

# Walnutwood High School

Home of the Pathfinders



## Adolescent Parent Program

For Pregnant and Parenting Teens



An educational environment with emphasis on individual needs as a pregnant or parenting teen, including private lactation area for nursing moms.

### Who is Eligible

- ♥ Any pregnant or parenting teen who has not graduated from high school is eligible to attend.
- ♥ Students living outside FCUSD must obtain an Interdistrict Agreement from their home district.

### Is child care available?

- ♥ Yes! Free on campus child care is available during instructional time for children of students attending Walnutwood High Adolescent Parent Program.
- ♥ A nurturing staff cares for and teaches children while high school students attend class.
- ♥ Nursing mothers are able to nurse infants as needed during the school day, in a private area.

### Why Should I come?

- ♥ A high school diploma is necessary for any good-paying job. This program provides a caring and supportive environment to meet particular academic needs and district graduation requirements.
- ♥ Social, emotional, and physical health requirements during pregnancy and after child birth are considered in our curriculum.
- ♥ Infants and toddlers have the opportunity to participate in a quality child development program.
- ♥ Students will find that they are not alone and that sharing this experience with others in a similar life stage is helpful.

### We offer

- ♥ Classes Monday - Friday 9:00 - 12:30
- ♥ Support with coordination of resources for food services and diapers for those in need.
- ♥ On site Folsom Cordova Community Partnership job center support opportunities.
- ♥ Optional educational field trips for students and their children.
- ♥ Concurrent enrollment college course offerings and online coursework options
- ♥ WIC liaison
- ♥ Special classes in:
  - Child development
  - Parenting & Life Management
  - Prenatal and childbirth
  - Infant massage / baby gym
  - Health & Nutrition
  - Breastfeeding support



### Is Transportation Available

- ♥ Yes. Students in the Folsom Cordova Unified School District boundaries are provided transportation at no cost to the student
- ♥ Students who live outside the district boundaries must provide their own transportation.

## 2024-2025 Nondiscrimination Statement

The Folsom Cordova Unified School District prohibits discrimination, intimidation, harassment (including sexual harassment) or bullying based on a person's actual or perceived ancestry, color, disability, gender, gender identity, gender expression, immigration status, nationality, race or ethnicity, religion, sex, sexual orientation, or association with a person or a group with one or more of these actual or perceived characteristics. For questions or complaints, contact:

- Jim Huber, Ed.D., Assistant Superintendent, Educational Services  
Compliance Officer, Section 504 Coordinator, ADA Coordinator (students)  
[jhuber@fcusd.org](mailto:jhuber@fcusd.org) 916-294-9000 x 104580

- Shannon Diaz, Director of Compliance,  
Compliance Officer and Title IX Coordinator [sdiaz@fcusd.org](mailto:sdiaz@fcusd.org)  
916-294-9000 x 104415  
1965 Birkmont Drive, Rancho Cordova, CA 95742

The Folsom Cordova Unified School District does not discriminate on the basis of sex and prohibits sex discrimination in any education program or activity that it operates, as required by Title IX and its regulations, including in admission and employment.

Inquiries about Title IX may be referred to the Folsom Cordova Unified School District's Title IX Coordinator, the U.S. Department of Education's Office for Civil Rights, or both. The District Title IX Coordinator is:

- Shannon Diaz, Director of Compliance  
Compliance Officer and Title IX Coordinators [sdiaz@fcusd.org](mailto:sdiaz@fcusd.org)  
916-294-9000 x 104415  
1965 Birkmont Drive Rancho Cordova, CA 95742

The District nondiscrimination policy can be located at:

<https://www.fcusd.org/district/about-us/nondiscrimination-statementpolicy>

The District's nondiscrimination complaint procedures can be located at:

Students: <https://www.fcusd.org/departments/compliance/complaints/uniform-complaints>

Staff: <https://www.fcusd.org/departments/compliance/complaints/nondiscrimination-in-employment>

To report information about conduct that may constitute sex discrimination or sex-based harassment, or make a complaint of sex discrimination or sex-based harassment under Title IX, please refer to:

Students: <https://www.fcusd.org/district/about-us/title-ix-notificationsexual-harassment>

Staff: <https://www.fcusd.org/departments/compliance/complaints/sexual-harassment-title-ix>

Walnutwood High School  
10848 Gadsten Way  
Rancho Cordova, CA 95670  
916-294-9105

## EE 06: Marital, Parental, and Pregnancy Status

The LEA must not adopt or implement any policy, practice, or procedure concerning a student's current, potential, or past parental, family, or marital status that treats students differently on the basis of sex. The LEA shall apply no rule concerning a pupil's actual or potential parental, family, or marital status that treats pupils differently on the basis of sex. (EC Section 221.51(a); 5 CCR Section 49500; 34 CFR Section 106.40(a))

The LEA shall not exclude or deny any pupil from any educational program or activity solely on the basis of the pupil's pregnancy, childbirth, false pregnancy, termination of pregnancy, or recovery therefrom. (EC Section 221.51(b); 5 CCR Section 49500(a); 34 CFR Section 106.40(b) (i)).

Pregnant or parenting pupils shall not be excluded from participation in their regular school programs and shall not be required to participate in pregnant-pupil programs or alternative educational programs. (EC Section 221.51(d); 5 CCR Section 49500(c); 34 CFR Section 106.40(b) (i)).

