



Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
Chicken Parm. w/ Buttered Noodles <sup>3</sup>  Turkey & Cheese Pinwheels  <b>FEATURED VEGGIES</b> Chickpea Salad	Chicken Fajitas w/ Peppers & Onions <sup>4</sup>  Fiesta Taco Salad  <b>FEATURED VEGGIES</b> Corn	Hot Ham, Egg, Cheese on a Bagel <sup>5</sup>  Fish Sticks w/ Goldfish  <b>FEATURED VEGGIES</b> Tater Tots	Cheese Pizza <sup>6</sup>  Bagel Meal  <b>FEATURED VEGGIES</b> Celery Sticks with Ranch	All Beef Sloppy Joes <sup>7</sup>  Nacho & Cheese Craveable  <b>FEATURED VEGGIES</b> BBQ Baked Beans	<b>What is a Meal?</b> Students must choose at least 3 of the 5 components available for the school lunch price. - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk  A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.  <b>Choice of Vegetable</b> Hot vegetable, seasonal fresh vegetables  <b>Choice of Fruit</b> Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice  <b>Choice of Milk</b> 1% white, chocolate,, and strawberry
Chicken Tenders w/ Goldfish <sup>10</sup>  Turkey & Cheese Pinwheels  <b>FEATURED VEGGIES</b> Steamed Broccoli	All Beef Nacho Grande <sup>11</sup>  Fiesta Taco Salad  <b>FEATURED VEGGIES</b> Beans & Golden Corn	Pancake Breakfast Sandwich <sup>12</sup>  Fish Sticks w/ Goldfish  <b>FEATURED VEGGIES</b> Waffle Fries	Cheese Pizza <sup>13</sup>  Bagel Meal  <b>FEATURED VEGGIES</b> Caesar Side Salad	Grilled Ham & Cheese <sup>14</sup>  Nacho & Cheese Craveable  <b>FEATURED VEGGIES</b> Steamed Green Beans	
Sheppard's Pie w/ Mashed Potatoes <sup>17</sup>  Turkey & Cheese Pinwheels  <b>FEATURED VEGGIES</b> Gazed Carrots	Chicken Tacos on Soft Tortillas <sup>18</sup>  Fiesta Taco Salad  <b>FEATURED VEGGIES</b> Rice & Beans	Dutch Waffle w/ Fresh Fruit & Powdered Sugar <sup>19</sup>  Fish Sticks w/ Goldfish  <b>FEATURED VEGGIES</b> Hash Brown Potato	Cheese Pizza <sup>20</sup>  Bagel Meal  <b>FEATURED VEGGIES</b> Caesar Side Salad	Spaghetti & Meatballs <sup>21</sup>  Nacho & Cheese Craveable  <b>FEATURED VEGGIES</b> Mixed Veggies	
Chicken Cheese <sup>24</sup> Steak  Turkey & Cheese Pinwheels  <b>FEATURED VEGGIES</b> Sweet Peas	Soft Shell All Beef Taco's <sup>25</sup>  Fiesta Taco Salad  <b>FEATURED VEGGIES</b> Rice & Corn	Sausage, Egg & Cheese on a Bagel <sup>26</sup>  Fish Sticks w/ Goldfish  <b>FEATURED VEGGIES</b> Potato Wedges	Cheese Pizza <sup>27</sup>  Bagel Meal  <b>FEATURED VEGGIES</b> Bean Salad	Mozzarella Sticks w/ Marinara Sauce <sup>28</sup>  Nacho & Cheese Craveable  <b>FEATURED VEGGIES</b> Sautéed Spinach	
Meatball Parm <sup>31</sup> Sandwich  Turkey & Cheese Pinwheels  <b>FEATURED VEGGIES</b> Green Beans					
<b>Your Team</b> Richele Boyce, Food Service Director 856-589-0718 ext. 1225 PIT@NSFM.com			<b>Meal Prices</b> Student Lunch \$3.70 Reduced Breakfast \$0.00 Faculty Lunch \$5.00		

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.