoli Fresh Fruit & Salad Bar	<b>Fresh Pizza</b> <sup>12</sup> Pepperoni or Cheese Sweet Potato Fries Caesar Salad Fresh Fruit & Salad Bar	<b>Chicken Broccoli Alfredo</b> <sup>13</sup> <b>Or Broccoli Alfredo</b> Garlic Toast Fresh Fruit & Salad Bar	<b>BMU Bowls</b> <sup>14</sup> Chicken Nuggets or Mashed Potato, Corn, Gravy Fresh Fruit & Salad Bar
<b>Popcorn Chicken</b> <sup>17</sup> Biscuits Coleslaw Roasted Potato Wedges Fresh Fruit & Salad Bar	<b>Ultimate Nachos</b> <sup>18</sup> Beef or Bean Corn Cheddar Cheese Sauce Rice, Salsa and Sour Cream Fresh Fruit & Salad Bar	<b>Fresh Pizza</b> <sup>19</sup> Pepperoni or Cheese Sweet Potato Fries Caesar Salad Fresh Fruit & Salad Bar	<b>Generals Chicken</b> <sup>20</sup> <b>w/ Broccoli</b> Fried Rice Spring Rolls Fresh Fruit & Salad Bar	<b>100% Beef Burger</b> <sup>21</sup> <b>Or Veggie Burger</b> Roasted Zucchini Fresh Fruit & Salad Bar
<b>Crispy Chicken Sandwich</b> <sup>24</sup> <b>On a Bun</b> Potato Wedges Fresh Fruit & Salad Bar	<b>Mac and Cheese</b> <sup>25</sup> Sweet Peas Garlic Toast Fresh Fruit & Salad Bar	<b>Early Release Day</b> <sup>26</sup> <b>Fresh Pizza</b> Pepperoni or Cheese Sweet Potato Fries Caesar Salad	<b>Meatball Sub</b> <sup>27</sup> <b>w/ Marinara</b> Kale Chips Green Beans Fresh Fruit & Salad Bar	<b>Traditional Grilled Cheese</b> <sup>28</sup> <b>or Pesto Tomato Grilled Cheese</b> Tomato Soup Grilled Asparagus Fresh Fruit & Salad Bar
<b>Brunch for Lunch</b> <sup>31</sup> French Toast Sticks Sausage Roasted Home fries Fresh Fruit & Salad Bar				



**Breakfasts Available Everyday**  
 Choices Like:

Breakfast Sandwiches, Bagels, Cereal, Yogurt  
 with Granola, Muffins & Breakfast Breads  
 1% Milk, Skim Milk and 100% Juices

Please contact Paul Pellegrino with any  
 questions or comments.  
[paul.pellegrino@oesu.org](mailto:paul.pellegrino@oesu.org)

This Institution is an equal opportunity provider

Full Custom Sandwich Station available  
 every day for grades 5-12  
 Peanut Butter & Jelly or Ham & Cheese  
 Sandwiches are always available everyday as  
 a substitute for any entrée meal.