The LEA must ensure that when a student, or a person who has a legal right to act on behalf of the student, informs any employee of the student's pregnancy or related conditions, unless the employee reasonably believes that the Title IX Coordinator has been notified, the employee promptly provides that person with the Title IX Coordinator's contact information and informs that person that the Title IX Coordinator can coordinate specific actions to prevent sex discrimination and ensure the student's equal access to the recipient's education program or activity. (34 CFR Section 106.40(b)(2)).

The LEA must take specific actions to promptly and effectively prevent sex discrimination and ensure equal access to the recipient's education program or activity once the student, or a person who has a legal right to act on behalf of the student, notifies the Title IX Coordinator of the student's pregnancy or related conditions. The Title IX Coordinator must coordinate these actions. (34 CFR Section 106.40(b)(3)).

The LEA must inform the student, and if applicable, the person who notified the Title IX Coordinator of the student's pregnancy or related conditions and has a legal right to act on behalf of the student, of the recipient's obligations under this section and 34 CFR 106.44(i) and provide the recipient's notice of nondiscrimination under 34 CFR 106.8(c)(i). (34 CFR Section 106.40(b) (3)(i)).

The LEA must make reasonable modifications to the recipient's policies, practices, or procedures as necessary to prevent sex discrimination and ensure equal access to the recipient's education program or activity. Each reasonable modification must be based on the student's individualized needs. In determining what modifications are required under this paragraph, the recipient must consult with the student. A modification that a recipient can demonstrate would fundamentally alter the nature of its education program or activity is not a reasonable modification. (34 CFR Section 106.40(b)(3)(ii)(A)).

Pregnant or parenting pupils have discretion to accept or decline each reasonable modification offered by the LEA. Pregnant or parenting pupil accepts a LEA's offered reasonable modification, the LEA must implement it. (34 CFR Section 106.40(b)(3)(ii)(B)). Reasonable modifications may include, but are not limited to, breaks during class to express breast milk, breastfeed, or attend to health needs associated with pregnancy or related conditions, including eating, drinking, or using the restroom; intermittent absences to attend medical appointments; access to online or homebound education; changes in schedule or course sequence; extensions of time for coursework and rescheduling of tests and examinations; allowing a student to sit or stand, or carry or keep water nearby; counseling; changes in physical space or supplies (for example, access to a larger desk or a footrest); elevator access; or other changes to policies, practices, or procedures. (34 CFR Section 106.40(b)(3) (ii)(C)).

Pregnant or parenting pupils who voluntarily participate in alternative programs shall be given educational programs, activities, and courses equal to the regular program. (EC Section 221.51(d); 5 CCR Section 49500(c); 34 CFR Section 106.40(b)(3)(iii)).

The LEA must allow the student to voluntarily take a leave of absence from the recipient's education program or activity to cover, at minimum, the period of time deemed medically

necessary by the student's licensed healthcare provider. To the extent that a student qualifies for leave under a leave policy maintained by a recipient that allows a greater period of time than the medically necessary period, the recipient must permit the student to take voluntary leave under that policy instead if the student so chooses. When the student returns to the recipient's education program or activity, the student must be reinstated to the academic status and, as practicable, to the extracurricular status that the student held when the voluntary leave began. (34 CFR Section 106.40(b)(3)(iv))

A LEA must not require supporting documentation unless the documentation is necessary and reasonable for the recipient to determine the reasonable modifications to make or whether to take additional specific actions. Examples of situations when requiring supporting documentation is not necessary and reasonable include, but are not limited to, when the student's need for a specific action is obvious, such as when a student who is pregnant needs a bigger uniform; when the student has previously provided the recipient with sufficient supporting documentation; when the reasonable modification because of pregnancy or related conditions at issue is allowing a student to carry or keep water nearby and drink, use a bigger desk, sit or stand, or take breaks to eat, drink, or use the restroom; when the student has lactation needs; or when the specific action is available to students for reasons other than pregnancy or related conditions without submitting supporting documentation. (34 CFR Section 106.40(b) (3)(vi))

The LEA treats pregnancy, childbirth, false pregnancy, termination of pregnancy, and recovery therefrom in the same manner and under the same policies as any other temporary disability. (EC Section 221.51(e); 5 CCR Section 49500(d); 34 CFR Section 106.40(b)(4)).

The LEA shall not make pre-admission inquiry as to the marital status of an applicant for admission, including whether such applicant is "Miss" or "Mrs." The LEA may make pre-admission inquiry as to the sex of an applicant for admission, but only if such inquiry is made equally of such applicants of both sexes and if the results of such inquiry are not used in connection with discrimination prohibited by Title IX. (34 CFR Section 106.21(c)(2)(iii))

The LEA shall provide reasonable accommodations to a lactating pupil on a school campus to express breast milk, breast-feed an infant child, or address other needs related to breast-feeding. A school shall be required to provide the reasonable accommodations specified only if there is at least one lactating pupil on the school campus.

Reasonable accommodations under this section include, but are not limited to, all of the following:

Access to a private and secure room, other than a restroom, to express breast milk or breast-feed an infant child.

Permission to bring onto a school campus a breast pump and any other equipment used to express breast milk.

Access to a power source for a breast pump or any other equipment used to express breast milk.

Access to a place to store expressed breast milk safely.

A lactating pupil shall be provided a reasonable amount of time to accommodate her need to express breast milk or breast-feed an infant child.

Only school sites with at least one lactating pupil shall provide the reasonable accommodations specified above. A school subject to this may use an existing facility to meet the requirements.

A pupil shall not incur an academic penalty as a result of her use, during the school day, of the reasonable accommodations specified in this section, and shall be provided the opportunity to make up any work missed due to such use.

(EC Sections 222(a) - (e); 34 CFR Section 106.40(b)(3)(v))

