








# LUNCH MENU



## March 2025

| Monday   | Tuesday   | Wednesday   | Thursday   | Friday  | Offered Daily  |
|--|---|---|--|---|--|
|  |   |   |  |   | <b>What is a Meal?</b><br>Students must choose at least 3 of the 5 components available for the school lunch price.<br><ul style="list-style-type: none"> <li>- Choice of Whole Grain</li> <li>- Choice of Protein</li> <li>- Choice of Vegetable</li> <li>- Choice of Fruit</li> <li>- Choice of Milk</li> </ul> A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch. |
| <b>3</b><br>Chicken Parm w/<br>Buttered Noodles<br><br><b>FEATURED VEGGIES</b><br>Sweet Peas   | <b>4</b><br>Chicken Fajitas w/<br>Peppers & onions<br><br><b>FEATURED VEGGIES</b><br>Rice & Pinto Beans   | <b>5</b><br>Breakfast Sandwich<br>Bar, Egg, Cheese,<br>Choice of Meat<br><br><b>FEATURED VEGGIES</b><br>Potato Wedges | <b>6</b><br>Cheese or<br>Pepperoni Pizza<br>Slice<br><br><b>FEATURED VEGGIES</b><br>Side Salad         | <b>7</b><br>Rodeo Cheese<br>Burger w/ Bacon &<br>Onion Rings<br><br><b>FEATURED VEGGIES</b><br>Sweet Potato Fries |  |
| <b>10</b><br>Chicken Tenders<br>w/ Buttermilk Biscuit<br><br><b>FEATURED VEGGIES</b><br>Glazed Carrots   | <b>11</b><br>Nachos Grande<br>w/ Toppings<br><br><b>FEATURED VEGGIES</b><br>Corn                          | <b>12</b><br>Pancake Breakfast<br>Sandwich<br><br><b>FEATURED VEGGIES</b><br>Waffle Fries                             | <b>13</b><br>Cheese or<br>Pepperoni Pizza<br>Slice<br><br><b>FEATURED VEGGIES</b><br>Caesar Side Salad | <b>14</b><br>Grilled Ham &<br>Cheese<br><br><b>FEATURED VEGGIES</b><br>Roasted Broccoli                           | <b>Choice of Vegetable</b><br>Hot vegetable, seasonal fresh vegetables<br><br><b>Choice of Fruit</b><br>Seasonal fresh fruits,<br>canned fruit in light syrup, 100% fruit juice<br><br><b>Choice of Milk</b><br>1% white, chocolate, and strawberry  |
|  <b>17</b><br><b>Patrick's Day</b><br>Sheppard's Pie w/<br>Mashed Potatoes<br><br><b>FEATURED VEGGIES</b><br>Carrots | <b>18</b><br>Chicken Burrito<br>Bowl<br>Choice of Toppings<br><br><b>FEATURED VEGGIES</b><br>Rice ~~ Corn | <b>19</b><br>Dutch Waffle w/<br>Fresh Fruit &<br>Powdered Sugar<br><br><b>FEATURED VEGGIES</b><br>Hash Browns         | <b>20</b><br>Cheese or<br>Pepperoni Pizza<br>Slice<br><br><b>FEATURED VEGGIES</b><br>Caesar Salad      | <b>21</b><br>Spaghetti<br>w/ Meatballs<br><br><b>FEATURED VEGGIES</b><br>Mixed Veggies                            | <b>Daily Alternates</b><br>Fresh Salads<br><b>Hoagies:</b> Italian, Turkey, Italian<br><b>Wraps:</b> Buffalo, Caesar, BBQ, Italian & More<br><b>Pizza:</b> Cheese & Gourmet Pizzas<br>Buffalo or Pepperoni<br><b>Hot Sandwiches:</b> Chicken Patty,<br>Spicy Chicken Patty, Cheeseburger,<br>Hot Dog & Pepperoni Pretzel Melt  |
| <b>24</b><br>Oven Roasted<br>Chicken<br>w/ Corn Muffin<br><br><b>FEATURED VEGGIES</b><br>Homestyle Baked Beans   | <b>25</b><br>Soft Shell Tacos<br>Choice of Toppings<br><br><b>FEATURED VEGGIES</b><br>Rice & Beans        | <b>26</b><br>Sausage, Egg &<br>Cheese on a<br>Bagel<br><br><b>FEATURED VEGGIES</b><br>Potato Wedges                   | <b>27</b><br>Cheese or<br>Pepperoni Pizza<br>Slice<br><br><b>FEATURED VEGGIES</b><br>Side Salad        | <b>28</b><br>Mozzarella Sticks<br>Marinara Sauce<br><br><b>FEATURED VEGGIES</b><br>Sauteed Spinach                |  |
| <b>31</b><br>Meatball Parm on<br>a Torpedo Roll<br><br><b>FEATURED VEGGIES</b><br>Green Beans  |                        |                                    |                     |                              | <b>Pitman CafeTeam</b><br>Richele Boyce, Food Service<br>Director<br>856.589.0718 ext. 1225<br>PIT@nsfm.com  |
|  |   |   |  |   | <b>Meal Prices</b><br>Student Lunch \$3.70<br>Reduced Lunch \$0.00<br>Faculty Lunch \$5.00   |

